

## Total Fitness Kickboxing - Powell, Tn - Powell

powell

☐ I'm not a robot

  
RECAPTCHA

Published on: 27/05/25	Hits: 639
Comments: 0	See comments
Votes: 71	Score: 4.8

[https://www.electrofitness.com/kickboxing-school/powell/total-fitness-kickboxing-powell-tn-powell\\_344775.php](https://www.electrofitness.com/kickboxing-school/powell/total-fitness-kickboxing-powell-tn-powell_344775.php)



*powell*

## *Total Fitness Kickboxing - Powell, Tn - Powell*

### Total Fitness Kickboxing - Powell, TN: A Comprehensive Guide

Located in the heart of Powell, Tennessee, **Total Fitness Kickboxing** offers a unique fitness experience that caters to individuals of all ages and fitness levels. Whether you're planning to lose weight, tone up, or simply get fit, this kickboxing school is a great choice.

### Planning Your Fitness Journey

If you're considering joining Total Fitness Kickboxing, it's essential to plan your visits. The gym offers diverse class schedules, making it easier to fit workouts into busy lifestyles. Remember, **membership is required** for ongoing participation, but newcomers can take advantage of a free first class to see if it suits their needs.

## **Good for Children**

Parents looking for fitness options for their children will find that Total Fitness welcomes kids as well. The classes are designed to be engaging and fun, ensuring that younger participants have a positive experience while learning valuable skills.

## **Accessibility Features**

Total Fitness Kickboxing takes pride in being **wheelchair-accessible**. The facility includes a **wheelchair-accessible entrance** and parking options, catering to those who may require additional support. Everyone should have access to a great workout, and this gym is committed to providing that environment.

## **What Members Are Saying**

Reviews from members highlight the effectiveness and enjoyment of classes. One member mentioned, "The instructors are friendly and knowledgeable, personalizing workouts to individual needs." Another added, "It's the most fun I've ever had while working out!" With a focus on variety and intensity, the classes keep members engaged and motivated.

## **Conclusion**

Total Fitness Kickboxing in Powell, TN, is not just a gym; it's a community where everyone is encouraged to meet their fitness goals. With accessible features, child-friendly classes, and an engaging atmosphere, it stands out as a premier choice for those looking to elevate their fitness routine.

## **We are established at**

7631 Clinton Hwy, 37849 Powell, Tennessee - United States (US)

The contact line of the respective **Kickboxing school** is +1865-362-5388  
And if you want to send a WhatsApp, you can do so at +1865-362-5388

## **We are open during the following hours:**

Day Hours

Monday  
9:30?AM–8:30?PM

Tuesday

9:30?AM–8:30?PM

Wednesday

9:30?AM–8:30?PM

Thursday

9:30?AM–8:30?PM

Friday

9:30?AM–6:30?PM

Saturday

8:30–11:30?AM

Sunday

Closed

The website is [Total Fitness Kickboxing - Powell, TN](#)

If you require to modify any detail that you think is not correct related to this web, we ask forward a message so we can we will correct it quickly. With anticipation thanks for your cooperation.

