

Electro Fitness: Best Electro Fitness

#### **Aumen Performance - Littlestown**

littlestown



Published on: 11/04/25	Hits: 44
Comments: 0	See comments
Votes: 4	Score: 5

https://www.electrofitness.com/personal-trainer/littlestown/aumen-performance-littlestown\_199743.ph

p



### littlestown

## Aumen Performance - Littlestown

# Discover Aumen Performance: Your Premier Personal Training Destination in Littlestown, Pennsylvania

If you're looking for a personalized fitness experience, **Aumen Performance** in Littlestown, Pennsylvania, is the place to be. Led by the knowledgeable and

dedicated trainer Kyle Aumen, this facility caters to all fitness levels, whether you're a young athlete or an adult eager to achieve your fitness goals.

#### **Accessibility Features at Aumen Performance**

Aumen Performance is committed to providing an inclusive environment. Here are some of the key **accessibility features** that make it easier for everyone to reach their fitness potential:

reach their fitness potential: Wheelchair-accessible car park: Visitors can easily access the parking facilities without any barriers. Wheelchair-accessible entrance: The entrance is designed to accommodate those with mobility challenges.

Wheelchair-accessible toilet: Clean and accessible restrooms are available on-site for all guests.

#### **On-Site Services and Amenities**

Aumen Performance offers a range of **on-site services** to enhance your training experience: **Appointments recommended:** To ensure personalized attention, it's advisable to schedule your sessions in advance. **Service options:** Various training programs are available, tailored to meet individual goals and needs. **Online classes:** For those who prefer to train at home, Aumen Performance provides online class options that cater to different fitness levels.

#### Why Choose Aumen Performance?

With numerous clients praising his expertise and dedication, Kyle Aumen is well-regarded in the fitness community. As one client noted, "Kyle knows his stuff," demonstrating his ability to inspire and guide individuals to attain their desired fitness levels.

## Plan Your Visit Today!

If you're ready to transform your fitness journey, consider visiting Aumen Performance. With its emphasis on **accessibility** and commitment to quality service, you can trust that your fitness goals will be in capable hands.

#### Our business is found at

940 Littlestown Rd, 17340 Littlestown, Pennsylvania - United States (US)

The contact phone of the respective **Personal trainer** is <u>+1717-353-6071</u> And if you want to send a WhatsApp, you can do so at+1717-353-6071

## We are open during the following hours:

Day Hours Monday 9?AM-9?PM Tuesday 9?AM-9?PM Wednesday Closed Thursday Closed Eriday 9?AM-9?PM Saturday 9?AM-9?PM Sunday 9?AM-9?PM

If you require to update any detail that you believe is not precise about this site, we kindly request send us a message and we will handle it at the earliest convenience. Thanks beforehand thanks.

# **Images**



Aumen performance physical fitness



Aumen performance map



Aumen performance littlestown



Aumen performance by owner



Aumen performance all

# **Tags**

Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible toilet, Amenities, Online classes, Planning, Appointments recommended, Service options, On-site services, Toilet, Wheelchair-accessible car park

#### **Related content**

- 5.0 \* United Athletics Fitness Littlestown
- 5.0 \* Inspired Performance Fitness Studio Lafayette

4.9 \* Peak Performance Colorado Llc - Littleton
5.0 \* Raw Sports Performance - Walnut Creek
5.0 \* Kinetic Performance Fitness - White Plains
5.0 \* Tm Total Performance - Acton
5.0 \* Beyond Fitness and Performance - Highlands Ranch
5.0 \* Impower Sports Performance and Rehab - Walnut Creek
5.0 \* Aspire Athletic Performance Llc - Westford
4.9 \* Cressey Performance - Hudson

# **Categories**

academic department
amusement park ride
arena
association / organization
athletic club
bar
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
coffee shop
community center
convenience store
country club
coworking space
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center

golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school

shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
weightlifting area
wellness center
wellness program
yoga instructor
yoga studio
youth organization