

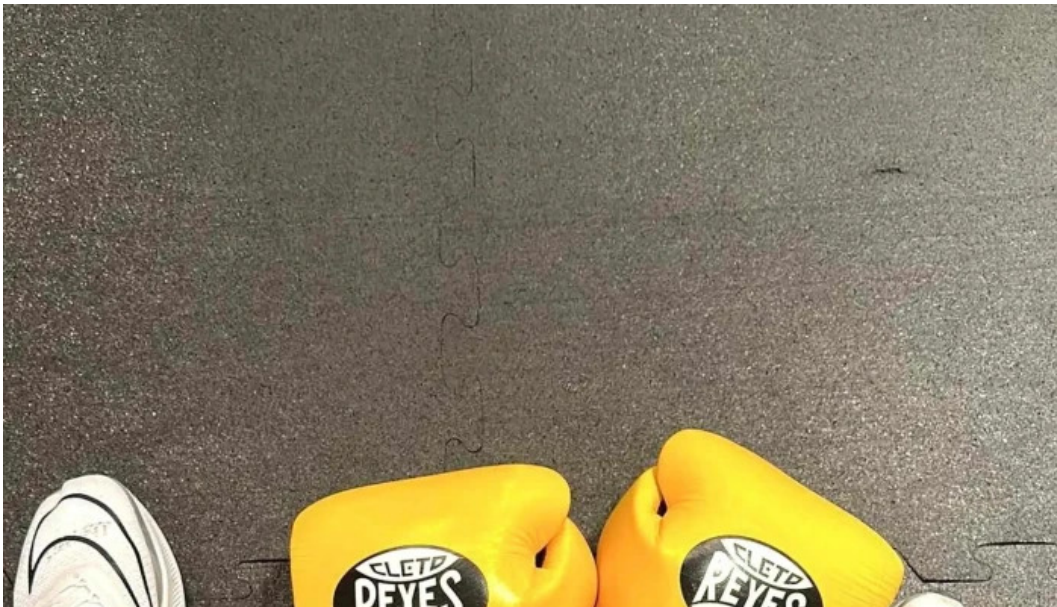
Jhm Boxing Coach - Miami

miami

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miami

Jhm Boxing Coach - Miami

Discover JHM Boxing Coach: Your Personal Trainer in Miami, Florida

Are you looking to elevate your fitness journey through boxing? Meet ****Jhon Matos****, an exceptional personal trainer at JHM Boxing in Miami, Florida. Known for his dedication and expertise, Jhon's coaching style motivates clients to push beyond their limits while ensuring a positive and supportive environment.

Service Options at JHM Boxing

At JHM Boxing, clients can choose from various ****service options**** tailored to

meet individual needs. Whether you are a beginner or an experienced boxer planning to compete, Jhon offers personalized training sessions that focus on technique, strength, and overall fitness.

Amenities for a Comprehensive Training Experience

JHM Boxing boasts impressive **amenities** that enhance your training experience: - **Wheelchair-accessible entrance and car park** for easy access. - **Toilet facilities** to ensure comfort during your visit. - Options for **outdoor services**, perfect for those who enjoy fresh air while working out. - **On-site services**, including nutritional advice and mental conditioning.

Appointments Recommended for Personalized Coaching

To fully benefit from Jhon's expertise, booking an **appointment is required**. This ensures that each session is focused and efficient, allowing Jhon to tailor workouts according to your specific goals. Clients have consistently praised his ability to provide **online classes** for those unable to attend in person, making training accessible anytime, anywhere.

Accessibility and Inclusivity

JHM Boxing emphasizes **accessibility** for everyone, including individuals with disabilities. With a **wheelchair-accessible car park** and entrance, the facility welcomes all clients to embark on their fitness journeys without hurdles.

Planning Your Training Journey

In planning your training at JHM Boxing, you'll find that **appointments are recommended** to ensure optimal results. Preparing for a session with Jhon means taking the first step towards achieving your fitness aspirations, whether weight loss, improved technique, or preparing for a fight.

Why Choose JHM Boxing with Jhon Matos?

Training with Jhon not only promises improvement in boxing skills but also offers holistic benefits such as increased confidence and discipline. Clients have shared that they have experienced significant transformations under his guidance, both physically and mentally. Many have lost weight, gained strength, and enhanced their boxing skills thanks to Jhon's tailored approach. With his positive energy and genuine passion for helping others succeed, Jhon Matos stands out as one of the best in the boxing community. Discover the powerful combination of expert training and a supportive atmosphere at JHM Boxing—your journey to becoming a better version of yourself starts here!

