

Gracie Barra South Boise Brazilian Jiu-Jitsu and Self-Defense - Boise

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boise

Gracie Barra South Boise Brazilian Jiu-Jitsu and Self-Defense - Boise

Discover Gracie Barra South Boise: Your Go-To Martial Arts School

If you're searching for a top-notch martial arts school in Boise, Idaho, look no further than **Gracie Barra South Boise Brazilian Jiu-Jitsu and Self-Defense**. This academy is not only known for its excellent training but also for its commitment to accessibility and community support.

Online Classes for Everyone

In response to the changing landscape of fitness and self-defense training, Gracie Barra offers **online classes** that make it easier for students to train from the comfort of their homes. This option ensures that everyone, regardless of their schedule or location, can participate and enhance their skills.

Accessibility Features

Gracie Barra South Boise proudly embraces an inclusive environment. The facility features a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that all students can easily access the training area. Additionally, the school maintains clean restrooms, equipped with a well-maintained **toilet** for the convenience of all attendees.

A Commitment to Family and Community

The sense of community at Gracie Barra is palpable, as highlighted by many satisfied parents and students. The coaches, including Professor Filipe Matos and Coach Mike, are dedicated to personal growth, teaching not just martial arts but also valuable life lessons in resilience, respect, and leadership. Reviews mention the **on-site services** that include tailored coaching to help children and adults alike gain confidence and social skills through martial arts.

Amenities That Enhance Your Experience

Beyond top-tier instruction, Gracie Barra South Boise offers a range of **amenities** designed to make your training experience as comfortable and enjoyable as possible. This includes a clean and inviting gym environment, where you will find not only Brazilian Jiu-Jitsu classes but also engaging Muay Thai sessions, allowing for a comprehensive martial arts education.

Why Choose Gracie Barra South Boise?

With a focus on fostering personal development and building a supportive community, Gracie Barra South Boise stands out as an exceptional place to train. Parents express gratitude for the way coaches engage with their children, helping them overcome insecurities and fears. The welcoming atmosphere encourages participation from beginners to advanced practitioners, making it a family-friendly environment that nurtures growth for all ages.

In conclusion, if you are in Boise and looking for a martial arts school that prioritizes accessibility, quality instruction, and a strong sense of community, Gracie Barra South Boise is the perfect fit. Join today and become part of a family that celebrates each member's journey towards mastery and personal

empowerment.

You can visit us at the address:

8958 W Ardene St, 83709 Boise, Idaho - United States (US)

The contact line of said **Martial arts school** is +1208-579-2417

And if you want to send a WhatsApp, you can do so at +1208-579-2417

Our public attention hours are:

Day Hours
Monday

6–7:30?AM 4:30–8:30?PM

Tuesday

4:30–8:30?PM

Wednesday

6–7:30?AM 4:30–8:30?PM

Thursday

4:30–8:30?PM

Friday

4:30–7:30?PM

Saturday

10–11?AM

Sunday

Closed

The website is Gracie Barra South Boise Brazilian Jiu-Jitsu and Self-Defense

If necessary to adjust any detail that you think is incorrect concerning this page, we kindly request deliver a message and we will correct it at the earliest convenience. Thank you in advance thanks for your cooperation.

Images



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Gracie barra south boise brazilian jiu jitsu and self defense street view 360deg



