

## Lotus Thai Boxing - Annandale

annandale

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## *Lotus Thai Boxing - Annandale*

### Discovering Lotus Thai Boxing School in Annandale, Virginia

Welcome to **\*\*Lotus Thai Boxing\*\***, a revered kickboxing school located in Annandale, Virginia. This gym stands out not only for its exceptional training but also for its community spirit. Let's explore what makes this school a great choice for anyone interested in martial arts.

#### Accessibility for All

One of the key features of Lotus Thai Boxing is its commitment to

**\*\*accessibility\*\***. The facility boasts a **\*\*wheelchair-accessible car park\*\***, ensuring that everyone can join in on the training and activities without barriers. Whether you are a seasoned fighter or just beginning, this school ensures a welcoming environment for all individuals.

### **Membership Required: A Community Awaits**

To train at Lotus Thai Boxing, a **\*\*membership is required\*\***. However, this membership isn't just about access; it signifies joining a community where support and camaraderie thrive. Members often express gratitude for the resources provided by the gym, stating that the culture of respect and acknowledgment fosters personal growth. As one member noted, "It is a true family, and I'm grateful to have joined."

### **Planning Your Training Journey**

If you're considering joining, planning your training sessions is crucial. Options like HIIT Muay Thai classes cater to beginners and provide flexible scheduling throughout the week. This ensures you find a class that fits your routine while challenging you physically and mentally. As highlighted by a member, "The morning HIIT classes are separate from their evening classes, making it easy to choose what works for you."

### **A Supportive and Encouraging Environment**

Lotus Thai Boxing is known for its encouraging atmosphere. New members are welcomed with open arms, and experienced fighters actively mentor them. It's more than just training; it's about building relationships. Members frequently emphasize the impact of community support on their personal lives, saying things like, "The community brought me out of a depression... for that, I can't express my gratitude enough."

### **Authentic Training Experience**

At Lotus Thai Boxing, you're not just working out; you're learning a traditional martial art. The head coach, Kru Carlos, along with his team, provides high-quality instruction that focuses on technique, discipline, and personal growth. Members appreciate that no experience is necessary to start, making it accessible for everyone eager to learn.

### **Why Choose Lotus Thai Boxing?**

Choosing Lotus Thai Boxing means becoming part of a family that values hard work and discipline. The coaches and members stand together, creating an atmosphere where everyone lifts each other up. Testimonials highlight experiences that go beyond defeating opponents in the ring; they emphasize personal development and transformation. In conclusion, if you're looking for a kickboxing school that offers both exceptional training and a supportive community, **\*\*Lotus Thai Boxing in Annandale, Virginia\*\***, should be your first

choice. With accessibility features, a focus on teamwork, and a rich training environment, it promises to be a remarkable journey in martial arts.

**You can come to our business at**

4542 John Marr Dr Unit B, 22003 Annandale, Virginia - United States (US)

The phone of this **Kickboxing school** is +1571-449-7490

And if you want to send a WhatsApp, you can do so at +1571-449-7490

**We are open during the following hours:**

Day	Hours
Monday	Closed
Tuesday	6:30–8:30?PM
Wednesday	6:30–8:30?PM
Thursday	6:30–8:30?PM
Friday	6:30–8:30?PM
Saturday	Closed
Sunday	10?AM–12?PM

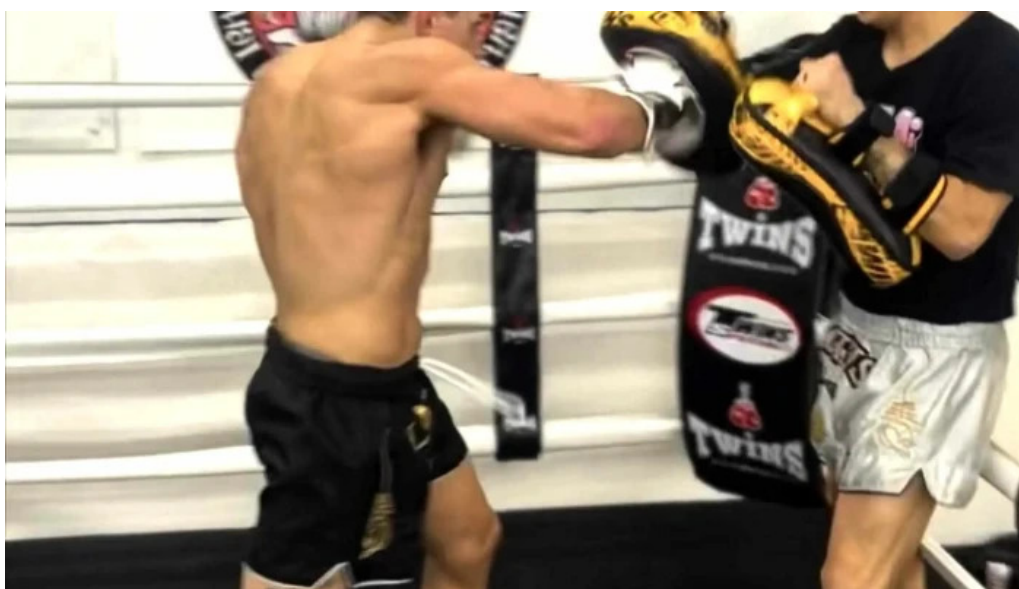
The website is Lotus Thai Boxing

In case you want to modify any element that you consider is not precise related to this web, please send us a message and we will adjust it at the earliest convenience. With anticipation thanks for your cooperation.

