

Garage 1880 - Denver

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Welcome to Garage 1880: Your Personal Trainer Oasis in Denver

If you're searching for a personalized fitness experience that prioritizes ****accessibility**** and community, look no further than Garage 1880 in Denver, Colorado. This ****women-owned**** gym has created a welcoming environment tailored to meet the unique needs of all clients, from beginners to seasoned athletes.

Accessibility Features You Can Count On

Garage 1880 is fully equipped with a **wheelchair-accessible entrance**, ensuring everyone can access their facilities easily. The gym also features a **wheelchair-accessible car park** and several **wheelchair-accessible toilets**, making it a true haven for those with mobility challenges. Additionally, the presence of **gender-neutral toilets** reflects their commitment to inclusivity and respect for all individuals.

Exceptional On-Site Services

At Garage 1880, clients benefit from a range of on-site services designed to enhance their training experience. With personal trainers like Veronica, Lillie, and Rebekah, each client receives a customized workout program tailored to their individual goals. As highlighted by clients, these trainers excel at motivating and guiding you through every step of your fitness journey.

A Community That Cares

One of the standout features of Garage 1880 is its strong sense of community. Clients frequently express how much they enjoy their time at the gym, describing it as a close-knit family where everyone supports each other. Allie, the owner, has cultivated this atmosphere, encouraging a culture of positivity and respect. As one client stated, "It's a safe and supportive space," showcasing the appreciation for the community-oriented approach at Garage 1880.

Convenient Appointments and Amenities

For optimal training results, appointments are recommended. This ensures that each session is personalized and focused on the specific needs of clients. Furthermore, Garage 1880 prides itself on its amenities, from state-of-the-art equipment to a clean and inviting environment. Many clients have noted the gym's attention to cleanliness, describing it as one of the cleanest gyms they've experienced.

A Place for Every Fitness Journey

Whether you're looking to build strength, recover from injuries, or simply want to improve your overall well-being, Garage 1880 provides the right tools and expertise. Trainers like Allie and Veronica focus not just on the physical aspect of training but also on fostering a healthy mindset toward fitness. Their thoughtful programming ensures workouts are effective yet enjoyable, helping clients achieve their goals safely and sustainably.

Transform Your Fitness Experience Today!

If you're ready to take the next step in your fitness journey, consider booking a session at Garage 1880. With a focus on **personalized training**, convenience, and community support, you won't regret joining this empowering gym. From the exceptional trainers to the welcoming atmosphere, Garage 1880 is more than just a gym; it's a place where you can thrive.

The location of our business is in

4255 Jason St Unit B, 80211 Denver, Colorado - United States (US)

The phone of said **Personal trainer** is +1720-745-6158

And if you want to send a WhatsApp, you can do so at +1720-745-6158

Our service hours are:

Day	Hours
Monday	Closed
Tuesday	5?AM–9?PM
Wednesday	5?AM–9?PM
Thursday	5?AM–9?PM
Friday	5?AM–9?PM
Saturday	5?AM–9?PM
Sunday	Closed

The website is Garage 1880

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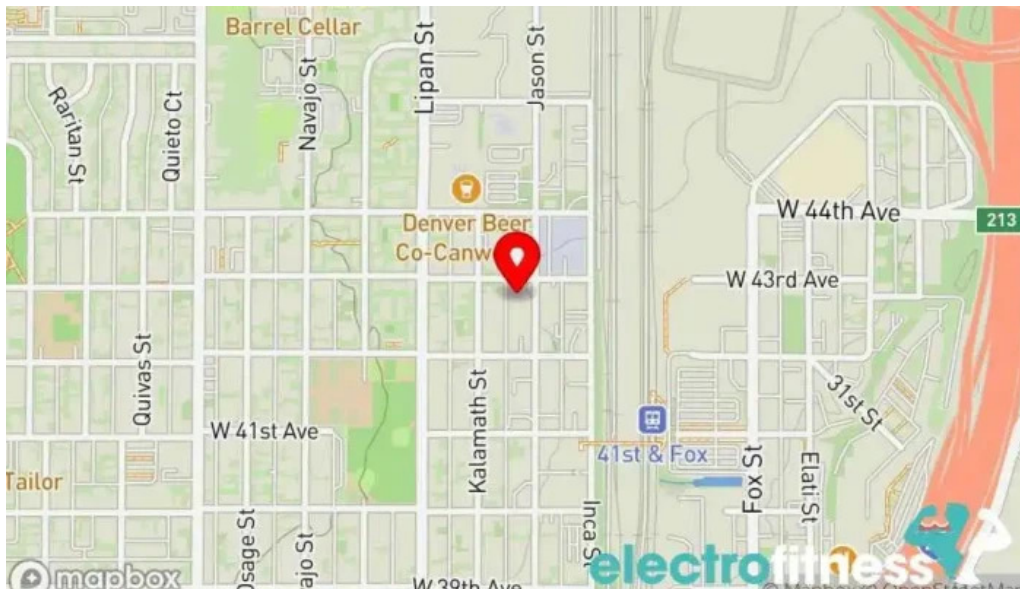
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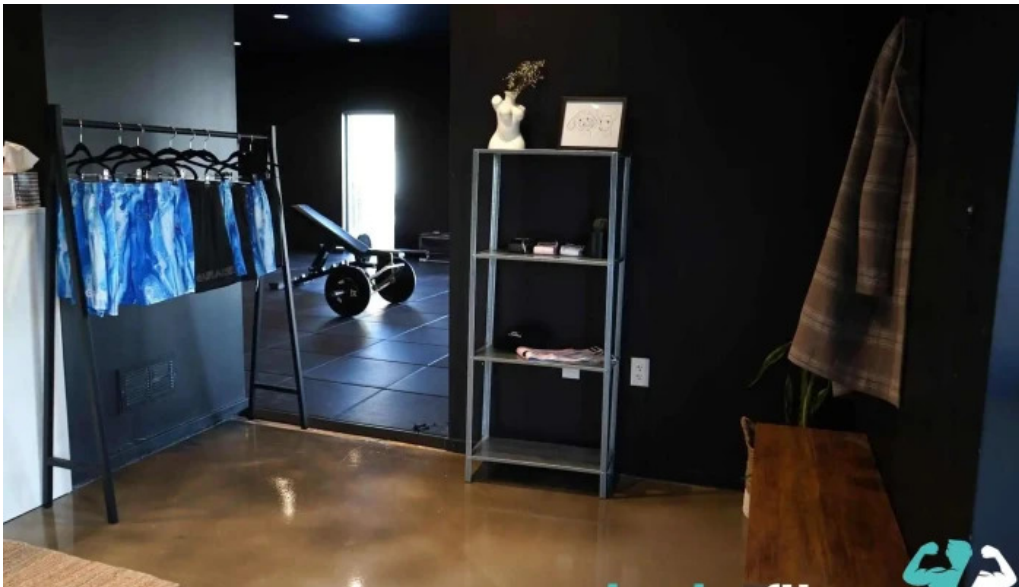
Garage 1880 map



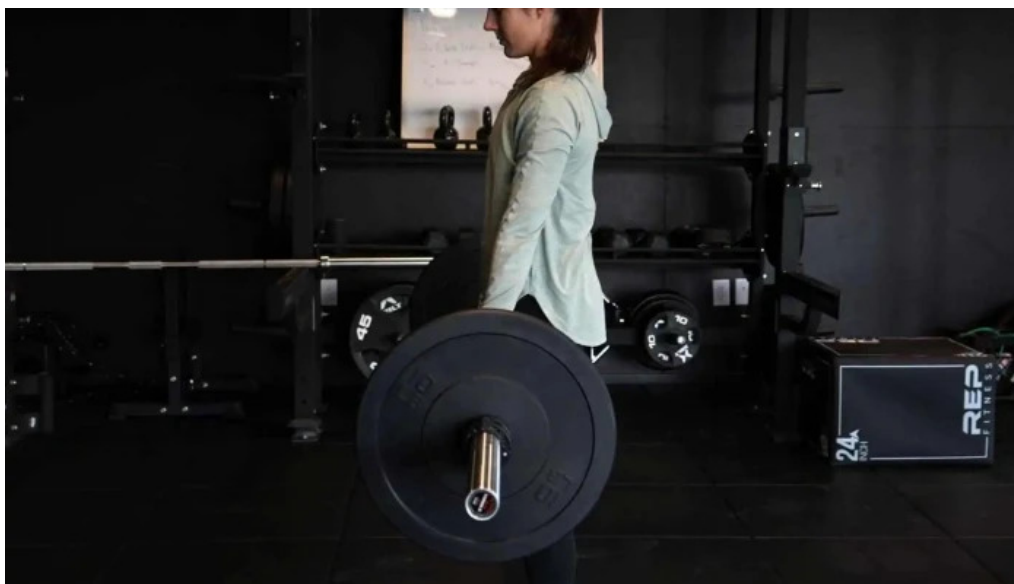
Garage 1880 gym



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Garage 1880 by owner



Garage 1880 all

Tags

Gender-neutral toilets, Identifies as women-owned, Toilet, Wheelchair-accessible toilet, Wheelchair-accessible entrance, Planning, Accessibility, Wheelchair-accessible car park, Appointments recommended, Service options, Amenities, On-site services, From the business

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