

Alleghany Highlands Ymca - Covington

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Alleghany Highlands Ymca - Covington

Exploring the Alleghany Highlands YMCA in Covington, Virginia

The Alleghany Highlands YMCA, located in Covington, Virginia, stands as a beacon of community service and fitness. This non-profit organization aims to foster a healthy lifestyle while providing essential amenities that cater to all members of the community.

Accessibility Features

One of the notable aspects of the Alleghany Highlands YMCA is its

commitment to ****accessibility****. The facility boasts a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car park****, ensuring that everyone, regardless of their physical abilities, has the opportunity to participate in various programs and activities.

Community Feedback and Concerns

Despite its many positives, some members of the community have expressed concerns regarding membership accessibility. Comments like “Who in the hell makes these idiotic decisions...” reflect frustration over the membership qualifications that may exclude certain demographics, especially retirees seeking a healthier lifestyle. This sentiment resonates with those who feel that the YMCA should serve not just affluent individuals but also those from lower income backgrounds. While some patrons appreciate the variety of equipment available, mentioning the basic necessities as adequate, others voice their disappointment regarding limited access to the pool and aquatics facilities. One visitor noted, “Do not let people get changed into their aquatic clothes only to come up against a locked door,” highlighting the need for better communication regarding facility closures.

Positive Experiences

On a brighter note, many reviews celebrate the friendly staff and clean environment. Members enjoy the wide range of facilities including a gymnasium, a basketball court, and a beautiful pool. “The only thing nicer than the facility is the warm welcome you'll get from the staff,” one visitor remarked, showcasing the dedicated team that manages the YMCA. Many appreciate the classes offered, the opportunity for social interaction, and the overall sense of community. “An excellent facility to work out, shoot some hoops, take classes, swim and make new friends,” one satisfied user stated, indicating the multifaceted benefits of the YMCA.

Conclusion

In conclusion, the Alleghany Highlands YMCA serves as an important resource for the Covington community. While there are challenges regarding accessibility and communication, the positive feedback about the friendly staff and welcoming atmosphere underscores its potential. By addressing the concerns raised by community members, the YMCA can continue to uphold its mission of promoting health and wellness for all, ensuring that everyone feels welcome and valued in this community hub.

We are established at

101 YMCA Way, 24426 Covington, Virginia - United States (US)

The contact line of this **Non-profit organization** is +1540-962-9622

And if you want to send a WhatsApp, you can do so at +1540-962-9622

Our public attention hours are:

Day Hours
Monday

Monday

1-5?PM

Tuesday

5:30?AM-9?PM

Wednesday

5:30?AM-9?PM

Thursday

5:30?AM-9?PM

Friday

Friday
5:30?AM-9?PM

Saturday

5:30?AM-9?PM

Sunday

8?AM-6?PM

The website is Alleghany Highlands YMCA

If you wish to update any data that you feel is not correct related to this web, we kindly request deliver a message so that we will adjust it quickly. Thank you in advance thank you very much.

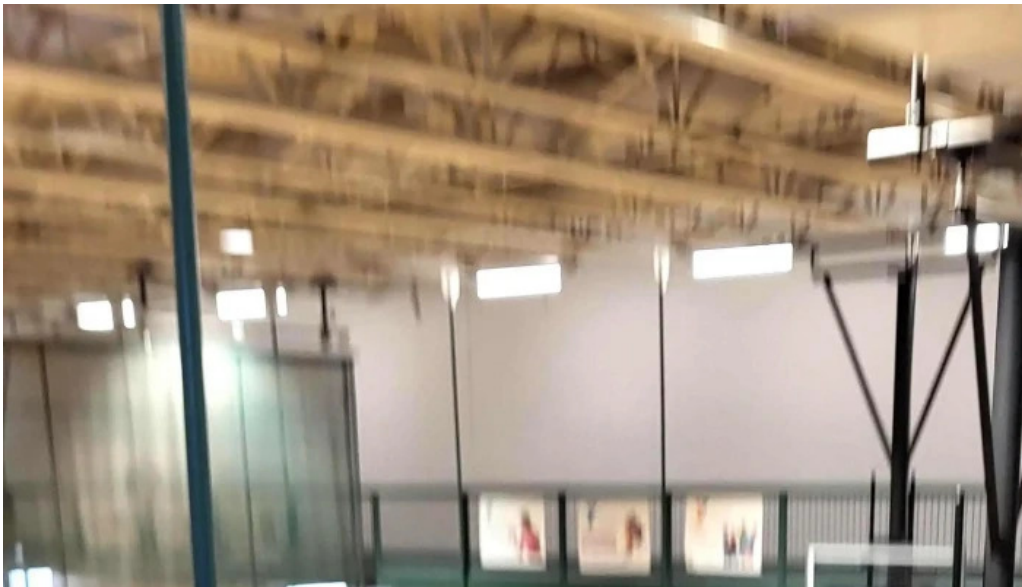
Images



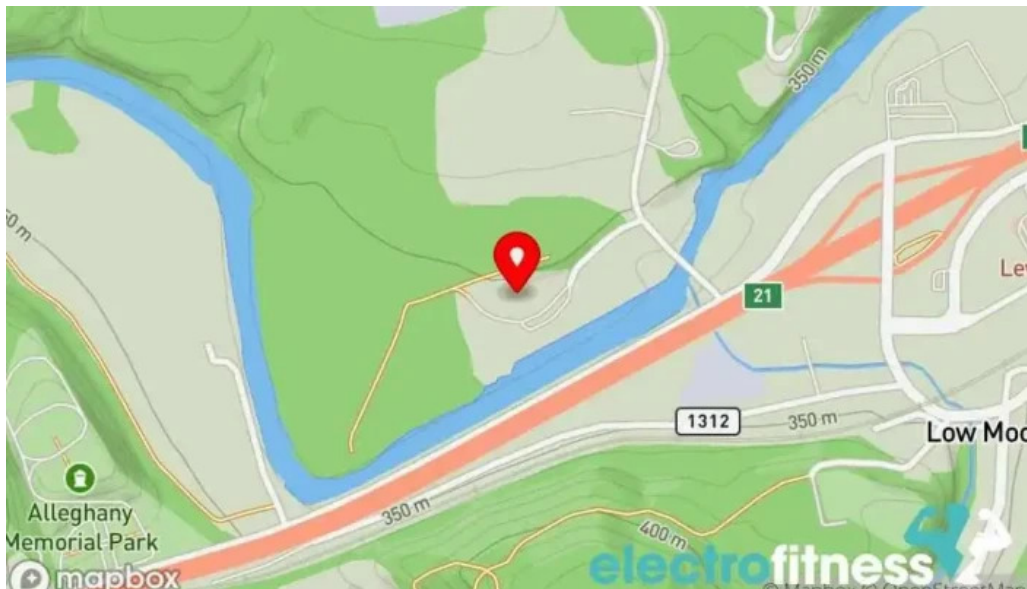
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Tags

Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility

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Comments

Nicholas Young	09-05-25 06:51
<i>I've been thoroughly enjoying it. It's been 7 weeks for me now. I've recently increased my workouts from 2 days a week to every other day. I mainly stick to the walking track, stationary bike, and rowing machine.</i>	

Categories

academic department
acupuncture clinic
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counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
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fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
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public swimming pool
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rehabilitation center
resort hotel
rock climbing
rock climbing gym

rv park
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school
school district office
self defense school
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