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### Egley Train Boise Jiu Jitsu - Hq - Boise

boise



Published on: 07/04/25	Hits: 1770
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boise

# Egley Train Boise Jiu Jitsu - Hq - Boise

### Welcome to Egley Train Boise Jiu Jitsu – HQ

Egley Train Boise Jiu Jitsu is more than just a martial arts school; it's a community where individuals of all ages can thrive in a supportive environment. Located in Boise, Idaho, this academy offers top-notch amenities and services that cater to every student's needs.

### **Facilities and Amenities**

At Egley Train, the facilities are designed to ensure a safe and comfortable

training experience. The gym features: - \*\*Wheelchair-accessible entrance:\*\* Everyone deserves access to quality training. - \*\*Wheelchair-accessible car park:\*\* Easy accessibility for all members. - \*\*Clean and spacious mat areas:\*\* A well-maintained environment for rolling and practicing techniques. - \*\*On-site services:\*\* This includes clean changing rooms and toilets, making it convenient for families. - \*\*Wheelchair-accessible toilet:\*\* Inclusive facilities ensure comfort for all attendees. The academy prioritizes cleanliness and hygiene, crucial for maintaining a healthy martial arts training atmosphere.

### **Exceptional Service Options**

Egley Train offers a range of service options that suit various levels of experience and age groups. From beginners to seasoned practitioners, there is something for everyone: - \*\*Children's Programs:\*\* Engaging classes for kids that focus on discipline, teamwork, and skill development. - \*\*Online Classes:\*\* Flexible training options to accommodate busy schedules. - \*\*Family Discounts:\*\* Encouraging families to train together while saving costs enhances the sense of community. Instructors at Egley Train emphasize the importance of personal attention. They work closely with each student, ensuring that everyone learns at their own pace and effectively grasps fundamental techniques.

### **Accessibility and Community Engagement**

Egley Train Boise Jiu Jitsu is not just accessible physically but also fosters a welcoming community environment. New students often mention how friendly and supportive the staff and fellow members are. Many reviews highlight the following experiences: - \*\*Welcoming Atmosphere:\*\* Whether you're nervous about starting or looking for competitive training, you'll feel at home immediately. - \*\*Supportive Coaches:\*\* Instructors like Coach Mike and Coach Anthony are praised for their patience and detailed explanations, helping both beginners and advanced students progress. The gym serves as a hub for friends and families, encouraging shared experiences and mutual support.

## **Transformative Experiences**

Many members have reported life-changing experiences through their training at Egley Train. Testimonials indicate significant improvements in physical health and mental well-being. For example, several students noted: - Enhanced confidence and physical fitness. - Weight loss achievements through engaging classes combined with nutrition coaching. - Emotional support through challenging times, highlighting the positive influence of a supportive community. Egley Train Boise Jiu Jitsu embodies more than just martial arts training; it fosters a family-oriented culture, helping individuals grow both physically and personally.

## Join the Egley Train Family

If you are seeking to enhance your self-defense skills, improve your fitness, or simply want to be a part of a dynamic and friendly community, Egley Train Boise Jiu Jitsu is the place for you. Their commitment to inclusivity, along with exceptional training and facilities, makes them a standout choice in Boise. Don't hesitate—take your first step into a world of martial arts that truly cares about you. Visit Egley Train Boise Jiu Jitsu today to discover the numerous benefits awaiting you!

### The location of our business is in

1462 S Entertainment Ave, 83709 Boise, Idaho - United States (US)

The contact phone of said **Martial arts school** is <u>+1208-291-8321</u> And if you want to send a WhatsApp, you can do so at<u>+1208-291-8321</u>

### We open at the following schedule:

Day Hours
Monday
6-7?AM 12-1?PM 4:30-8:30?PM
Tuesday
5:30-6:30?AM 12-1?PM 5:30-8:30?PM
Wednesday
6-7?AM 12-1?PM 4:30-8:30?PM
Thursday
5:30-6:30?AM 12-1?PM 5:30-8:30?PM
Eriday
6-7?AM 12-1?PM 4:30-7:30?PM
Saturday
9?AM-12:30?PM
Sunday
1-3:30?PM

The website is Egley Train Boise Jiu Jitsu - HQ

If necessary to alter any information that you feel is not correct concerning this site, we urge you to deliver a message so that we will handle it at the earliest convenience. Thank you in advance we appreciate it.

## **Images**



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Egley train boise jiu jitsu hq area



Egley train boise jiu jitsu hq all

# Tags

Children, On-site services, Wheelchair-accessible car park, Accessibility, Toilet, Service options, Amenities, Wheelchair-accessible toilet, Wheelchair-accessible entrance, Online classes, Family discount

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4.9 \* Traverse Fitness - Richmond
4.3 \* Irvin Deutscher Family Ymca - Pleasant Hill
4.5 \* Ufc Gym Lone Tree - Lone Tree

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convenience store
country club
coworking space
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor

grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
-
kinesiologist
kinesiotherapist martial arts club
martial arts school
massage therapist meditation center
non-profit organization nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club

sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
weightlifting area
wellness center
wellness program
yoga instructor
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