

## Gracie Barra Quincy - Quincy

quincy

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quincy

## Gracie Barra Quincy - Quincy

### Welcome to Gracie Barra Quincy: A Martial Arts School for Everyone

Gracie Barra Quincy, located in Quincy, Illinois, is more than just a martial arts school; it's a thriving community where individuals of all ages can learn Brazilian Jiu-Jitsu (BJJ) in an inclusive and supportive environment.

### Amenities That Cater to Everyone

One of the standout features of Gracie Barra Quincy is its **\*\*wheelchair-accessible entrance\*\*** and **\*\*seating\*\***, ensuring that everyone can participate, regardless of their physical abilities. The facility boasts a

**\*\*wheelchair-accessible car park\*\*** and restrooms equipped with a **\*\*toilet\*\*** that caters to all needs. This commitment to **\*\*accessibility\*\*** demonstrates the school's dedication to making martial arts training available for everyone. Additionally, there is a **\*\*free parking lot\*\*** and **\*\*free of charge street parking\*\***, making it convenient for families visiting the school.

## **A Family-Oriented Environment**

The welcoming atmosphere at Gracie Barra Quincy is evident from the moment you step through the door. Parents love the family-friendly environment, with children as young as 3 years old participating alongside adults up to 66 years old! The school offers classes tailored for **\*\*children\*\***, where they not only learn essential self-defense skills but also build confidence, discipline, and social skills. A parent shared, "My son enjoys going to class and learning new skills with such kind people!" This sentiment is echoed by many others who appreciate how the staff treats everyone like family.

## **High-Quality Instruction**

Training at Gracie Barra Quincy means learning from experienced instructors. As reflected in many testimonials, the level of expertise provided by Professor Vitor and his coaches is top-notch. A parent noted, "The level of expertise the professor has and his coaches are top-notch." This professional guidance helps students achieve their fitness goals, learn self-defense, or simply enjoy a new discipline.

## **Community and Support**

Joining Gracie Barra Quincy also means becoming part of a supportive community. Newcomers often express their initial apprehension about starting a new sport; however, the encouraging atmosphere makes all the difference. As one student stated, "It was very intimidating at first, but everyone there has been nothing short of helpful and encouraging." The school regularly organizes events that foster camaraderie among its members, further enhancing the sense of belonging within the community.

## **Family Discounts Available**

For families looking to train together, Gracie Barra Quincy offers **\*\*family discounts\*\***, making it easier for parents to enroll their children and themselves without breaking the bank. Training can become a shared activity that strengthens family bonds while promoting physical fitness and self-discipline.

## **Conclusion**

In summary, Gracie Barra Quincy stands out as a premier destination for those interested in Brazilian Jiu-Jitsu in Quincy, Illinois. With a commitment to accessibility, high-quality instruction, and a family-friendly environment, this martial arts school fulfills the needs of its community. Whether you are a

beginner or looking to sharpen your skills, you will find a welcoming home at Gracie Barra Quincy.

**We are at**

2501 Broadway St Suite 2, 62301 Quincy, Illinois - United States (US)

The phone of this **Martial arts school** is +1217-214-7963

And if you want to send a WhatsApp, you can do so at +1217-214-7963

## **Our opening hours are:**

Day Hours  
Monday

11:30?AM–1:30?PM 3:30–7:30?PM

Tuesday

11:30?AM–1?PM

Wednesday

9?AM–12?PM

Thursday

Closed

Friday

11:30?AM–1?PM 3:30–7:30?PM

Saturday

11:30?AM–1?PM 3:30–7:30?PM

Sunday

11:30?AM–1?PM 3:30–7:30?PM

The website is Gracie Barra Quincy

If you wish to change any data that you think is incorrect regarding this site, please deliver a message and we will adjust it promptly. Thanks beforehand thanks.

## **Images**



*Gracie barra quincy videos*



*Gracie barra quincy uniform*





*Gracie barra quincy street view 360deg*



*Gracie barra quincy quincy*



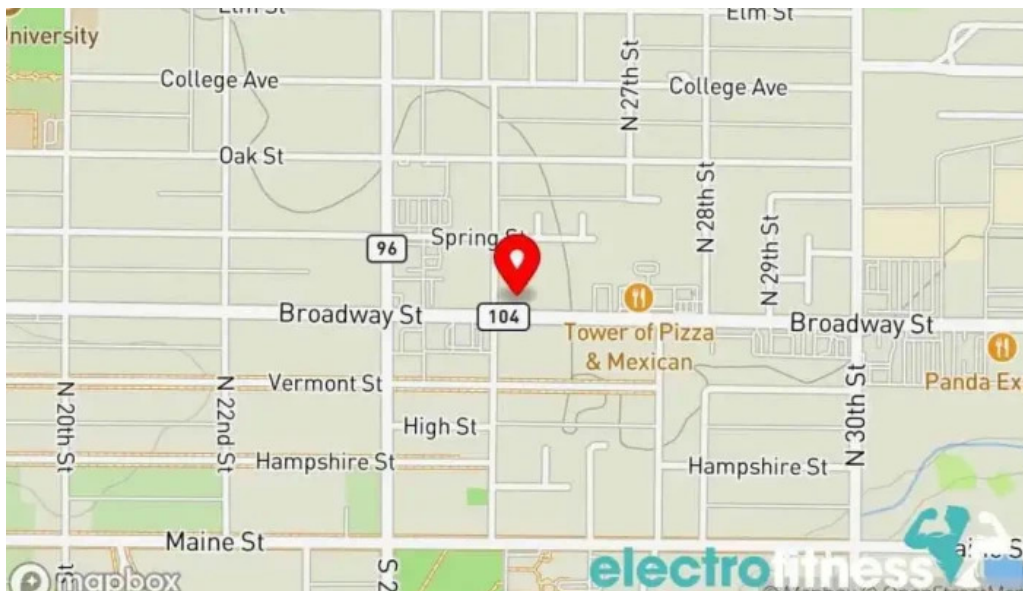
*Gracie barra quincy promotion*



*Gracie barra quincy martial arts school*



*Gracie barra quincy martial art*



*Gracie barra quincy map*





*Gracie barra quincy location*



*Gracie barra quincy instagram*





*Gracie barra quincy community*



*Gracie barra quincy by owner*



*Gracie barra quincy area*



*Gracie barra quincy all*

## Tags

*Amenities, Wheelchair-accessible seating, Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility, Family discount, Children, Toilet, Free of charge street parking, Parking, Free parking lot*

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<b>4.8 *</b>	<i>MainStreet Commons - Absarokee</i>
<b>5.0 *</b>	<i>Alloy Personal Training Rossmoor - Walnut Creek</i>
<b>3.7 *</b>	<i>Portage Township Ymca - Portage</i>
<b>4.7 *</b>	<i>Isi Elite Training - Walnut Creek, Ca - Walnut Creek</i>
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academic department
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body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
coffee shop
community center
convenience store
country club
coworking space
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course

golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall



spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
weightlifting area
wellness center
wellness program
yoga instructor
yoga studio
youth organization