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### **Rogue Wellness Collective - Bristol**

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# Rogue Wellness Collective - Bristol

## Personal Trainer at Rogue Wellness Collective in Bristol, Vermont

Finding the right personal trainer can be a game-changer, especially when considering aspects such as **planning**, **accessibility**, and overall amenities. At Rogue Wellness Collective, located in the picturesque town of Bristol, Vermont, you will discover a personalized fitness experience that caters to diverse needs.

## Why Choose Jake at Rogue Wellness Collective?

Jake is recognized not just for his expertise but for his enthusiastic approach to fitness. Many clients have shared their transformative experiences with him. One individual noted, "Jake is an amazing instructor. I have had several different injuries from my active lifestyle... He is able to strengthen my muscles around the various injuries and has me feeling stronger than ever—especially in my 40s." This highlights Jake's commitment to customizing workout plans that effectively address individual physical challenges.

#### Safe and Supportive Environment

The importance of a safe and confidence-boosting atmosphere cannot be overstated. As one satisfied client mentioned, "Jake is a wonderful trainer, challenging me while creating a safe, confidence-boosting, and happy environment." This speaks volumes about Jake's ability to ensure that everyone feels encouraged and empowered during their fitness journey.

### **Variety in Training**

Jake's training sessions are anything but monotonous. With a wide array of equipment including free weights, bands, Bosu balls, and TRX systems, each visit brings a new challenge. Clients appreciate this dynamic approach, which keeps workouts fresh and engaging. One person remarked, "Each visit is new, and I love being coached and held accountable under his guidance."

### **Accessibility Features**

Rogue Wellness Collective places great emphasis on accessibility. The facility includes a **wheelchair-accessible car park** and a **wheelchair-accessible toilet**, ensuring everyone can enjoy the services offered without barriers. This commitment to **accessibility** allows people of all abilities to engage with their wellness goals comfortably and confidently.

## **Planning Your Visit**

For those considering training at Rogue Wellness Collective, it is advisable to schedule **appointments** in advance. This ensures that you receive the personalized attention and planning necessary to meet your unique fitness objectives.

## **Amenities for a Comprehensive Experience**

In addition to top-notch training, the facility offers various **amenities** designed to enhance the overall experience. Whether it's the supportive environment or the flexibility in training options, Rogue Wellness Collective truly stands out as a

premier location for personal training in Bristol, Vermont.

#### Conclusion

If you're searching for a knowledgeable, enthusiastic, and supportive personal trainer, look no further than Jake at Rogue Wellness Collective. With a focus on planning, accessibility, and a variety of training methods, your journey toward fitness and well-being starts here.

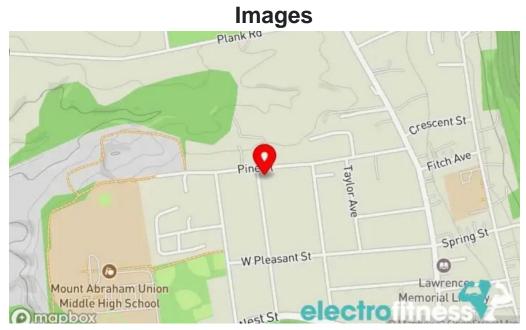
#### The location of our business is in

74 Munsill Ave, 05443 Bristol, Vermont - United States (US)

The phone number of this **Personal trainer** is <u>+1781-771-5681</u> And if you want to send a WhatsApp, you can do so at<u>+1781-771-5681</u>

#### The website is Rogue Wellness Collective

If necessary to adjust any element that you consider is not precise about this web, please send a message so that we will fix it quickly. Thanks beforehand thanks for your cooperation.



Rogue wellness collective map



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