The location of our business is in

245 NE 14th St, 33132 Miami, Florida - United States (US)

The contact line of said **Personal trainer** is +1786-320-1134

And if you want to send a WhatsApp, you can do so at [+1786-320-1134](https://www.whatsapp.com/business/contact?phone=17863201134)

Our opening hours are:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is [JHM Boxing Coach](https://www.jhmboxingcoach.com)

If you wish to change any detail that you think is incorrect regarding this site, we kindly request send a message so we can we will fix it at the earliest convenience. Thank you in advance thank you very much.

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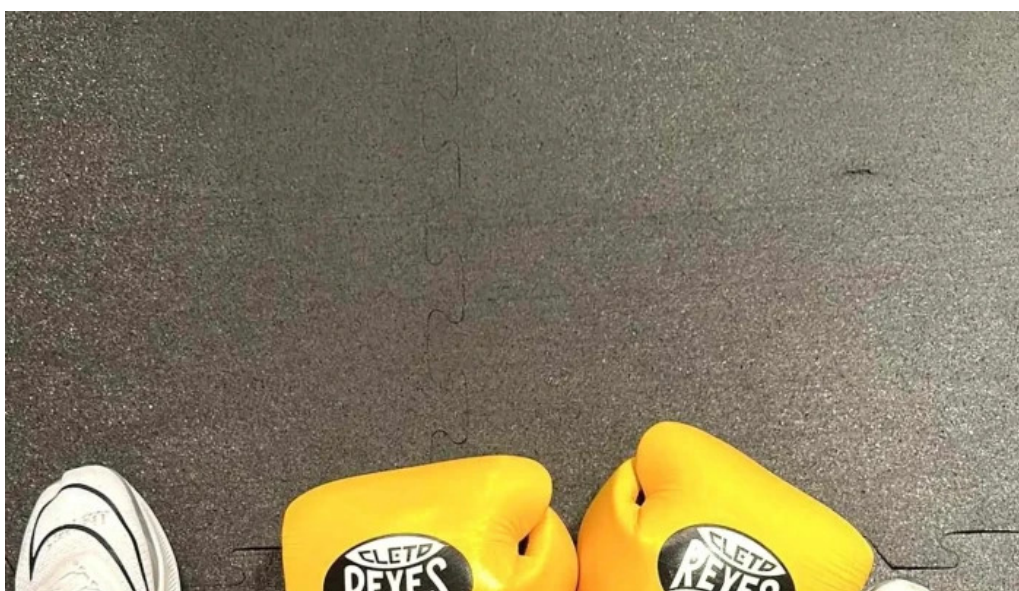
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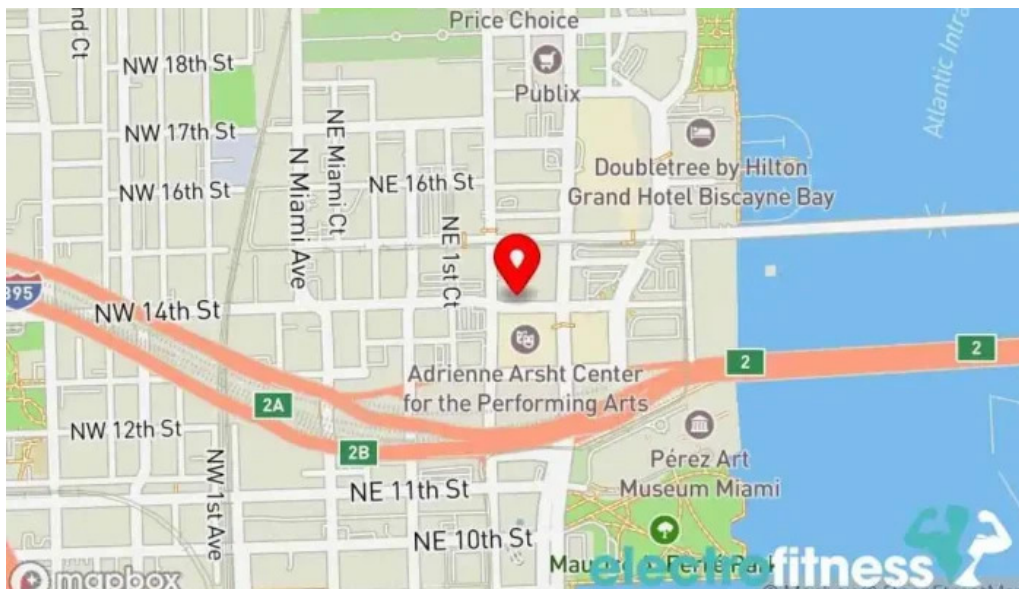
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Tags

Toilet, Appointment required, Online classes, Accessibility, Wheelchair-accessible entrance, On-site services, Wheelchair-accessible car park, Service options, Outdoor services, Planning, Amenities, Appointments recommended

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