

Tula - Burlington

burlington

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burlington

Tula - Burlington

Discover Tula: Your Personal Trainer in Burlington, Vermont

Located in the heart of Burlington, Tula is a premier destination for personal training that caters to individuals seeking to enhance their fitness journey in a welcoming environment. With a focus on wellness and community, Tula stands out not just for its expert trainers, like Julia, but also for its inclusive approach to fitness.

Accessible Services for Everyone

At Tula, ****planning**** your fitness goals is made easy with various service

options that include both **on-site services** and **online classes**. The studio's design supports **accessibility**, featuring **wheelchair-accessible seating** and **gender-neutral toilets** to create a comfortable environment for all clients. This commitment to inclusion ensures that everyone can participate in physical activities without barriers.

Why Choose Tula?

Feedback from clients highlights the personalized nature of training at Tula. Julia, a dedicated personal trainer, has received numerous accolades for her ability to understand client needs and tailor workouts accordingly. Participants have noted significant improvements in their strength, mobility, and overall confidence due to her focused and compassionate training style. For those who prefer a more private setting, **appointments are recommended** to maximize attention. Tula's small class sizes allow for individualized feedback and coaching, fostering a supportive atmosphere.

A Safe Space for All

Tula prides itself on being an **LGBTQ+ friendly** space where everyone can feel safe and supported. Julia creates an inviting atmosphere that welcomes individuals from all walks of life, ensuring that clients feel comfortable expressing themselves freely during workouts.

Community and Amenities

Joining Tula means becoming part of a vibrant community. Clients have praised the camaraderie among members, describing it as a collective of like-minded individuals who uplift each other. Moreover, the studio is equipped with clean and inviting **amenities**, enhancing the overall experience. Julia's approach emphasizes not only physical training but also educating clients on techniques and understanding their bodies better. By focusing on proper form and technique, she ensures that participants maximize their workouts while minimizing the risk of injuries.

Transform Your Fitness Journey

Whether you're dealing with chronic pain, recovering from injuries, or simply looking to improve your fitness level, Tula offers the guidance you need. As one client expressed, "Julia has changed my mindset about what is accessible to me... I have achieved things I specifically was certain I could NOT do." Experience a renewed sense of energy and purpose at Tula. With Julia's expertise, you can achieve your wellness goals while being part of a nurturing community. Join us today and discover the positive transformations that await you!

The location of our business is in

209 College St # 2E, 05401 Burlington, Vermont - United States (US)

The contact phone of this **Personal trainer** is +1585-733-2535

And if you want to send a WhatsApp, you can do so at +1585-733-2535

The website is TULA

If necessary to change any detail that you consider is not accurate about this portal, please deliver a message so that we will fix it at the earliest convenience. Thanks beforehand thanks for your cooperation.

