

Personal Training Fort Myers: Fitness Coach Katy Hutcherson - Fort Myers

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Personal Training in Fort Myers: Meet Katy Hutcherson

If you're searching for a personal trainer who excels in creating an inclusive and effective fitness environment, look no further than **Katy Hutcherson** at Back In Motion in Fort Myers, Florida. Katy's dedication to her clients is evident through her thoughtful approach to training.

Accessibility and Inclusivity

At Back In Motion, you will find a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that all clients, regardless of their physical abilities, can access the facilities. The gym features **gender-neutral toilets** and **wheelchair-accessible seating**, promoting a welcoming atmosphere for everyone. This center **identifies as women-owned** and ensures that it is a **transgender safe space** and **LGBTQ+ friendly**.

Personalized Training Experience

Katy is known for her ability to tailor each workout to meet individual goals. Clients praise her for being incredibly knowledgeable and patient, helping them achieve results without compromising safety. With services offered both **on-site** and via **online classes**, Katy makes fitness accessible to anyone, anytime. Appointments are required, and it's recommended to book time with her in advance to ensure personal attention.

Client Testimonials

The feedback from clients speaks volumes. One satisfied client states, "I've never been someone who enjoys going to the gym, but working with Katy has completely changed that." Her encouraging nature and fun approach have made even the most reluctant gym-goers look forward to their sessions. Another client shared, "I couldn't be happier with the personal training services provided by Katy Hutcherson." These testimonials highlight her commitment to making fitness enjoyable and effective.

Comprehensive Fitness Programs

Katy offers diverse fitness programs that adapt to varying needs, whether you're recovering from an injury or looking to improve your overall fitness. Many clients have experienced significant improvements, like regaining strength after autoimmune issues or merely achieving their fitness goals. Back In Motion also focuses on **outdoor services** and provides amenities that enhance your workout experience.

Why Choose Back In Motion?

With a holistic approach to fitness, the staff at Back In Motion, including Katy, prioritize client progress in every session. They focus on maximizing benefits tailored to individual needs while creating a supportive environment. As one client remarked, "The personal attention and knowledge I received were exactly what I needed." This level of care is echoed throughout numerous experiences

from clients of various backgrounds and fitness levels.

Conclusion

If you're ready to transform your fitness journey in a welcoming environment, contact Katy Hutcherson at Back In Motion in Fort Myers today. With dedicated support, expert guidance, and a commitment to inclusivity, Katy is here to help you reach your goals. Whether through personalized training or engaging group sessions, your path to better health starts here!

You can visit us at the address:

9400 Gladiolus Dr Suite #:202, 33908 Fort Myers, Florida - United States (US)

The phone number of the respective **Personal trainer** is +1239-932-9352

And if you want to send a WhatsApp, you can do so at +1239-932-9352

Visit us during the following hours:

Day	Hours
Monday	6?AM–5?PM
Tuesday	8?AM–12?PM
Wednesday	Closed
Thursday	6?AM–8?PM
Friday	6?AM–8?PM
Saturday	6?AM–8?PM
Sunday	6?AM–8?PM

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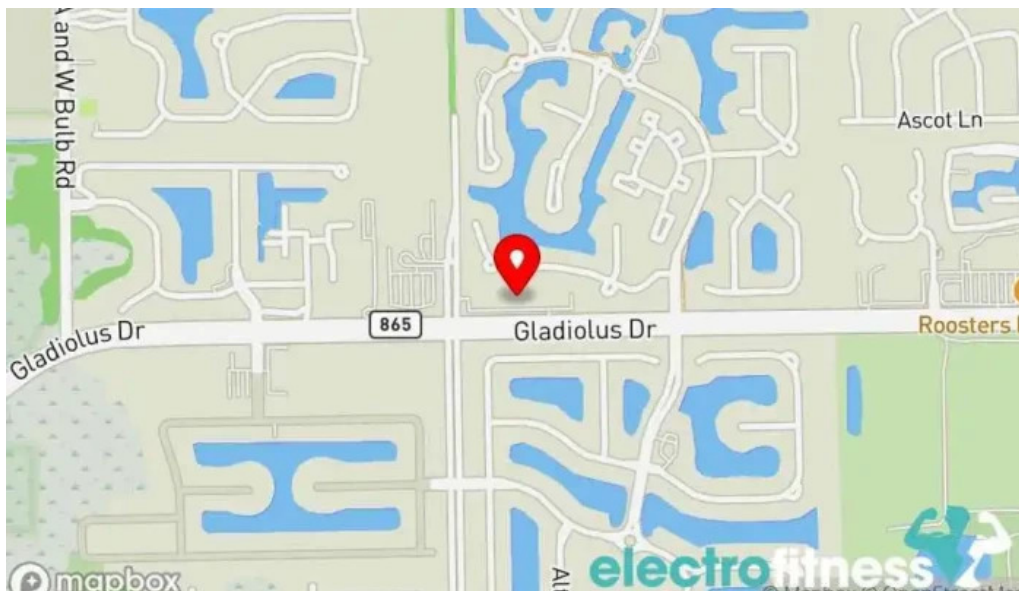
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Tags

LGBTQ+ friendly, Wheelchair-accessible seating, Gender-neutral toilets, Planning, Outdoor services, From the business, Appointments recommended, Amenities, Appointment required, Wheelchair-accessible entrance, Toilet, Crowd, Accessibility, Wheelchair-accessible car park, Transgender safe space, Online classes, On-site services, Service options, Identifies as women-owned

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