


## Bare Athletics Llc - Anchorage

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## *Bare Athletics Llc - Anchorage*

### Discover the Exceptional Personal Training Experience at Bare Athletics LLC in Anchorage, Alaska

If you are seeking a personalized fitness journey, look no further than **\*\*Bare Athletics LLC\*\*** in Anchorage, Alaska. With highly qualified trainers like **\*\*Tanor Bradison\*\*** and **\*\*Tara\*\***, clients receive tailored programs that cater to their unique fitness goals, whether it's gaining muscle, losing weight, or recovering from an injury.

### Facilities and Amenities

Bare Athletics LLC boasts several **amenities** that make it a comfortable training environment for everyone: - **Wheelchair-accessible car park**: Ensuring ease of access for all clients. - **Wheelchair-accessible entrance**: A commitment to inclusivity and accessibility. - **Toilet facilities**: Conveniently located within the gym to enhance comfort during workouts. Appointments are highly recommended, as they allow trainers to focus on crafting individualized plans that maximize each client's potential.

## **Client Experiences and Testimonials**

Many clients have shared their positive experiences at Bare Athletics. One client mentioned, "I came to Tara with the goal of gaining muscle. The exercises she picks are fun and engaging. She pushes and encourages me to increase weights, making me feel accomplished." This highlights the supportive atmosphere found at the gym. Another client praised Tanor's professionalism, stating, "It can be challenging for women to hire male trainers due to apprehensions, but Tanor is a remarkable trainer who prioritizes creating a safe and comfortable environment." This commitment to **accessibility** ensures that every client feels welcomed and empowered during their fitness journey.

## **The Training Philosophy**

At Bare Athletics, trainers like Tanor and Tara focus on more than just physical strength. They emphasize mental resilience and overall well-being. As one satisfied client noted, "Tanor's positive and encouraging attitude creates an uplifting atmosphere." This approach not only helps clients achieve their physical goals but also nurtures a balanced lifestyle. Tanor's expertise is particularly evident in his ability to tailor workouts. Clients have remarked on his vast knowledge in body mechanics, stating, "Tanor showed me exercises I could do at the gym or at home that would help my hip mobility." His dedication to ensuring that exercises are both effective and safe sets him apart in the fitness industry.

## **Commitment to Client Success**

The level of commitment that trainers at Bare Athletics exhibit is exceptional. Clients appreciate that "Tanor genuinely cares about your progress and invests himself in your success." This commitment transforms the training experience into a partnership for achieving lasting results. Whether you're intimidated by the gym or looking for guidance in specific areas, Tanor's personalized approach has helped many clients gain confidence and knowledge in their fitness journeys. A former client expressed, "I previously felt scared of the gym, but now I feel so much more knowledgeable and excited."

## **Book Your Appointment Today!**

If you are ready to embark on a transformative fitness journey with dedicated professionals, contact **Bare Athletics LLC** in Anchorage today. With

state-of-the-art **\*\*amenities\*\***, an inclusive environment, and trainers who prioritize your success, you'll find everything you need to thrive. Don't wait—**\*\*appointments are recommended\*\*** to ensure you receive the best possible experience. Experience the difference at Bare Athletics, where your personal fitness goals become a shared mission!

### **Our premises are located at**

11901 Industry Way, 99515 Anchorage, Alaska - United States (US)

The phone number of said **Personal trainer** is +1907-441-7884

And if you want to send a WhatsApp, you can do so at +1907-441-7884

### **We open at the following schedule:**

Day Hours  
Monday

Closed

Tuesday

6?AM–12?PM 2–6?PM

Wednesday

6?AM–12?PM 2–6?PM

Thursday

6?AM–12?PM 2–6?PM

Friday

6?AM–12?PM 2–6?PM

Saturday

6?AM–12?PM 2–6?PM

Sunday

Closed

The website is Bare Athletics LLC

If you need to update any element that you think is not accurate about this page, we urge you to deliver a message so that we will handle it as soon as possible. With anticipation thank you very much.

## **Images**



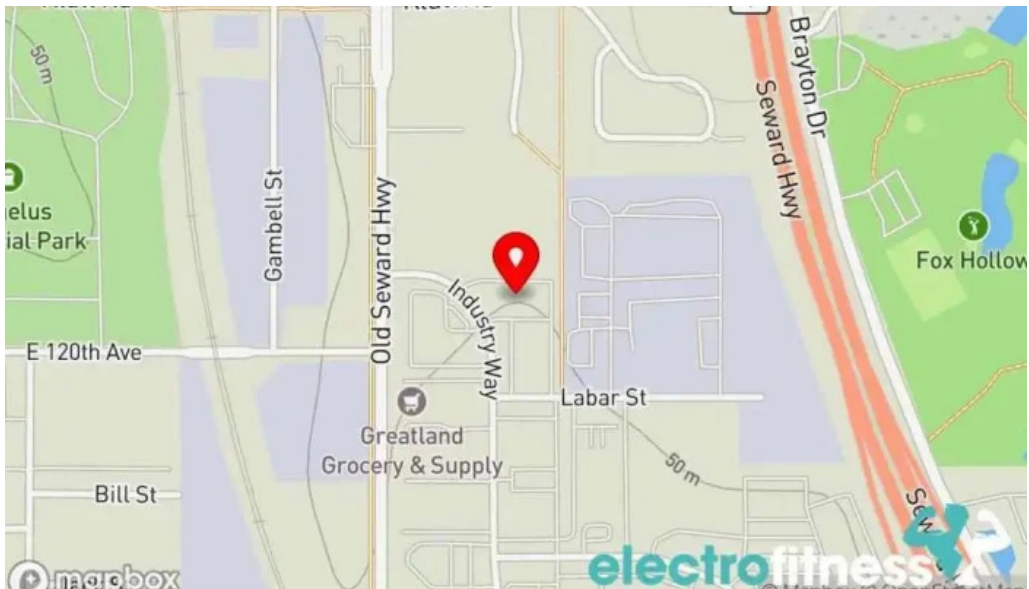
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*Bare athletics llc physical fitness*



*Bare athletics llc map*



*Bare athletics llc gym*



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## Tags

*Planning, Toilet, Wheelchair-accessible car park, Appointments recommended, Wheelchair-accessible entrance, Accessibility, Amenities*

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apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service

chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club

gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot

parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer

supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
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thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
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yoga instructor
yoga studio
youth center
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