

Team Rogers Personal Training Center - Carson City

carson city

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Team Rogers Personal Training Center - Carson City

Discover Team Rogers Personal Training Center in Carson City, Nevada

If you are looking for a supportive and effective personal training experience, **Team Rogers Personal Training Center** is the place to be. Located in Carson City, Nevada, this facility offers a range of amenities that cater to all fitness levels.

Accessibility Features

One of the standout features of Team Rogers is its commitment to

accessibility. With a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, everyone can enjoy their fitness journey without barriers. The gym also offers a **wheelchair-accessible toilet**, ensuring that all clients feel comfortable during their visit.

Planning and Appointments

To make the most of your training sessions, it is recommended to schedule **appointments** in advance. This planning allows personal trainers to tailor workouts to your specific needs and goals. Whether you're just starting out or are an experienced workout enthusiast, having a plan in place will help maximize your success.

Amenities that Enhance Your Experience

The facilities at Team Rogers are designed with the client in mind. Cleanliness and professionalism are top priorities, creating a welcoming environment for all. Clients have expressed their satisfaction with the **individual training** they receive, which has been instrumental in helping them achieve their weight loss and fitness goals.

Client Testimonials

Many clients have shared their positive experiences at Team Rogers. One client noted how the supportive atmosphere helped them transition from being on blood pressure medication to reaching their weight loss goals effectively. Another client, a 69-year-old seeking improved balance, praised the individualized training that restored their confidence and physical ability.

Why Choose Team Rogers?

With a dedicated team of trainers led by Josh, Team Rogers stands out as a premier personal training gym in Northern Nevada. Clients appreciate how each session is different and tailored to their unique circumstances. The commitment to health and improvement sets this gym apart from others. In conclusion, if you are seeking a personal training center that prioritizes accessibility, individual planning, and effective workouts, look no further than **Team Rogers Personal Training Center**. Their focus on client well-being and success makes them an essential part of your fitness journey in Carson City.

The premises are located at

931 Jacks Valley Rd suite D, 89705 Carson City, Nevada - United States (US)

The contact phone of the mentioned **Personal trainer** is +1775-671-1776

And if you want to send a WhatsApp, you can do so at +1775-671-1776

We open at the following schedule:

Day Hours
Monday

7?AM–7?PM

Tuesday

7?AM–7?PM

Wednesday

7?AM–7?PM

Thursday

7?AM–7?PM

Friday

7?AM–7?PM

Saturday

7?AM–12?AM

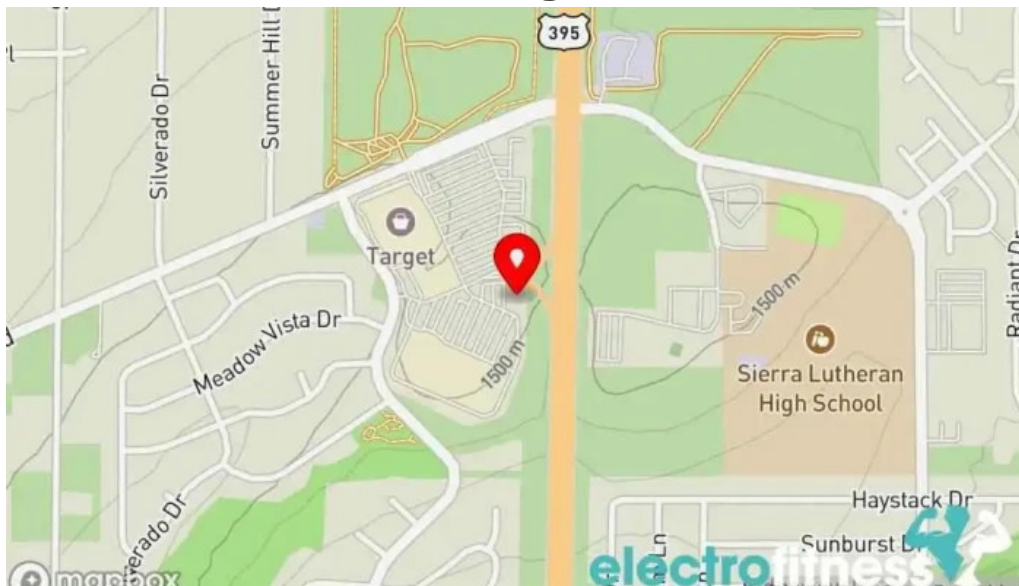
Sunday

7?AM–12?AM

The website is [Team Rogers Personal Training Center](#)

If necessary to alter any element that you consider is not correct regarding this web, we ask forward a message and we will fix it promptly. Thanks beforehand thanks.

Images



Team rogers personal training center map



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Tags

Wheelchair-accessible toilet, Accessibility, Amenities, Planning, Appointments recommended, Wheelchair-accessible car park, Wheelchair-accessible entrance, Toilet

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dance company
dance school
day spa
disability services and support organization
disc golf course
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karate school
kennel
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metaphysical supply store
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non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing

rock climbing gym
rv park
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