

## Fluent Motions - Spokane

spokane

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spokane

## Fluent Motions - Spokane

### Discover Fluent Motions: The Ultimate Parkour Spot in Spokane, Washington

Fluent Motions is not just a parkour gym; it's a vibrant community space that welcomes everyone, regardless of age or skill level. Located in the heart of Spokane, this veteran-owned facility focuses on providing **\*\*inclusive\*\*** and **\*\*fun training environments\*\*** for children and adults alike.

### Service Options and Amenities

At Fluent Motions, you'll find various **\*\*service options\*\*** tailored to suit different

needs. The facility offers: - **Private lessons** for personalized training - **Group classes** that encourage teamwork and social interaction - **Family discounts** making it more accessible for families to engage in active fun - **Discounts for kids**, ensuring an affordable experience for younger participants. The gym also provides **on-site services** including equipment rentals for those who may not have their own gear.

## **Accessibility Features**

Fluent Motions prioritizes accessibility with several features to ensure every visitor can participate comfortably: - A **wheelchair-accessible entrance** and **seating** - A **wheelchair-accessible car park** catering to individuals with mobility challenges - **Gender-neutral toilets**, affirming the space as a **transgender safe space** and **LGBTQ+ friendly**. These amenities make Fluent Motions a welcoming venue for everyone in the community.

## **Inclusive Environment**

Fluent Motions has garnered praise for being a **transgender safe space** and **LGBTQ+ friendly** environment. The staff is committed to creating a supportive atmosphere where all individuals feel comfortable expressing themselves while learning new skills. The parkour classes are designed to keep kids engaged and motivated. According to reviews, Coach Taylor is exceptional at meeting each student at their individual level and providing encouragement and support. One parent noted, "Taylor's patience and coaching ability significantly boosted my child's confidence."

## **A Unique Venue for Parties and Events**

Fluent Motions offers a fantastic alternative for birthday parties and celebrations. Many parents have shared their experiences of hosting events here, highlighting how much fun the kids have had. With the ability to accommodate larger groups, including **15 kids for a birthday party**, the coaches ensure that every child stays active and engaged during the event, while also maintaining safety standards. One ecstatic parent remarked, "We had about 15 of his little friends there, and the Coaches were amazing with the chaos." This makes Fluent Motions one of the best venues for hosting children's parties in Spokane.

## **Community Feedback and Experiences**

The community feedback surrounding Fluent Motions has been overwhelmingly positive. Numerous parents appreciate the unique blend of physical activity, skill development, and fun. As one parent expressed, "My son has improved a lot in coordination and strength, and he enjoys coming to the gym every week." The overall experience at Fluent Motions is characterized by **safe and fun practices** that promote physical fitness while enabling kids to face their fears through parkour activities.

## Conclusion

If you are looking for a place where your child can learn parkour in a **\*\*fun, engaging\*\***, and **\*\*supportive environment\*\***, Fluent Motions in Spokane, Washington, should be at the top of your list. With its range of classes, inclusive amenities, and committed instructors, it's a hidden gem for both newcomers and seasoned parkour enthusiasts. Don't miss out on the opportunity to be part of this remarkable community!

### You can find us at

104 W 3rd Ave, 99201 Spokane, Washington - United States (US)

The contact line of the mentioned **Parkour spot** is +1509-201-4225

And if you want to send a WhatsApp, you can do so at +1509-201-4225

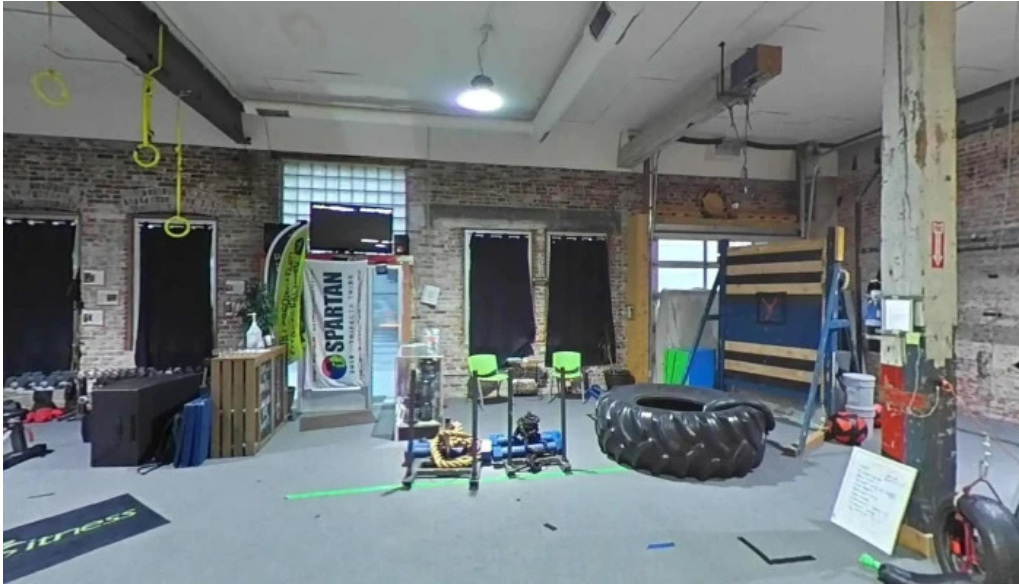
### Our public attention hours are:

