

## Self Defense America - Center

center

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## Self Defense America - Center

### Self Defense America: A Premier Martial Arts School in Center, Texas

If you're looking for a place to enhance your physical fitness and learn valuable self-defense skills, look no further than **Self Defense America**. This martial arts school is located in the heart of **Center, Texas**, and offers a variety of programs tailored for different age groups, especially focusing on children.

### Inclusive Accessibility Features

Self Defense America is committed to ensuring that everyone can participate in martial arts training. The school boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that all individuals can access their facilities with ease. Additionally, the available **wheelchair-accessible seating** makes it comfortable for everyone to enjoy the classes and events.

## A Family-Friendly Atmosphere

This martial arts school emphasizes family involvement by offering a **family discount** on various programs. Parents can train alongside their children or enroll them in specialized classes without breaking the bank. The school even features an excellent **after-school taekwondo program for kids**, which has received praise from parents looking for engaging activities that promote discipline and respect.

## Service Options and On-Site Services

Self Defense America presents various **service options** to cater to the diverse needs of its community. The on-site services are designed to support both new and experienced martial artists. The knowledgeable staff fosters a welcoming environment, creating an **awesome atmosphere** that keeps students motivated.

## A Women-Owned Business

In a world where women's empowerment is more important than ever, Self Defense America proudly **identifies as women-owned**. This aspect not only highlights the dedication of its owners but also encourages female participation in martial arts, creating a supportive community for women and girls alike.

## What People Are Saying

Many visitors have shared their positive experiences at Self Defense America. One patron exclaimed, "Great place to workout! And they have a great after-school taekwondo program for the kids!" Another commented on the **great atmosphere** and how the people there contribute to an enriching experience. These testimonials underscore the school's commitment to providing quality martial arts education while maintaining a friendly and inclusive environment.

## Conclusion

Self Defense America in Center, Texas, stands out as an excellent martial arts school, addressing the needs of families, children, and individuals seeking to learn self-defense. With its accessibility features, family-friendly policies, and

positive reviews, it's clear why this school is a top choice for many. Visit them today and become part of a community that values strength, discipline, and inclusivity.

### **The business is situated at**

109 1/2 Shelbyville St, 75935 Center, Texas - United States (US)

The phone number of this **Martial arts school** is +1936-591-8551  
And if you want to send a WhatsApp, you can do so at +1936-591-8551

### **Our opening hours are:**

| Day       | Hours         |
|-----------|---------------|
| Monday    | 8:30AM–8:30PM |
| Tuesday   | 7:30AM–5PM    |
| Wednesday | Closed        |
| Thursday  | Closed        |
| Friday    | 7:30AM–8:30PM |
| Saturday  | Closed        |
| Sunday    | 7:30AM–5:30PM |

The website is Self Defense America

If necessary to change any detail that you feel is not accurate about this portal, we kindly request deliver a message and we will fix it at the earliest convenience. Thank you in advance thanks for your cooperation.

## **Images**

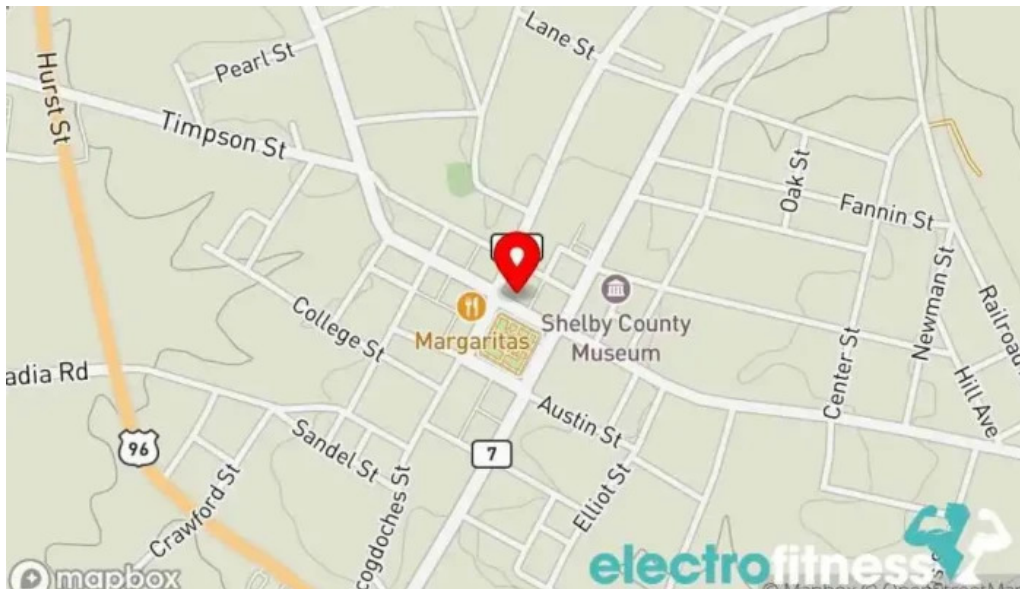


*Self defense america street view 360deg*



*Self defense america martial art*





*Self defense america map*



*Self defense america community*



*Self defense america center*



*Self defense america by owner*



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## Tags

*Family discount, Accessibility, Wheelchair-accessible entrance, Children, Wheelchair-accessible car park, On-site services, Identifies as women-owned, Service options, From the business, Wheelchair-accessible seating*