**Images**



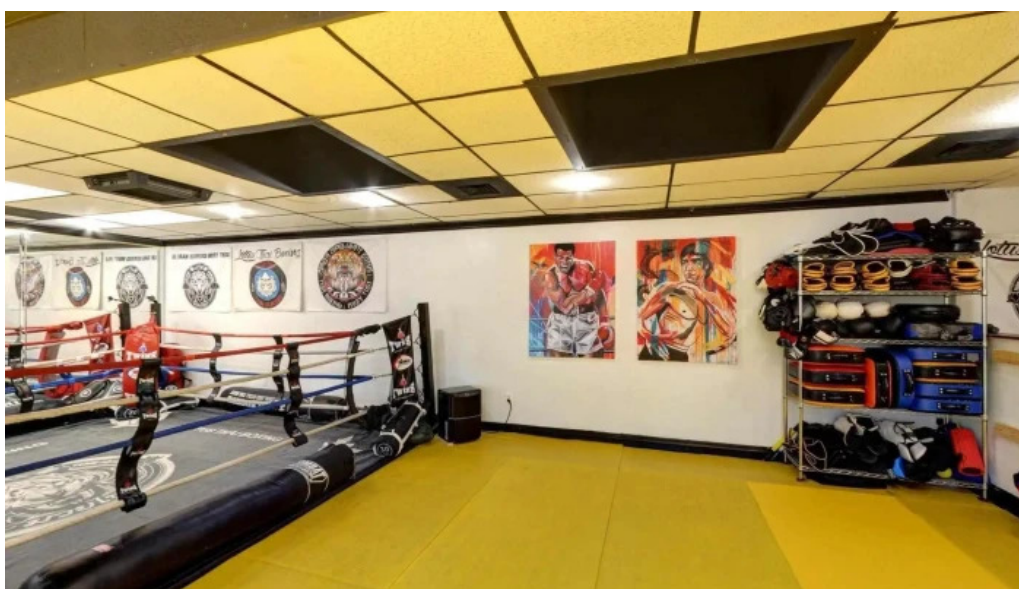
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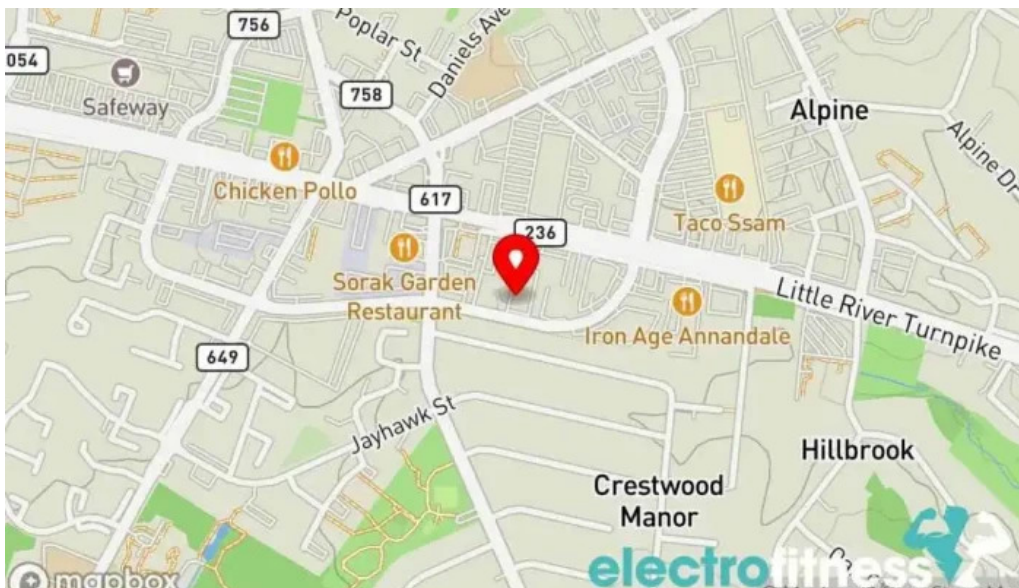


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*Planning, Wheelchair-accessible car park, Accessibility, Membership required*

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