Day Hours  
Monday  
11?AM–8?PM  
Tuesday  
11?AM–8?PM  
Wednesday  
Closed  
Thursday  
Closed  
Friday  
12–6?PM  
Saturday  
11?AM–8?PM  
Sunday  
11?AM–8?PM

The website is Fluent Motions

In case you want to update any information that you feel is not correct related to this portal, we kindly request forward a message so we can we will adjust it quickly. Thank you in advance we appreciate it.

## Images



*Fluent motions street view 360deg*

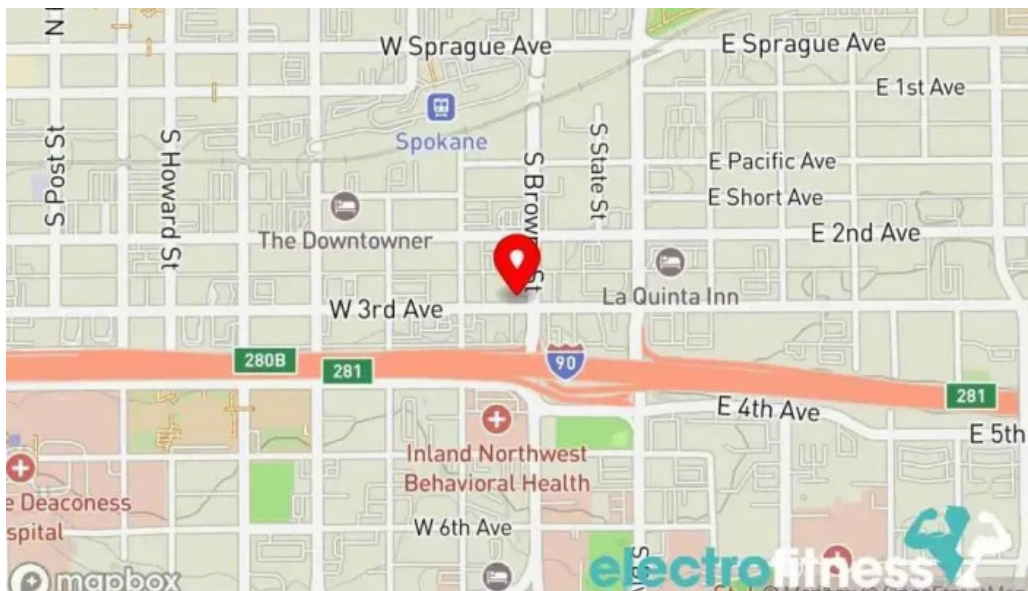


*Fluent motions spokane*





*Fluent motions parkour spot*



*Fluent motions map*



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## Tags

*Service options, On-site services, Paid street parking, From the business, Wheelchair-accessible seating, LGBTQ+ friendly, Accessibility, Amenities, Parking, Children, Wheelchair-accessible entrance, Crowd, Identifies as veteran-owned, Family discount, Gender-neutral toilets, Transgender safe space, Wheelchair-accessible car park, Discounts for kids*

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boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
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cultural center
dance company
dance school
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elementary school
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fitness center
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golf course
golf instructor
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gymnastics center
hair salon
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hiking area
hospital
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jujitsu school
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karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist



martial arts club
martial arts school
massage spa
massage therapist
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meditation center
metaphysical supply store
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nutritionist
park
parking lot
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personal trainer
pharmacy
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physical therapist
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pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
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self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist

sports medicine clinic
sports nutrition store
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