

Carma Fitness - Denver

denver

☐ I'm not a robot 
RECAPTCHA

Published on: 14/04/25	Hits: 250
Comments: 0	See comments
Votes: 25	Score: 5

https://www.electrofitness.com/personal-trainer/denver/carma-fitness-denver_204070.php



denver

Carma Fitness - Denver

Welcome to Carma Fitness: Your Personal Trainer in Denver, Colorado

At Carma Fitness, located in the heart of Denver, Colorado, we believe that everyone deserves the opportunity to achieve their fitness goals in a supportive and inclusive environment. Our services cater to all individuals, including those who identify as LGBTQ+ and prioritize accessibility.

A Coach Who Cares

Lisa Anne, the head trainer at Carma Fitness, has garnered positive reviews for her empathetic approach. Clients have shared how she identifies potential

even when they can't see it themselves. As one client expressed, "A great coach sees your potential, even when you can't see it yourself." This supportive ethos is what sets Carma Fitness apart.

Comprehensive Services

We offer a range of services designed to meet diverse needs: - ****Online Classes****: Flexible sessions that fit your busy schedule. -

****Wheelchair-Accessible Entrance and Seating****: Ensuring everyone has access to our facilities. - ****On-Site and Outdoor Services****: Options to train indoors or enjoy the fresh air.

Planning for Accessibility

Carma Fitness takes accessibility seriously. We feature: -

****Wheelchair-Accessible Car Park****: Easy access to our gym facilities. -

****Gender-Neutral Toilets****: Promoting inclusivity for all clients. - ****Appointments Recommended****: To ensure personalized attention tailored to your goals.

A Focus on Community

Our community thrives on support and camaraderie. Our trainers understand the importance of fostering a crowd that motivates each other, ensuring no one feels alone on their fitness journey. It's vital that all our clients feel they matter; as one individual stated, "At Carma Fitness, I wasn't treated as a client but as someone who truly matters."

Client Transformations

Many clients, like those who've undergone significant life changes or challenges, have shared transformative experiences. Lisa's adaptability was praised, as she worked with clients recovering from surgeries or trying to regain strength. Her expertise in creating personalized fitness plans is a cornerstone of our success.

Meal Plans That Work

Another highlight of Carma Fitness is the easy-to-follow meal plans that cater to various dietary needs. Clients appreciate the quick, delicious recipes that help them stay on track. One member emphasized, "I managed to drop weight & inches through it all."

Final Thoughts

Carma Fitness stands out not just because of the services offered, but due to the compassionate and knowledgeable guidance of our trainers. As one of our satisfied clients noted, "She has made her program easy to follow while pushing you to be your best." Whether you're a beginner or looking to enhance your current fitness journey, Carma Fitness is the ideal choice. Join us today and take the first step toward a healthier, more confident you!

We are based in

4321 Broadway, 80216 Denver, Colorado - United States (US)

The contact phone of the mentioned **Personal trainer** is +1303-578-9664

And if you want to send a WhatsApp, you can do so at +1303-578-9664

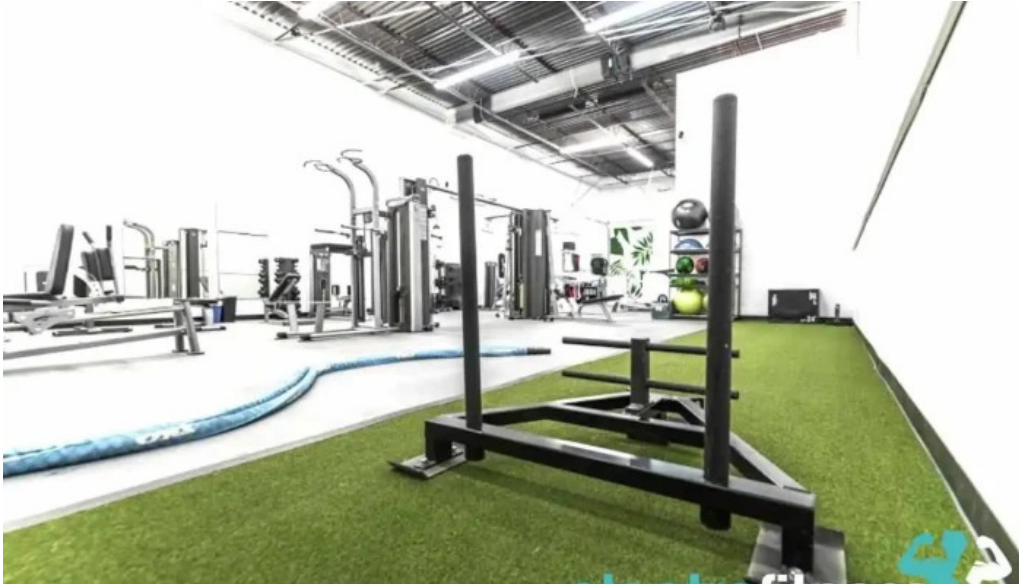
You can visit us at the following hours:

Day	Hours
Monday	Closed
Tuesday	9?AM–5?PM
Wednesday	9?AM–5?PM
Thursday	9?AM–5?PM
Friday	9?AM–5?PM
Saturday	9?AM–5?PM
Sunday	Closed

The website is Carma Fitness

If you require to update any detail that you consider is not accurate concerning this web, we ask forward a message so that we will correct it promptly. Thank you in advance thanks for your cooperation.