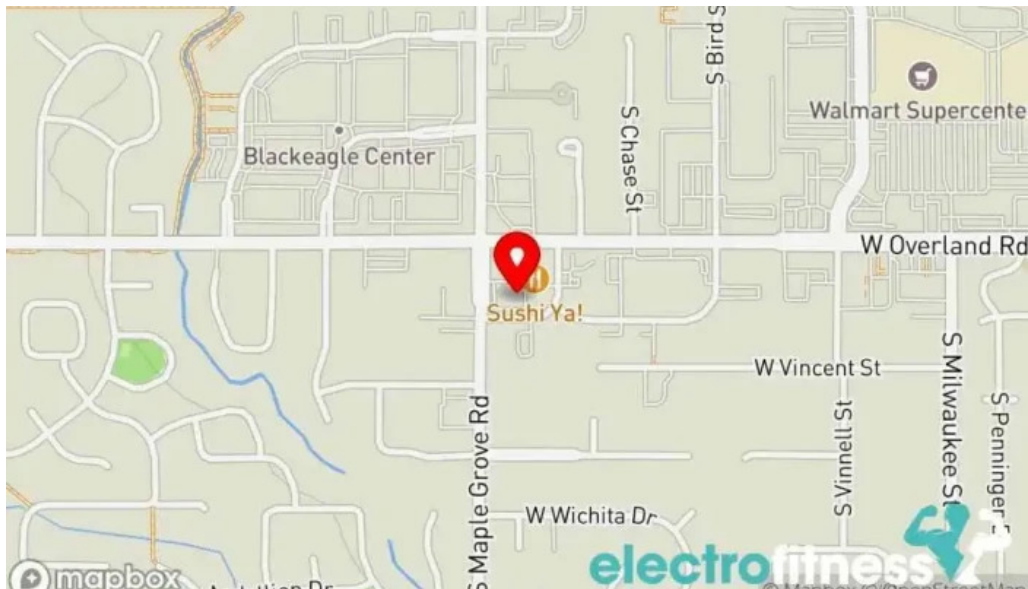
Gracie barra south boise brazilian jiu jitsu and self defense schedule



Gracie barra south boise brazilian jiu jitsu and self defense martial arts school



Gracie barra south boise brazilian jiu jitsu and self defense martial art



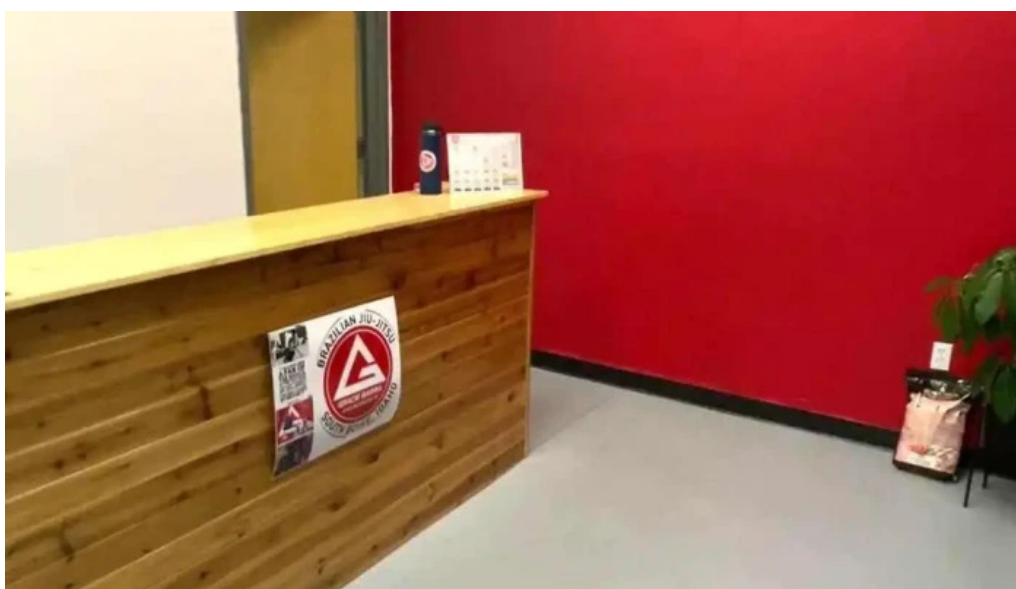
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Gracie barra south boise brazilian jiu jitsu and self defense location



Gracie barra south boise brazilian jiu jitsu and self defense community



Gracie barra south boise brazilian jiu jitsu and self defense by owner



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community center
convenience store
country club
coworking space
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store
gym

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karate school
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kinesiologist
kinesiotherapist
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martial arts school
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nutritionist
park
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recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club

sports complex
sports medicine clinic
sports school
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