## **Images**



*Total fitness kickboxing powell tn powell*



*Total fitness kickboxing powell tn videos*



*Total fitness kickboxing powell tn street view 360deg*

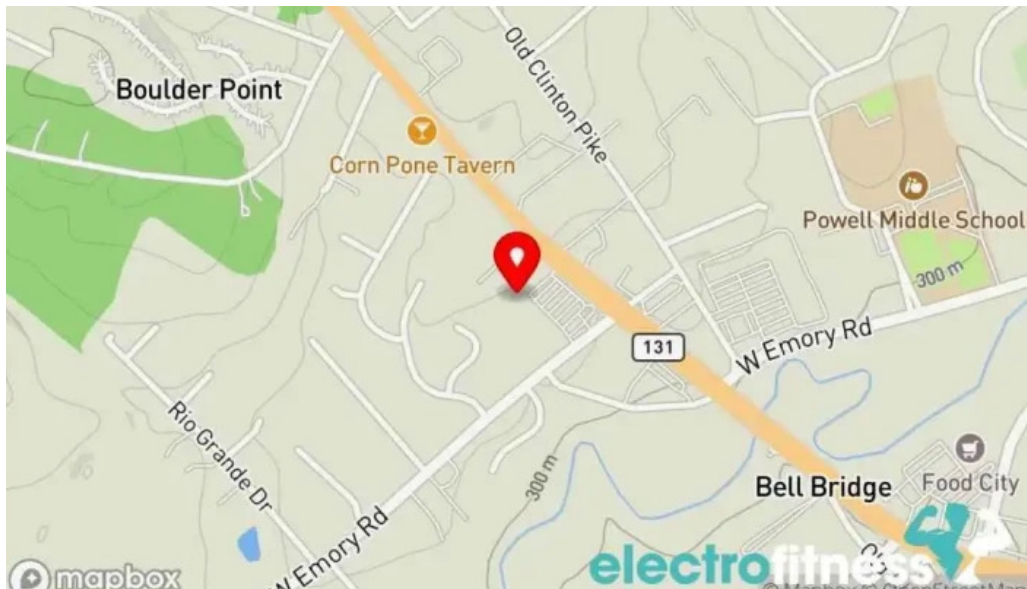


*Total fitness kickboxing powell tn powell*

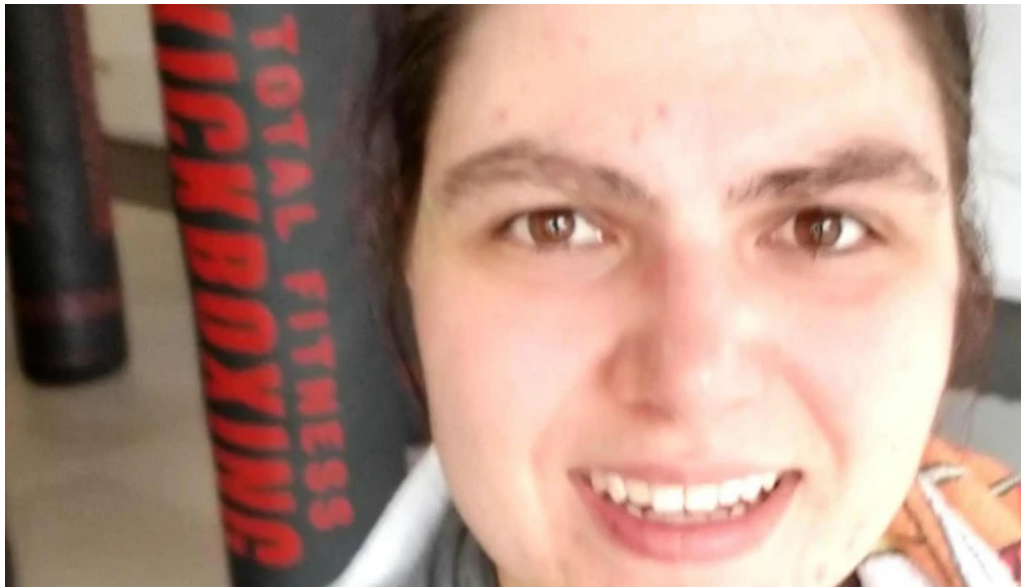


*Total fitness kickboxing powell tn photos*





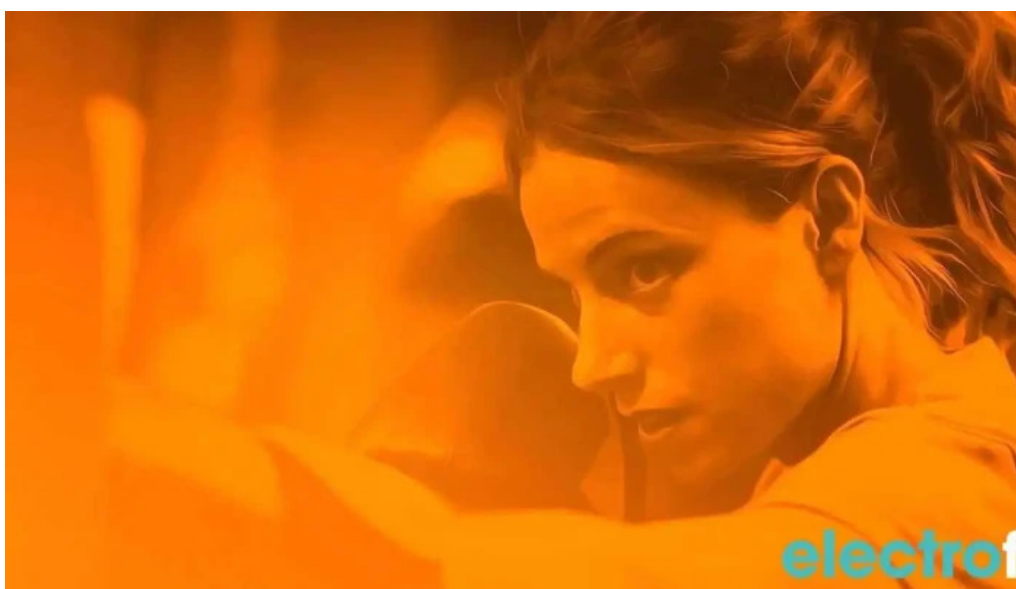
*Total fitness kickboxing powell tn map*



*Total fitness kickboxing powell tn kickboxing school*



*Total fitness kickboxing powell tn community*



*Total fitness kickboxing powell tn all*

## Tags

*Children, Planning, Good for kids, Wheelchair-accessible entrance, Membership required, Accessibility, Wheelchair-accessible car park*

## Related content

---

**5.0 \*** *Total Fitness Colorado - Highlands Ranch*

---

**4.7 \*** *R2 Total Fitness 24/7 - Woodstock*

---

**4.7 \*** *Dartmouth Total Fitness - Dartmouth*

---

**4.2 \*** *Natchez Total Fitness - Natchez*

<b>4.8 *</b>	<i>Total Fitness Family Center - Piedmont</i>
<b>4.6 *</b>	<i>Vidalia Total Fitness - Vidalia</i>
<b>4.5 *</b>	<i>Total Fitness of West Union - West Union</i>
<b>4.8 *</b>	<i>Refuel Total Fitness, Llc - Newark</i>
<b>4.6 *</b>	<i>Total Fitness Connection - Three Springs Rd - Bowling Green</i>
<b>5.0 *</b>	<i>Total Wellness Physical Therapy - Addison</i>

## Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe



children's party service
chiropractor
church
club
coffee shop
college
community center
community health centre
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor

grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic

park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store

sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
trade school
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization