

Douglas County Jiu Jitsu - Gardnerville

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Douglas County Jiu Jitsu - Gardnerville

Welcome to Douglas County Jiu Jitsu: A Hub for Martial Arts in Gardnerville, NV

Douglas County Jiu Jitsu, located in Gardnerville, Nevada, is more than just a martial arts school; it's a community where families thrive and individuals learn the art of Brazilian Jiu Jitsu. The school prides itself on offering a ****welcoming environment**** for all ages and skill levels, providing a space that promotes growth, fitness, and camaraderie.

Accessibility Features for Everyone

One of the standout features of DC Jiu Jitsu is its commitment to inclusivity. The facility offers a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can engage in the transformative experience of martial arts training. The importance of accessibility is emphasized by numerous members, making it clear that DC Jiu Jitsu is a place for everyone, regardless of physical ability.

High-Level Instruction and Supportive Coaches

Training at Douglas County Jiu Jitsu means learning from knowledgeable instructors who genuinely care about your progress. With Professor Matt Tamondong at the helm, students receive expert guidance in a respectful and ego-free environment. As noted by many members, "the training and level of instruction is top notch," making it an excellent choice whether you're a beginner or an advanced practitioner.

A Family-Friendly Atmosphere

DC Jiu Jitsu is particularly lauded for its family-oriented vibes. Parents feel comfortable bringing their children to classes, knowing they will be welcomed and supported. One parent shared, "It's like family in there," highlighting how the community fosters relationships among members. With classes available for both kids and adults, this martial arts school truly stands out as a community-centric establishment.

The Training Experience

Members consistently share positive experiences about their time training at DC Jiu Jitsu. Many describe entering the gym as a beginner and feeling instantly at ease, thanks to the friendly atmosphere cultivated by the staff and fellow students. "Walking into a BJJ gym can be intimidating, but Matt and his fellow coaches were incredibly friendly and welcoming," noted a new student. This sense of belonging encourages personal growth and motivates practitioners to continue improving.

Why Choose Douglas County Jiu Jitsu?

1. ****Expert Instructors****: All coaches are highly skilled and dedicated to teaching. 2. ****Community Focus****: It's not just about training; it's about building lasting friendships. 3. ****Accessibility****: The gym is equipped with features like a wheelchair-accessible entrance and car park. 4. ****Positive Environment****: Members report a supportive community where everyone helps each other grow. 5. ****Quality Facilities****: The gym is clean, organized, and designed for effective learning. In conclusion, if you're looking for a martial arts school that combines high-level instruction with a strong sense of community, Douglas County Jiu Jitsu is the perfect fit for you and your family. Join us today and

discover why so many people have made DC Jiu Jitsu their second home!

You can come to our business at

1292 Industrial Ct, 89410 Gardnerville, Nevada - United States (US)

The phone number of this **Martial arts school** is +1775-690-2381

And if you want to send a WhatsApp, you can do so at +1775-690-2381

We are available at these times:

Day Hours
Monday

6–8?PM

Tuesday

Closed

Wednesday

6–8?PM

Thursday

Closed

Friday
6–8?PM

Saturday

Closed

Sunday

Closed

The website is Douglas County Jiu Jitsu

If necessary to update any information that you think is not accurate related to this site, we urge you to send a message and we will adjust it at the earliest convenience. Thanks beforehand we appreciate it.

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Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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pharmacy
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physical therapist
physical therapy clinic
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psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel

rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
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