


Nexus Health Fitness - Grass Valley

grass valley

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Published on: 21/05/25	Hits: 11
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Nexus Health Fitness: A Welcoming Personal Trainer Experience in Grass Valley, California

At ****Nexus Health Fitness****, accessibility is a top priority. The facility is designed to cater to individuals of all abilities, ensuring everyone can pursue their fitness journey comfortably and confidently.

Accessibility Features

Nexus Health Fitness boasts several ****accessibility features**** to make it an

inclusive environment: - ****Wheelchair-accessible entrance****: The entrance is designed for easy access, allowing individuals using wheelchairs to enter the gym without any obstacles. - ****Wheelchair-accessible car park****: Ample parking spaces are available for those who need them, making it convenient for clients with mobility challenges to visit. - ****Toilet facilities****: The gym provides accessible toilet facilities, ensuring that all members can utilize the amenities comfortably.

Amenities That Enhance Your Workout Experience

Beyond its impressive accessibility features, Nexus Health Fitness offers a variety of ****amenities**** that contribute to a positive experience for all its members. The gym is well-equipped with modern workout equipment and a welcoming atmosphere, making it an ideal place for personal training.

Training Excellence with Coleman Welch

One of the standout trainers at Nexus Health Fitness is ****Coleman Welch****, who has been helping clients achieve their fitness goals for over seven years. His commitment to his clients is evident in the positive feedback he receives: "Coleman Welch has been helping me with my fitness goals for over 7 years now. He's kind, adaptive, and knowledgeable. He's always motivating his clients, spreading positivity and trying new things." Coleman's dedication has made him a valuable asset to Nexus Health Fitness, and his reputation speaks volumes. As the youngest Master Trainer in the history of the National Academy of Sports Medicine, his expertise sets a high standard for personal training.

Why Choose Nexus Health Fitness?

Choosing Nexus Health Fitness means investing in a supportive environment where trainers like Coleman Welch prioritize your success. With its focus on ****accessibility****, knowledgeable staff, and comprehensive amenities, it's the perfect place to begin or continue your fitness journey—no matter your individual needs. In conclusion, if you're in Grass Valley, California, and looking for a personal trainer who emphasizes inclusivity while providing top-notch training, look no further than Nexus Health Fitness. The combination of accessibility features and an expert trainer makes it a standout choice in the community.

Our business is at

11882 Tammy Way, 95949 Grass Valley, California - United States (US)

The phone of said **Personal trainer** is +1530-615-6701

And if you want to send a WhatsApp, you can do so at +1530-615-6701

Our public attention hours are:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

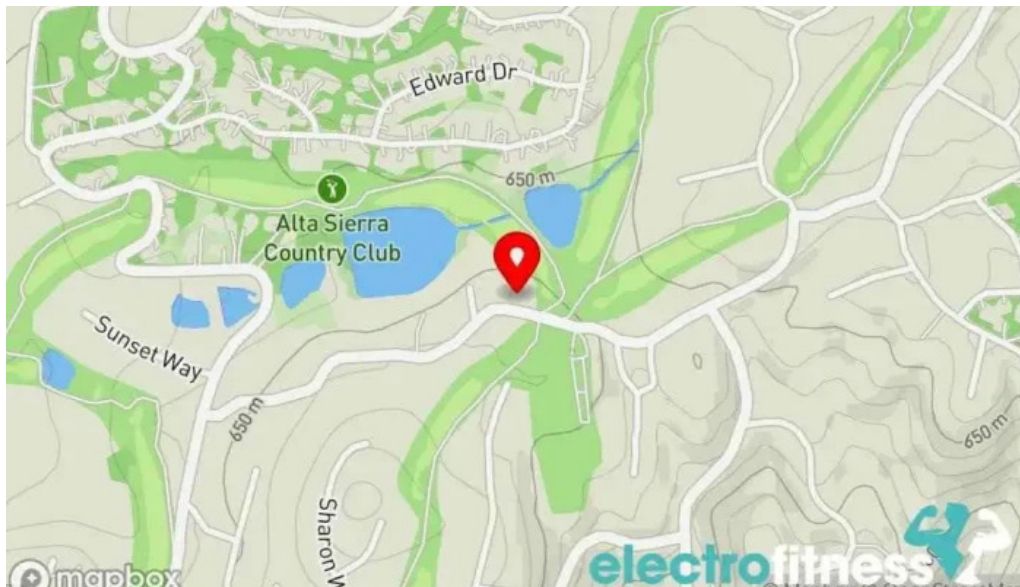
The website is [Nexus Health Fitness](#)

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Images



Nexus health fitness personal trainer



Nexus health fitness map



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Tags

Accessibility, Toilet, Wheelchair-accessible car park, Amenities, Wheelchair-accessible entrance

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