

Electro Fitness: Best Electro Fitness

Linkage Strength & Fitness - De Pere

de pere



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Linkage Strength & Fitness - De Pere

Welcome to Linkage Strength & Fitness in De Pere, Wisconsin

Linkage Strength & Fitness is not just a gym; it's a community dedicated to helping individuals transform their fitness journeys. With an array of **on-site services** and **amenities**, this facility is designed to accommodate all fitness levels and needs.

Accessibility at Linkage

One of the standout features of Linkage Strength & Fitness is its commitment to **accessibility**. The gym boasts a **wheelchair-accessible entrance** and a

wheelchair-accessible toilet, ensuring that everyone can enjoy a great workout experience. Additionally, there is a **wheelchair-accessible car park** available for added convenience.

On-site Services and Amenities

At Linkage, **appointments are required** for many services, allowing for personalized attention during your workouts. The facility offers a welcoming environment where you can engage in various fitness activities. Whether you are interested in **online classes** or prefer in-person training, there's something for everyone.

Community and Support

Many members describe Linkage as a fantastic community. Testimonials highlight how the support from trainers and fellow gym-goers makes each workout enjoyable and motivating. One member noted, "I've been participating in Linkage's functional workouts for years; Dan and his team have truly transformed my fitness journey." This sense of camaraderie keeps individuals motivated to return week after week.

Planning Your Visit

For those considering a visit, it's recommended to make **appointments in advance** to ensure you receive the best training experience. The knowledgeable staff is always ready to provide guidance, assisting you in **planning** your fitness goals effectively.

Conclusion

With a focus on growth, well-being, and community, Linkage Strength & Fitness is more than just a place to workout—it's a supportive environment that helps you become the best version of yourself. Join the movement and discover why so many are saying, "Yes You Can!" #StrongerThanYesterday #ExtremelyGrateful #Anti-AgingThroughMovement.

We are established at

320 N Wisconsin St Suite 2, 54115 De Pere, Wisconsin - United States (US)

The contact line of the respective **Personal trainer** is <u>+1920-242-2993</u> And if you want to send a WhatsApp, you can do so at+1920-242-2993

You can visit us at the following hours:



5:30?AM-4?PM
Tuesday
Closed
Wednesday
Closed
Thursday
5:30?AM-7?PM
Friday
6?AM-7?PM
Saturday
5:30?AM-7?PM
Sunday
6?AM-7?PM

The website is Linkage Strength & Fitness

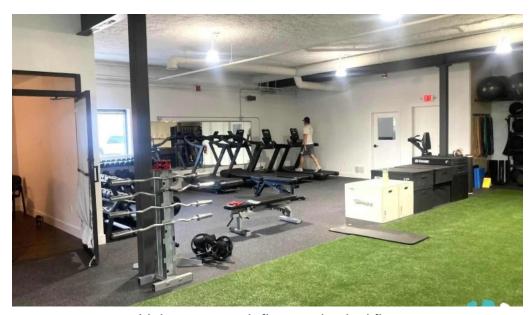
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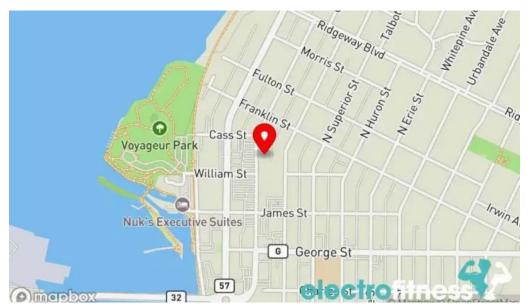
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Linkage strength fitness gym



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Tags

Wheelchair-accessible toilet, On-site services, Appointment required, Amenities, Planning, Service options, Appointments recommended, Toilet, Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park, Online classes

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rock climbing gym
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