

Volt Fitness - Glen Rock

glen rock



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glen rock

Volt Fitness - Glen Rock

Discover Volt Fitness: Your Go-To Personal Trainer in Glen Rock, New Jersey

If you're searching for a top-notch personal trainer in Glen Rock, New Jersey, look no further than **Volt Fitness**. This facility excels not only in personalized training programs but also in providing an inclusive environment for individuals of all ages and abilities.

Accessibility Features

Volt Fitness is committed to accessibility, offering several features to ensure a welcoming experience for everyone. The **wheelchair-accessible car park** and **wheelchair-accessible entrance** make getting to the gym easy for those with mobility challenges. Additionally, the **wheelchair-accessible toilet** provides necessary amenities for all guests, ensuring comfort during your visit.

Amenities and Services

At Volt Fitness, you'll find an array of **amenities** designed to enhance your workout experience. With **on-site parking** and **on-site services**, convenience is a top priority. The facility boasts modern equipment, clean surroundings, and a **shower** to refresh after a workout. Safety protocols are strictly followed, with sanitation of equipment and measures in place to keep members healthy.

Personal Training Programs

With a team of friendly and knowledgeable trainers, Volt Fitness offers personalized training tailored to your specific goals. Whether you're interested in weight loss, building strength, or improving coordination, trainers like **Jon Marciani** and **Joe Duardo** are dedicated to helping you succeed. Clients appreciate the flexibility in scheduling sessions that accommodate their busy lives, making **appointments required** yet convenient.

Your Fitness Journey

Clients have reported remarkable transformations at Volt Fitness. From easing physical aches to enhancing athletic performance, the trainers foster an encouraging atmosphere where everyone feels welcome. Trainers take the time to understand individual needs, creating customized workouts that drive results.

Online Classes

For those unable to attend in person, **online classes** are offered, allowing you to stay active from the comfort of your home. This flexibility ensures that no one has to miss out on maintaining their fitness journey.

Community and Support

Volt Fitness is more than just a gym; it's a community. The supportive environment empowers both kids and adults to reach their potential while having fun. Programs for children, especially those with special needs, are tailored to help them build confidence and teamwork skills through engaging activities.

Final Thoughts

In conclusion, if you're looking for effective personal training in Glen Rock, NJ, consider Volt Fitness. With a commitment to accessibility, personalized training, and a welcoming atmosphere, it's the perfect place to achieve your fitness goals. Experience the best of personal training—book your appointment today!

We are at

566 S Broad St, 07452 Glen Rock, New Jersey - United States (US)

The phone number of said **Personal trainer** is +1201-857-3800

And if you want to send a WhatsApp, you can do so at +1201-857-3800

We are available at these times:

Day	Hours
Monday	Closed
Tuesday	5:30?AM–9?PM
Wednesday	5:30?AM–9?PM
Thursday	5:30?AM–9?PM
Friday	5:30?AM–9?PM
Saturday	5:30?AM–8?PM
Sunday	6:30?AM–5?PM

The website is Volt Fitness

In case you want to change any element that you feel is not correct related to this portal, we kindly request deliver a message so we can we will handle it promptly. In advance thanks for your cooperation.

