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Workhorse Gym - Kokomo

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Workhorse Gym - Kokomo

Workhorse Gym: A Veteran-Owned Fitness Haven in Kokomo, Indiana

If you're searching for a welcoming and inclusive gym experience, **Workhorse Gym** in Kokomo, Indiana is the perfect fit. As a veteran-owned establishment, it offers a range of **service options** that cater to a diverse clientele. Here, members can enjoy various amenities such as **gender-neutral toilets**, **transgender safe spaces**, and **wheelchair-accessible seating**.

Accessibility and Amenities

Accessibility is a priority at Workhorse Gym. With features like wheelchair-accessible entrances and a wheelchair-accessible car park, everyone can feel comfortable and confident while working on their fitness goals. The gym also boasts on-site parking, including a free parking lot, making it easy for members to access the facilities.

A Supportive Community

The atmosphere at Workhorse Gym fosters a strong sense of community. Members join not only for the exceptional training but also for the uplifting environment. Clients have shared experiences highlighting the encouragement from trainers and fellow members. One member remarked, "The trainers are there to help me to improve my health... Everyone is friendly and has a smile and words of encouragement for every step of improvement."

Professional Coaching Tailored to Your Needs

At Workhorse Gym, you can expect personalized coaching that focuses on your unique health needs and fitness goals. With a team of knowledgeable trainers, including Ron and Abbey, members receive tailored guidance and support. One client stated, "If you are anything like me... don't worry about the price or the time needed to attend, there's a plan that will work for you." This dedication to individualized care sets Workhorse apart from standard commercial gyms.

Group Classes and Online Services

For those looking to diversify their workouts, Workhorse Gym offers engaging group classes that promote strength and well-being. Additionally, online classes are available, providing flexibility for those with busy schedules. Members appreciate the variety, with options focusing on women's strength, yoga, and more. A satisfied member expressed, "These classes thru the week keep me focused towards my goals. You won't regret it!"

LGBTQ+ Friendly Environment

Workhorse Gym prides itself on being an **LGBTQ+ friendly** space where everyone can feel safe and supported. The gym's commitment to inclusivity is evident in its accessible amenities and positive community interactions. Many members have expressed feeling accepted and encouraged, further enhancing the supportive culture.

Why Choose Workhorse Gym?

Choosing Workhorse Gym means stepping into a place dedicated to your fitness journey. "It is the kind of place you actually want to workout! Challenging, yet uplifting!" emphasizes the motivating atmosphere found within its walls. By becoming a part of this community, you'll not only achieve your fitness goals but foster lasting friendships along the way.

Whether you're new to fitness or looking to take your training to the next level, Workhorse Gym is ready to support your journey. With a variety of amenities, personalized coaching, and a welcoming environment, it's the ideal place to transform your health and well-being.

Our location is in

1301 W Mulberry St, 46901 Kokomo, Indiana - United States (US)

The contact phone of the mentioned **Personal trainer** is <u>+1765-357-8565</u> And if you want to send a WhatsApp, you can do so at<u>+1765-357-8565</u>

You can visit us at the following hours:

Day Hours
Monday
6?AM-7?PM
Tuesday
6?AM-7?PM
Wednesday
6?AM-7?PM
Thursday
7?AM-12?PM
Eriday
Closed
Saturday
6-11?AM
Sunday
6?AM-7?PM

The website is Workhorse Gym

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Tags

From the business, Toilet, On-site parking, Transgender safe space, Identifies as veteran-owned, Wheelchair-accessible seating, Online classes, On-site services, Amenities, Accessibility, Gender-neutral toilets, Wheelchair-accessible car park, Free parking lot, Service options, Crowd, LGBTQ+ friendly, Parking, Wheelchair-accessible entrance

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medical group
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