Images



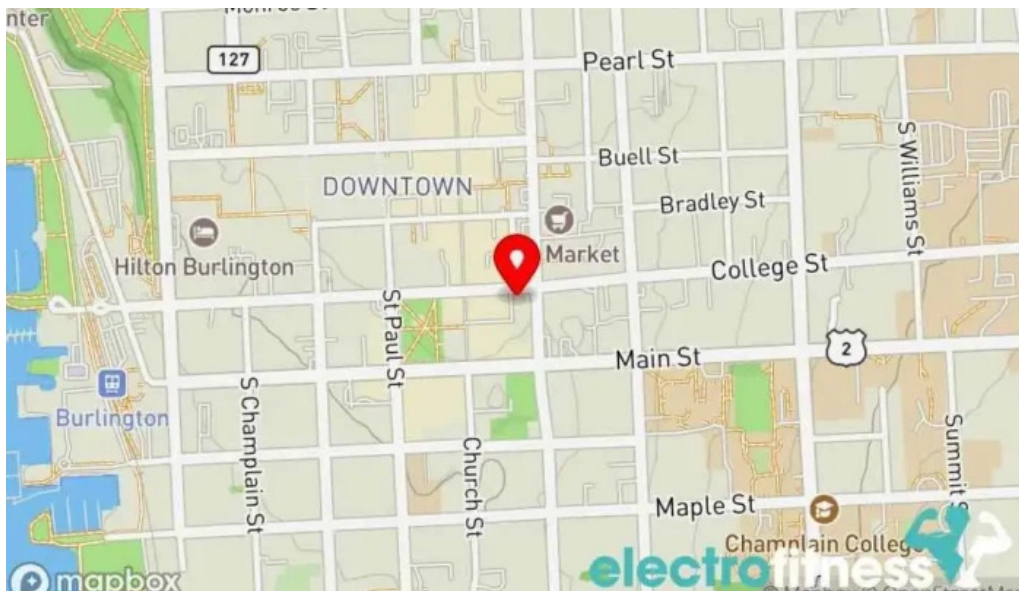
Tula training



Tula street view 360deg



Tula physical fitness



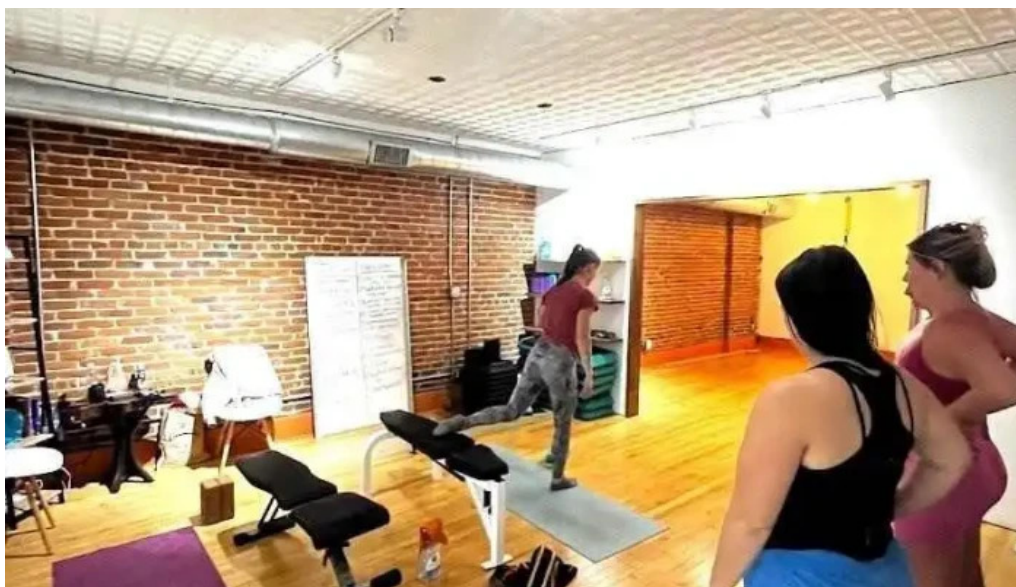
Tula map



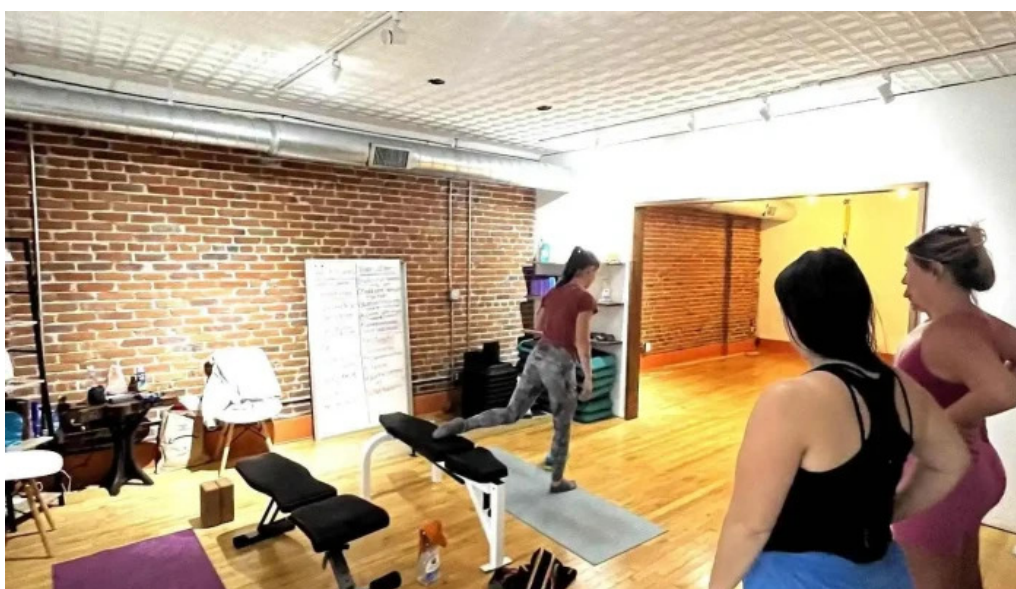
Tula gym



Tula by owner



Tula burlington



Tula all

Tags

Online classes, LGBTQ+ friendly, Outdoor services, Appointment required, Accessibility, Appointments recommended, Transgender safe space, Planning, Wheelchair-accessible seating, Amenities, Crowd, Service options, On-site services, Gender-neutral toilets, Toilet

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