Images



Volt fitness where



Volt fitness training



Volt fitness street view 360deg



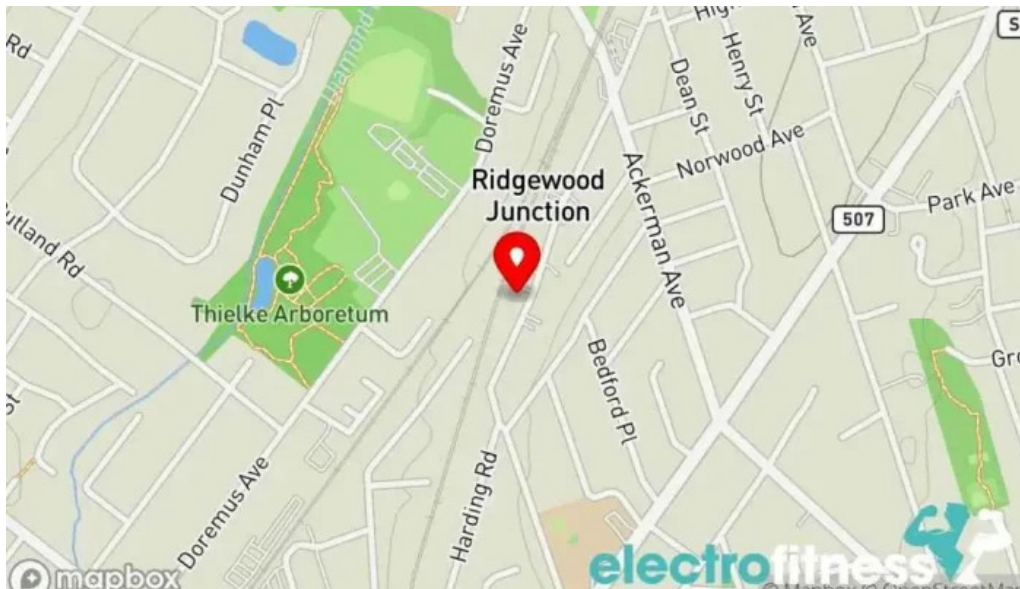
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Volt fitness physical fitness



Volt fitness personal trainer



Volt fitness map



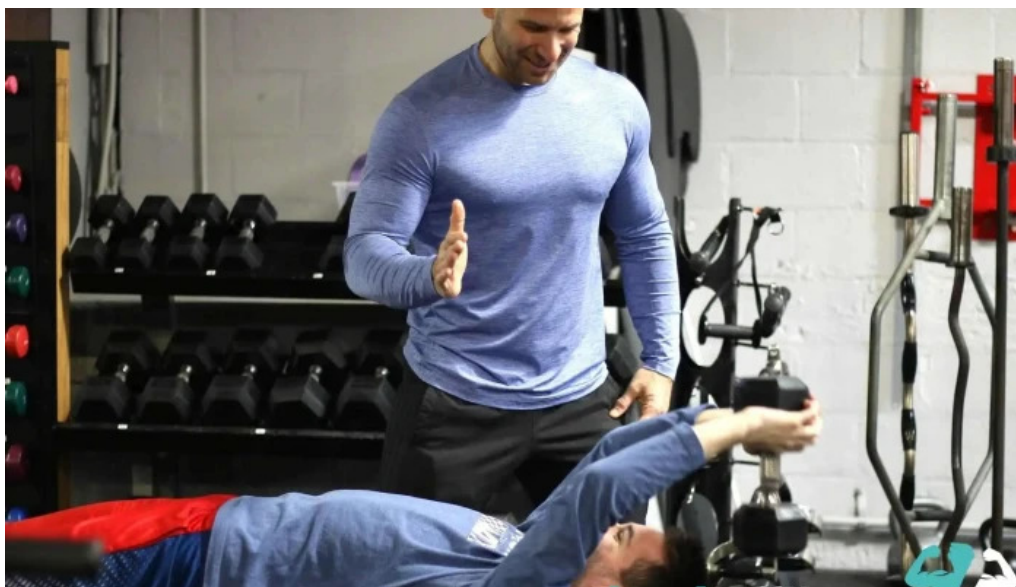
Volt fitness gym



Volt fitness glen rock



Volt fitness by owner



Volt fitness all



Volt fitness address

Tags

Service options, Atmosphere, Wheelchair-accessible entrance, Parking, Online classes, Appointment required, On-site parking, Amenities, Wheelchair-accessible toilet, Planning, On-site services, Shower, Accessibility, Toilet, Wheelchair-accessible car park

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gymnasium school
gymnastics center
gymnastics club
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psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park

sauna
school
school district office
self defense school
senior citizen center
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