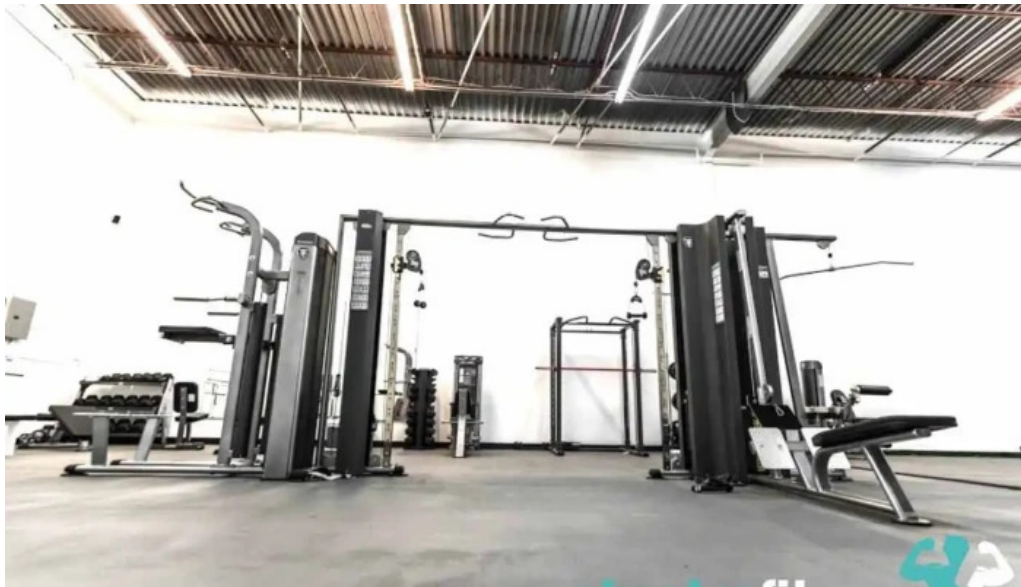
Images



Carma fitness training



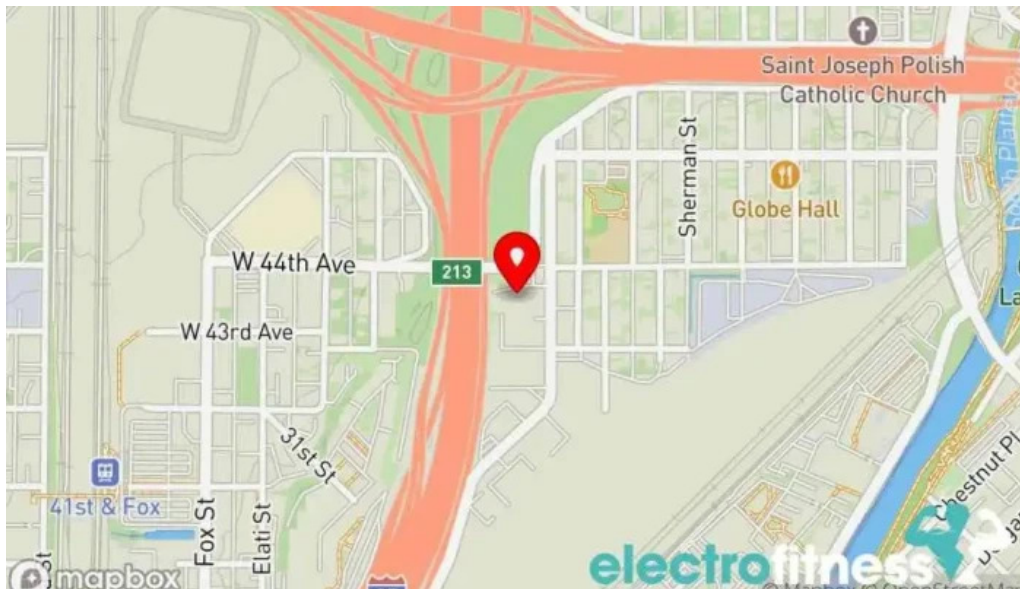
Carma fitness street view 360deg



Carma fitness physical fitness



Carma fitness personal trainer



Carma fitness map



Carma fitness gym



Carma fitness denver



Carma fitness all

Tags

LGBTQ+ friendly, From the business, Accessibility, Toilet, Appointment required, Service options, Wheelchair-accessible seating, Wheelchair-accessible car park, Identifies as women-owned, Online classes, Crowd, On-site services, Appointments recommended, Planning, Outdoor services, Wheelchair-accessible entrance, Gender-neutral toilets, Amenities

Related content

4.7 * *Pilates Denver - Englewood*

5.0 * *Big Work Training Studio - Maynard*

5.0 * *Poppy Movement & Wellness - Walnut Creek*

4.9 *	<i>Shabach Yoga Studio - Waldorf</i>
5.0 *	<i>Everfit Motion Llc - Pleasant Hill</i>
4.2 *	<i>Spenga - Valparaiso</i>
5.0 *	<i>Revolution Community Yoga - Acton</i>
5.0 *	<i>Triforce Training - Valparaiso</i>
5.0 *	<i>American Martial Arts Gym - Waldorf</i>
5.0 *	<i>United Athletics Fitness - Littlestown</i>

Categories

academic department
amusement park ride
arena
association / organization
athletic club
bar
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
coffee shop
community center
convenience store
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club

golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range

shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization