

CoreFit Wellness - Your Full Wellness Center - Bonita Springs

bonita springs

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CoreFit Wellness - Your Full Wellness Center - Bonita Springs

CoreFit Wellness - Your Full Wellness Center in Bonita Springs, Florida

Located in the heart of Bonita Springs, CoreFit Wellness is your ultimate destination for achieving personal fitness goals while prioritizing overall wellness. With a friendly atmosphere and dedicated staff, including renowned trainers like Nick Balkenbusch, CoreFit stands out as a beacon of support and commitment to health.

Personalized Training with Expert Trainers

At CoreFit, ****appointments are recommended**** to ensure a tailored experience for every individual. Clients praise the personalized diagnosis of fitness that trainers provide, which allows workouts to be customized according to specific needs. Testimonials highlight how Nick, in particular, has taken the time to accommodate clients' injuries, ensuring workouts do not overly stress joints while still pushing them towards their goals.

Inclusive and Accessible Environment

Accessibility is a cornerstone of CoreFit Wellness. The facility features a ****wheelchair-accessible entrance**** and ****wheelchair-accessible car park****, making it convenient for everyone to participate. The center also boasts a ****wheelchair-accessible toilet****, ensuring that all clients feel comfortable and welcome during their visits.

Flexible Service Options

CoreFit offers a variety of service options, including ****online classes**** for those who prefer to train from home. This flexibility caters to different lifestyles and allows a wider audience to engage in their wellness journey. Whether you're here for on-site services or participating online, CoreFit ensures you have all the amenities needed for a successful workout experience.

A Safe and Friendly Space

CoreFit prides itself on being an ****LGBTQ+ friendly**** establishment where everyone feels welcomed, regardless of their fitness level. The supportive atmosphere fosters a sense of community, allowing clients to focus on their health without feeling out of place. As one client noted, the staff takes a holistic approach to fitness, providing a "hand-holding" experience throughout your journey.

Transformative Results

Many clients report life-changing results after committing to their training sessions at CoreFit. With just a few weeks of dedicated training, individuals have experienced transformations in strength, mindset, and overall attitude towards health. CoreFit emphasizes not just physical fitness but holistic well-being, turning their space into a sanctuary for personal growth.

Join the CoreFit Family

If you're seeking a fitness studio that combines expert training, inclusivity, and a personal touch, look no further than CoreFit Wellness in Bonita Springs. Remember, ****appointments are required**** for personalized training. So why wait? Reach out today and take the first step towards transforming your health and wellness journey in a supportive environment that truly cares.

The premises are located at

24880 Burnt Pine Dr Suite 8, 34134 Bonita Springs, Florida - United States (US)

The contact line of this **Personal trainer** is +1239-206-2955

And if you want to send a WhatsApp, you can do so at +1239-206-2955

Visit us during the following hours:

Day Hours
Monday
5?AM–6?PM
Tuesday
7?AM–2?PM
Wednesday
Closed
Thursday
5?AM–6?PM
Friday
5?AM–6?PM
Saturday
5?AM–6?PM
Sunday
5?AM–6?PM

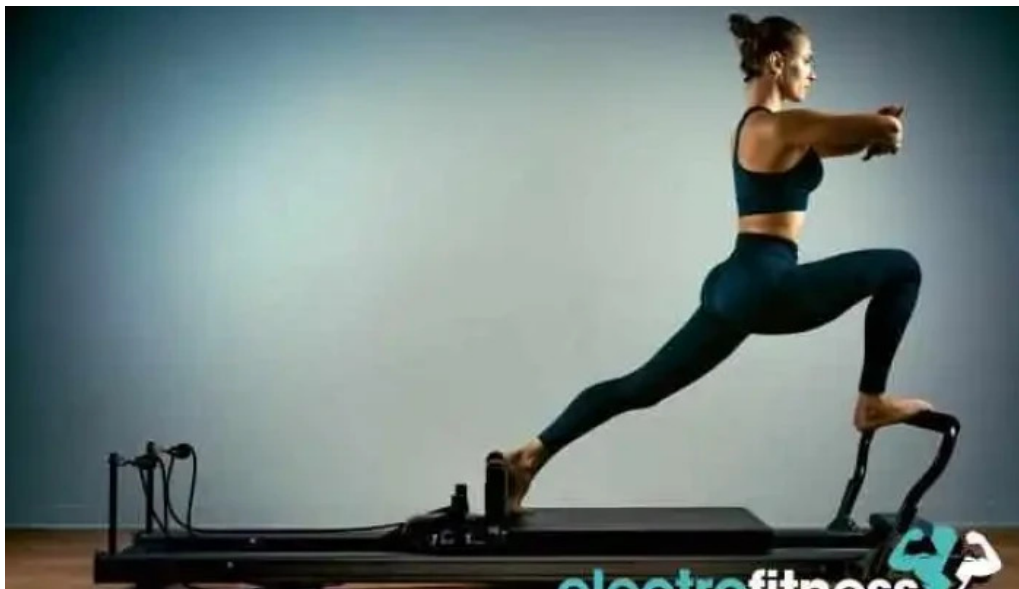
The website is CoreFit Wellness - Your Full Wellness Center

If you need to adjust any data that you feel is not correct regarding this site, we kindly request send us a message so that we will adjust it quickly. Thank you in advance thanks for your cooperation.

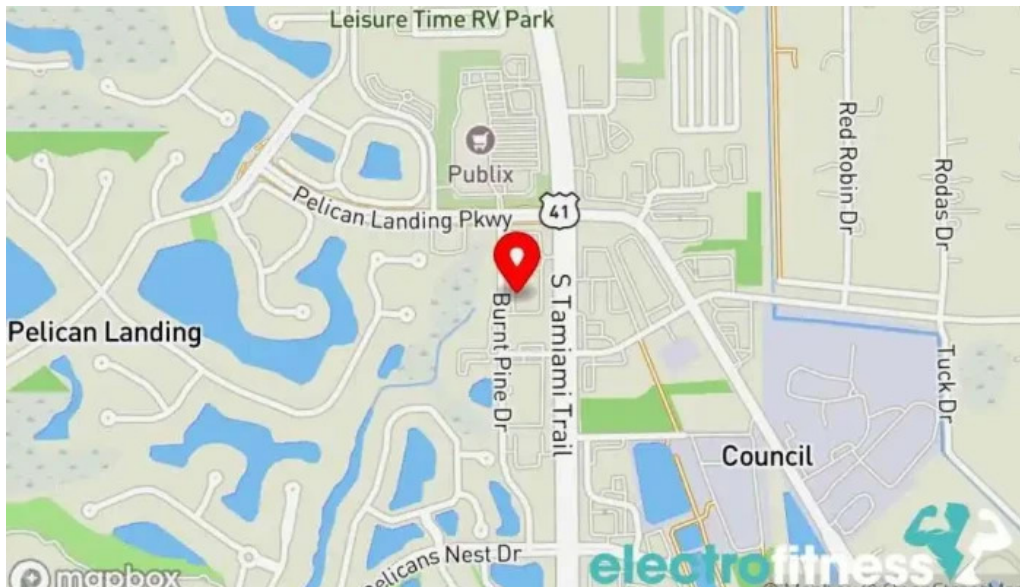
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Tags

Online classes, Accessibility, Planning, Wheelchair-accessible entrance, Appointment required, Crowd, Wheelchair-accessible car park, Appointments recommended, LGBTQ+ friendly, On-site services, Wheelchair-accessible toilet, Toilet, Service options, Amenities

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