

## Flexed Fitness - Anderson

anderson

☐ I'm not a robot

  
ReCAPTCHA

Published on: 27/05/25	Hits: 198
Comments: 0	See comments
Votes: 18	Score: 5

[https://www.electrofitness.com/personal-trainer/anderson/flexed-fitness-anderson\\_344596.php](https://www.electrofitness.com/personal-trainer/anderson/flexed-fitness-anderson_344596.php)



*anderson*

## *Flexed Fitness - Anderson*

### **Discover Flexed Fitness: Your Personal Training Sanctuary in Anderson, California**

Flexed Fitness has emerged as a premier destination for those seeking a transformative fitness experience in Anderson, California. With dedicated trainers Amy and Bobby at the helm, this studio welcomes individuals of all fitness levels, providing an environment that feels like home.

### **Service Options Tailored to You**

At Flexed Fitness, a variety of **\*\*service options\*\*** are available to suit every

individual's needs. From one-on-one personal training to engaging group classes, Amy and Bobby ensure that each workout is tailored to meet your specific goals. The studio offers modifications for all exercises, making it inclusive for everyone regardless of their fitness background.

### **Accessibility Features**

Flexed Fitness stands out not only for its exceptional training but also for its commitment to accessibility. The facility boasts a **wheelchair-accessible entrance**, ensuring that everyone can comfortably enter and enjoy the services provided. Furthermore, clients can find **wheelchair-accessible toilets** along with **gender-neutral toilets**, making it a welcoming space for all. Additionally, the **wheelchair-accessible car park** ensures that parking is convenient and accommodating, removing barriers for those who may have mobility challenges.

### **Amenities That Enhance Your Experience**

Flexed Fitness features numerous **amenities** designed to enhance your workout experience. The studio is well-kept and clean, providing a pleasant atmosphere to engage in fitness activities. Clients continuously express how welcoming the environment is, creating a community feel that encourages camaraderie and support among members.

### **On-Site Services for Comprehensive Support**

In addition to physical training, Flexed Fitness offers **on-site services** that include personalized fitness assessments and nutritional guidance. Trainers Amy and Bobby prioritize listening to clients' stories and understanding unique challenges and limitations. This personalized approach fosters an environment where clients can thrive.

### **Why Choose Flexed Fitness?**

With countless positive reviews, it's clear that Flexed Fitness has made a significant impact on its members' lives. Many people have praised the supportive atmosphere, highlighting how Amy and Bobby treat each person like family. The contagious energy and motivation from the trainers inspire clients to push their limits and achieve incredible results. As one member stated, "You will meet the most amazing supporters of your life in this studio," showcasing the powerful community that Flexed Fitness has cultivated.

### **Your Transformation Awaits**

If you're searching for a fun and effective way to get fit, look no further than Flexed Fitness. Whether you are recovering from an injury or looking to take your fitness to new heights, Amy and Bobby are there to guide you every step of the way. Join Flexed Fitness today and experience a fitness journey that is not only about physical transformation but also about building lasting friendships.

and becoming part of a supportive family. Remember to bring your sweat towel—you're going to need it!

### **We are based in**

2889 Ventura St, 96007 Anderson, California - United States (US)

The contact phone of said **Personal trainer** is +1530-440-1834

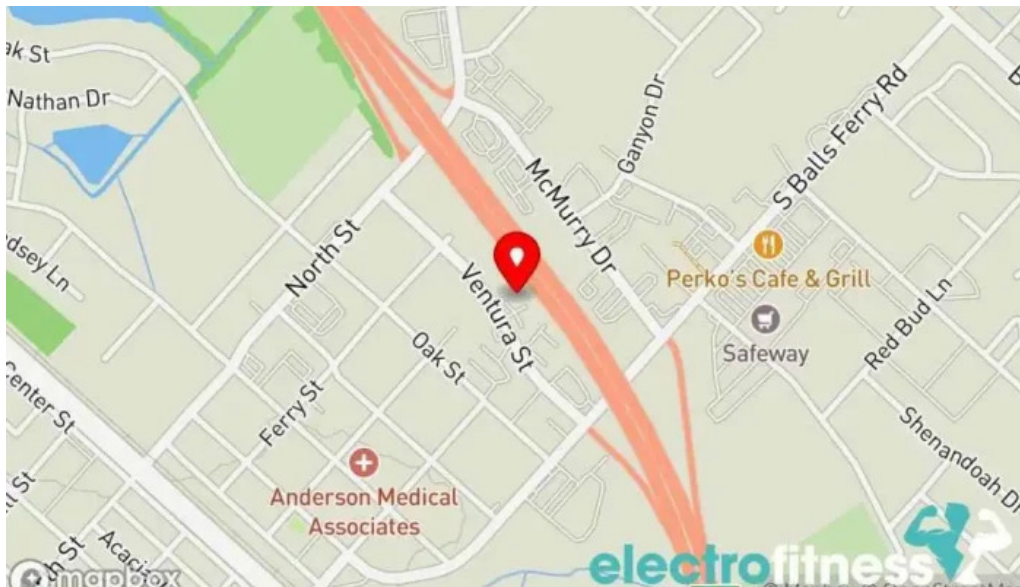
And if you want to send a WhatsApp, you can do so at +1530-440-1834

### **Our opening hours are:**

Day	Hours
Monday	9 <sup>AM</sup> –7:30 <sup>PM</sup>
Tuesday	5:30–7:30 <sup>PM</sup>
Wednesday	9 <sup>AM</sup> –7:30 <sup>PM</sup>
Thursday	5:30–7:30 <sup>PM</sup>
Friday	9–10 <sup>AM</sup>
Saturday	9–10 <sup>AM</sup>
Sunday	Closed

If necessary to alter any detail that you believe is not precise related to this web, we urge you to send us a message so we can we will handle it promptly. Thank you in advance thanks.

## **Images**



*Flexed fitness map*



*Flexed fitness anderson*



*Flexed fitness all*

## Tags

*Accessibility, Wheelchair-accessible car park, Wheelchair-accessible entrance, Service options, Toilet, On-site services, Gender-neutral toilets, Amenities, Wheelchair-accessible toilet*

## Related content

- |       |   |
|-------|---|
| 4.8 * | <i>Electric City Fitness Co. - Anderson</i>             |
| 5.0 * | <i>Studio Ex Cycle &amp; Group Fitness - Hyannis</i>    |
| 4.0 * | <i>Sage Yoga Center - Abilene</i>                       |
| 5.0 * | <i>Fyts Fitness - Westlake Village</i>                  |
| 4.9 * | <i>Oc Fitness Coach Inc. - Mission Viejo</i>            |
| 4.4 * | <i>Southern Prairie Family Fitness Center - Creston</i> |
| 4.9 * | <i>9Round Maysville Road - Fort Wayne</i>               |
| 5.0 * | <i>Train Tahoe - Incline Village</i>                    |
| 4.8 * | <i>The Fitt House - Fort Myers</i>                      |
| 5.0 * | <i>California Diving Academy - Walnut Creek</i>         |

## Categories

academic department
---------------------

acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
community health centre
convenience store
corporate office
counselor
country club
coworking space
cultural center

dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital

hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution



public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
trade school
training centre
vitamin & supplements store

water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization