

## United Through Fitness - Commerce City

commerce city

☐ I'm not a robot
 

Published on: 13/04/25	Hits: 160
Comments: 0	See comments
Votes: 20	Score: 5

[https://www.electrofitness.com/personal-trainer/commerce-city/united-through-fitness-commerce-city\\_204052.php](https://www.electrofitness.com/personal-trainer/commerce-city/united-through-fitness-commerce-city_204052.php)



*commerce city*

## *United Through Fitness - Commerce City*

### **Transform Your Fitness Journey with United Through Fitness in Commerce City, Colorado**

At **\*\*United Through Fitness\*\***, located in Commerce City, Colorado, personal trainer **\*\*Rodderick Jackson\*\*** is committed to providing an exceptional fitness experience for all clients. With a focus on individual goals and unique training approaches, Rodderick has built a reputation as one of the best trainers in the area.

## Why Choose Rodderick Jackson?

Clients rave about their experiences with Rodderick, describing him as a knowledgeable, encouraging, and supportive trainer. His background as a former athlete and **\*\*IFBB PRO classic bodybuilder\*\*** allows him to tailor workouts and meal plans to meet diverse needs, ensuring every session is effective and engaging. With extensive knowledge in both fitness and nutrition, Rodderick excels at helping clients achieve their specific goals. Whether you are aiming to lose weight, gain muscle, or simply improve your overall health, Rodderick works closely with you to develop personalized strategies.

**\*\*Appointment required\*\*** services ensure that each individual receives the attention they deserve.

## A Welcoming Environment for All

**\*\*United Through Fitness\*\*** prides itself on being a **\*\*transgender safe space\*\*** and **\*\*LGBTQ+ friendly\*\*** gym. The inclusive atmosphere encourages everyone to feel comfortable and accepted, regardless of their background or identity. Along with a **\*\*wheelchair-accessible car park\*\***, the facility also offers a **\*\*wheelchair-accessible toilet\*\***, making it accessible for all individuals.

## Convenient Amenities for an Enhanced Experience

Beyond his expertise, Rodderick offers a variety of **\*\*amenities\*\*** designed to enhance your fitness journey. With proper **\*\*planning\*\*** and guidance, clients can take advantage of a well-equipped gym that supports diverse workout styles. To maximize your time and investment, **\*\*appointments are recommended\*\*** to ensure individualized attention during your sessions. Many clients appreciate the structured scheduling, as it helps them stay committed to their fitness goals.

## Client Testimonials Highlighting Success

The glowing reviews from satisfied clients speak volumes about Rodderick's impact. Many individuals note significant transformations, both physically and mentally, attributing their success to Rodderick's unwavering dedication and support. A client mentioned, "My entire view on health and wellness has shifted because of his guidance and work ethic ... We are truly **\*\*United Through Fitness\*\***!" Others have shared, "I lost 18 pounds and I'm much happier," highlighting the transformative power of Rodderick's training.

## Conclusion: Your Fitness Journey Awaits

If you are seeking a personal trainer who not only knows his craft but also works from the heart, look no further than Rodderick Jackson at **\*\*United Through Fitness\*\***. Whether you are beginning your fitness journey or looking to refine your skills, Rodderick is here to guide you every step of the way. Don't wait any longer; reach out today, and unlock your potential with a trainer who

truly cares!

**You can come to our business at**

18240 E 104th Ave, 80022 Commerce City, Colorado - United States (US)

The phone number of said **Personal trainer** is +1303-622-0660

And if you want to send a WhatsApp, you can do so at +1303-622-0660

**Our service hours are:**

Day Hours  
Monday

*Closed*

Tuesday

*4-7PM*

Wednesday

*4-6AM 4-7PM*

Thursday

*4-6AM 4-7PM*

Friday

*4-6AM 4-7PM*

Saturday

*4-6AM 4-7PM*

Sunday

*4-7AM*

The website is United Through Fitness

If you need to update any information that you think is not accurate regarding this page, please deliver a message so we can we will correct it promptly. Thank you in advance thank you very much.

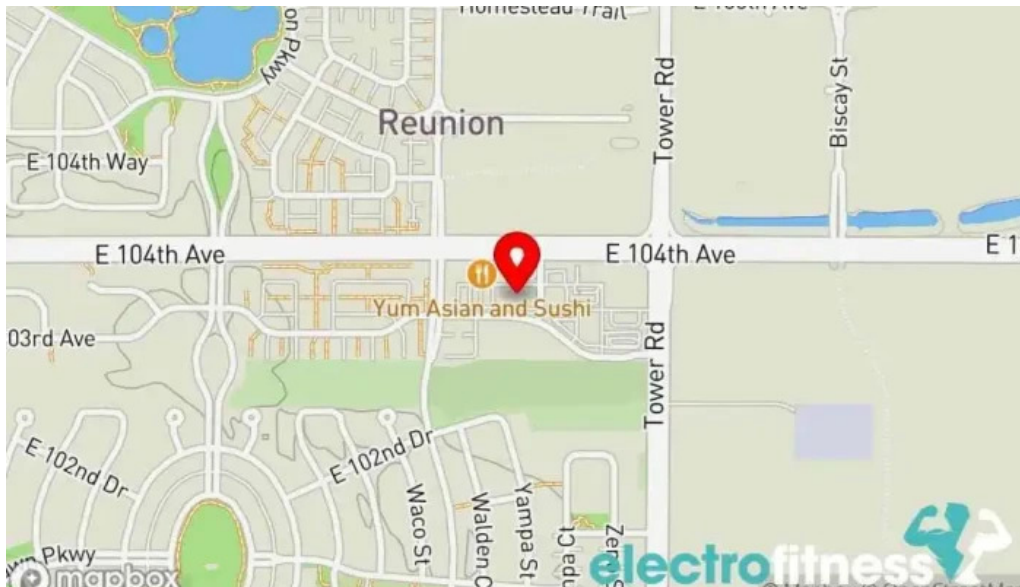
**Images**



*United through fitness street view 360deg*



*United through fitness physical fitness*



*United through fitness map*



*United through fitness commerce city*





*United through fitness by owner*



*United through fitness all*

## Tags

*Toilet, Wheelchair-accessible toilet, LGBTQ+ friendly, Planning, Transgender safe space, Appointment required, Accessibility, Appointments recommended, Wheelchair-accessible car park, Amenities, Crowd*

## Related content

---

**4.7 \*** *Rice City Gymnastics - Crowley*

---

**5.0 \*** *Whaling City Fitness - Acushnet*

---

**3.7 \*** *City Sports Club - Concord*

<b>4.3 *</b>	<i>Hub City Fitness Elite - Lafayette</i>
<b>5.0 *</b>	<i>Hub City Mma &amp; Bjj - Aberdeen</i>
<b>4.5 *</b>	<i>City of Abbeville Gymnasium - Abbeville</i>
<b>4.4 *</b>	<i>Shuler's Stable (Inside Hudson-Campbell Sports Center). - Gary</i>
<b>4.7 *</b>	<i>The Fitness Center of Havre de Grace - Havre De Grace</i>
<b>5.0 *</b>	<i>Revolution Community Yoga - Acton</i>
<b>5.0 *</b>	<i>United Athletics Fitness - Littlestown</i>

## Categories

academic department
amusement park ride
arena
association / organization
athletic club
bar
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
coffee shop
community center
convenience store
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club

golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range



shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization