

The Natural Studio Llc - Anchorage

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The Natural Studio Llc - Anchorage

The Natural Studio LLC: Transformative Personal Training in Anchorage, Alaska

Located in the heart of Anchorage, Alaska, **The Natural Studio LLC** offers an exceptional personal training experience that caters to individuals seeking to enhance their physical and mental well-being. Under the expert guidance of trainers like Ian Pelman and Kori, clients have embarked on transformative journeys that go beyond mere fitness.

Accessibility and Amenities

The Natural Studio is designed to be inclusive for everyone, featuring **wheelchair-accessible car park** and **on-site services** that make it easier for all clients to access its facilities. The studio understands the importance of having essential amenities such as a **toilet** available on-site, ensuring comfort during your visit. Moreover, they provide **language assistance** in English, making communication seamless for all clients.

Service Options and Online Classes

With a variety of **service options**, The Natural Studio LLC offers personalized one-on-one training sessions, group classes, and even **online classes** for those who prefer to workout from home. This flexibility allows clients to choose the training method that works best for them, regardless of their schedules or physical limitations.

Planning and Appointments

When considering personal training at The Natural Studio, it is important to note that **appointments are required**. Clients are encouraged to plan ahead, as **appointments are recommended** to ensure optimal time with trainers who are dedicated to their personal growth and health journey.

Holistic Approach to Fitness

The trainers at The Natural Studio believe in a holistic approach to fitness, focusing not just on physical training but also on mental and emotional well-being. As one satisfied client stated, "Ian's expertise and dedication have shown me that the limitations I once faced were merely stepping stones to a greater path." This philosophy is evident in the personalized training programs developed for each individual, fostering an environment of growth and support.

Client Testimonials: Real Transformations

Numerous clients have shared their success stories about how The Natural Studio has changed their lives. From veterans transitioning to civilian life to individuals wanting to enhance their physical capabilities, the testimonials highlight the profound impact of personalized training. One client remarked, "If you want to change your life, Ian at The Natural Studio can help." Another shared, "I started off barbell squatting 65lbs and deadlifting 75lbs, and now my progress has almost doubled!" Such transformations underscore the

effectiveness of the training strategies employed at The Natural Studio.

Join the Community

The Natural Studio LLC is not just a gym; it's a community that thrives on support and encouragement. With a focus on creating healthy lifestyle choices, clients are empowered to make sustainable changes. This environment is what truly sets The Natural Studio apart from regular gyms.

If you are ready to embark on a life-changing journey towards better health, consider making an appointment at The Natural Studio LLC today. With their experienced trainers, excellent amenities, and a commitment to holistic wellness, this studio is poised to help you achieve your fitness goals.

The premises are located at

705 W 59th Ave suite d, 99518 Anchorage, Alaska - United States (US)

The contact phone of this **Personal trainer** is +1907-887-1020

And if you want to send a WhatsApp, you can do so at +1907-887-1020

We open at the following schedule:

Day	Hours
Monday	11?AM–2?PM
Tuesday	6?AM–8?PM
Wednesday	6?AM–8?PM
Thursday	6?AM–8?PM
Friday	6?AM–8?PM
Saturday	6?AM–8?PM
Sunday	6?AM–1?PM

The website is The Natural Studio LLC

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Images



The natural studio llc training



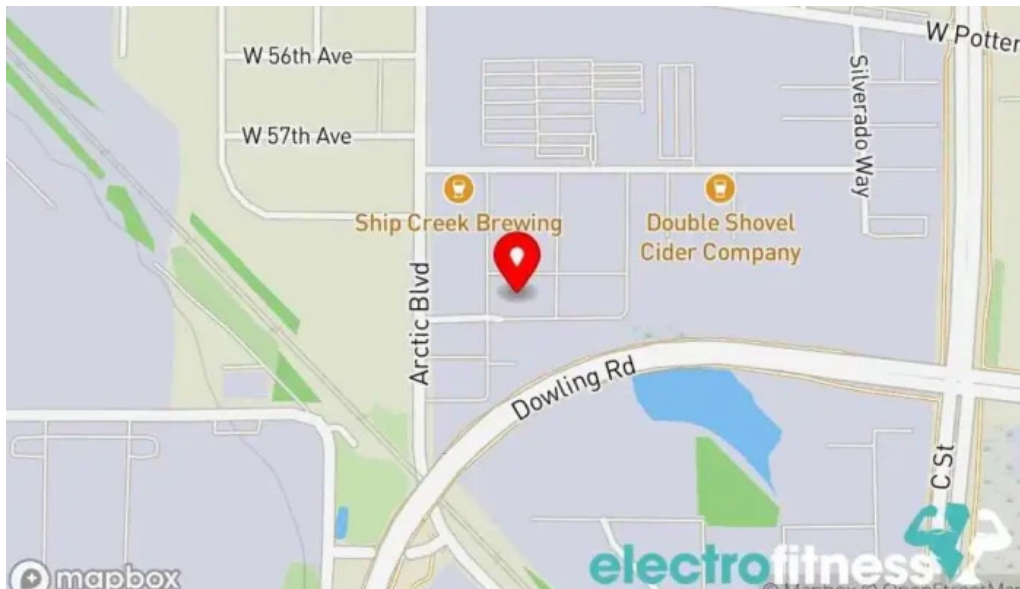
The natural studio llc street view 360deg



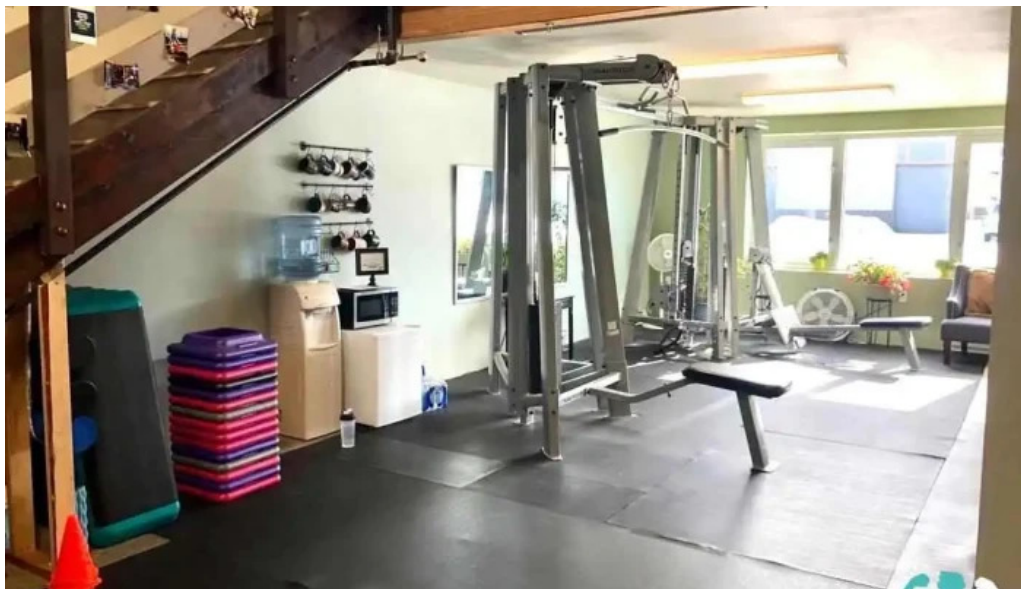
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Tags

Language assistance, Service options, Appointments recommended, On-site services, Toilet, Online classes, Amenities, Wheelchair-accessible car park, Planning, Appointment required, Accessibility

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