## Related content

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| <b>5.0 *</b> | <i>South Coast Self Defense - Cardio Kickboxing, Krav Maga &amp; Fitness - New Bedford</i> |
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| <b>5.0 *</b> | <i>Gracie Barra South Boise Brazilian Jiu-Jitsu and Self-Defense - Boise</i>               |

## Categories

|                            |
|----------------------------|
| academic department        |
| acupuncture clinic         |
| after school program       |
| aikido school              |
| amusement center           |
| amusement park ride        |
| animal feed store          |
| apartment building         |
| apartment complex          |
| aquatic centre             |
| arena                      |
| art gallery                |
| assisted living facility   |
| association / organization |
| athletic club              |
| athletic track             |
| auditorium                 |
| bar                        |
| barber shop                |
| basketball club            |
| basketball court           |
| batting cage center        |
| beauty salon               |
| beer store                 |
| body shaping class         |
| boot camp                  |
| boxing club                |
| boxing gym                 |
| boxing ring                |
| buddhist temple            |
| cafe                       |
| children's party service   |
| chiropractor               |
| church                     |
| club                       |
| coffee shop                |
| college                    |
| community center           |
| community college          |
| community health centre    |



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| convenience store                            |
| corporate office                             |
| counselor                                    |
| country club                                 |
| coworking space                              |
| cultural center                              |
| dance club                                   |
| dance company                                |
| dance school                                 |
| day spa                                      |
| department store                             |
| disability services and support organization |
| disc golf course                             |
| discount store                               |
| dive shop                                    |
| doctor                                       |
| dollar store                                 |
| educational institution                      |
| electric utility company                     |
| elementary school                            |
| equestrian facility                          |
| exercise equipment store                     |
| facial spa                                   |
| fertility clinic                             |
| firearms academy                             |
| fitness                                      |
| fitness center                               |
| fitness equipment wholesaler                 |
| food producer                                |
| foot care                                    |
| fountain                                     |
| gated community                              |
| general hospital                             |
| golf club                                    |
| golf course                                  |
| golf instructor                              |
| grocery store                                |
| gun club                                     |
| gym  |
| gymnasium school                             |
| gymnastics center                            |
| gymnastics club                              |

|                                     |
|-------------------------------------|
| hair salon                          |
| health consultant                   |
| health food restaurant              |
| health food store                   |
| health spa                          |
| hiking area                         |
| historical landmark                 |
| hospital                            |
| hotel                               |
| hypnotherapy service                |
| ice skating rink                    |
| indoor cycling                      |
| indoor golf course                  |
| indoor lodging                      |
| jujitsu school                      |
| karate club                         |
| karate school                       |
| kennel                              |
| kickboxing school                   |
| kinesiologist                       |
| kinesiotherapist                    |
| martial arts club                   |
| martial arts school                 |
| massage spa                         |
| massage therapist                   |
| medical clinic                      |
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| medical spa                         |
| meditation center                   |
| metaphysical supply store           |
| muay thai boxing gym                |
| non-profit organization             |
| nutritionist                        |
| outdoor clothing and equipment shop |
| outdoor sports store                |
| outdoor swimming pool               |
| pain control clinic                 |
| park                                |
| parking lot                         |
| parkour spot                        |
| personal trainer                    |
| pharmacy                            |

|                                |
|--------------------------------|
| physical fitness program       |
| physical therapist             |
| physical therapy clinic        |
| pickleball court               |
| pilates studio                 |
| pregnancy care center          |
| private golf course            |
| psychotherapist                |
| public educational institution |
| public library                 |
| public swimming pool           |
| real estate developer          |
| recreation center              |
| rehabilitation center          |
| resort hotel                   |
| restaurant                     |
| rock climbing                  |
| rock climbing gym              |
| rv park                        |
| sauna                          |
| school                         |
| school district office         |
| self defense school            |
| senior citizen center          |
| shooting range                 |
| shopping mall                  |
| soccer club                    |
| social club                    |
| software company               |
| spa                            |
| spa and health club            |
| specialized clinic             |
| sporting goods store           |
| sports club                    |
| sports complex                 |
| sports massage therapist       |
| sports medicine clinic         |
| sports nutrition store         |
| sports school                  |
| summer camp organizer          |
| supermarket                    |
| swimming facility              |

|                             |
|-----------------------------|
| swimming instructor         |
| swimming pool               |
| swimming school             |
| taekwondo school            |
| tanning salon               |
| tennis club                 |
| thrift store                |
| trade school                |
| training centre             |
| truck stop                  |
| university                  |
| vitamin & supplements store |
| water park                  |
| weight loss service         |
| weightlifting area          |
| wellness center             |
| wellness program            |
| women's organization        |
| women's personal trainer    |
| wrestling school            |
| yoga instructor             |
| yoga studio                 |
| youth center                |
| youth organization          |