

Custom Fit / Personal Fitness Trainer - Minden

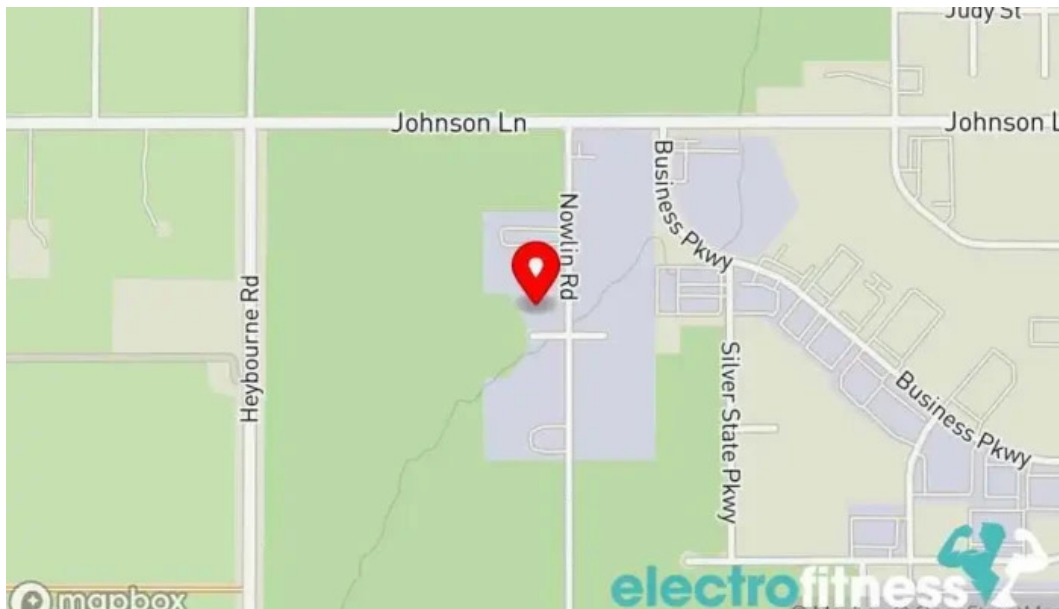
minden

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minden

Custom Fit / Personal Fitness Trainer - Minden

Discover Custom Fit: Your Local Personal Fitness Trainer in Minden, Nevada

If you're looking to kickstart your fitness journey or enhance your current regimen, ****Custom Fit**** in Minden, Nevada, is the perfect place for you. With a focus on personalized training plans and accessibility for all clients, this personal trainer stands out in the community.

Comprehensive Planning for Individual Needs

At Custom Fit, every client receives a tailored fitness program. The trainers prioritize understanding your personal goals, whether it's weight loss, muscle gain, or overall health improvement. ****Planning**** your workouts has never been easier with expert guidance.

Exceptional Amenities for All Clients

Custom Fit is designed with inclusivity in mind. The facility features a ****wheelchair-accessible toilet**** and a ****wheelchair-accessible entrance****, ensuring that everyone can work out comfortably. The ****wheelchair-accessible car park**** allows for easy access, making it convenient for those with mobility challenges.

Convenient Appointments Recommended

To provide the best experience, it is ****recommended to make appointments**** in advance. This ensures that you receive dedicated time with a personal trainer who can give you their full attention. Scheduling a session at Custom Fit allows for more focused training and better results.

Focus on Accessibility

At Custom Fit, accessibility is a priority. The facility is equipped with all necessary features to accommodate individuals with disabilities. From accessible fitness equipment to trained staff ready to assist, Custom Fit aims to create a welcoming environment for everyone.

Join the Custom Fit Community Today!

Ready to transform your fitness journey? Visit Custom Fit in Minden, Nevada, where you'll find a supportive atmosphere and dedicated trainers ready to help you achieve your goals. Don't forget to plan your visit and enjoy the stellar amenities designed for optimal comfort and accessibility.

The business is situated at

1166 Annie Ct A, 89423 Minden, Nevada - United States (US)

The phone number of this **Personal trainer** is +1775-267-3559

And if you want to send a WhatsApp, you can do so at +1775-267-3559

We are available at these times:

Day Hours
Monday
8?AM–6:30?PM
Tuesday

8?AM–6:30?PM

Wednesday

8?AM–6:30?PM

Thursday

8?AM–6:30?PM

Friday

8?AM–4?PM

Saturday

Closed

Sunday

Closed

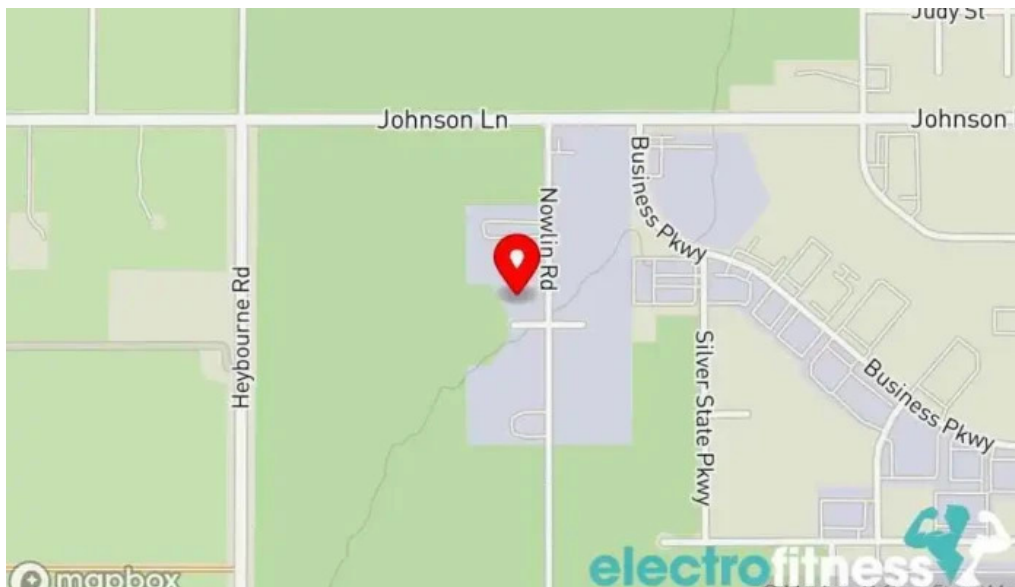
The website is [Custom Fit / Personal Fitness Trainer](#)

If you wish to adjust any information that you believe is not accurate regarding this page, we ask send a message so we can we will correct it promptly. In advance thank you very much.

Images



Custom fit personal fitness trainer minden



Custom fit personal fitness trainer map

Tags

Wheelchair-accessible car park, Amenities, Appointments recommended, Accessibility, Planning, Wheelchair-accessible toilet, Toilet, Wheelchair-accessible entrance

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health consultant
health food restaurant
health food store
health spa
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karate school
kennel
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kinesiotherapist
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medical group
medical spa
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muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
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parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
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spa and health club

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sports club
sports complex
sports massage therapist
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sports nutrition store
sports school
summer camp organizer
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swimming facility
swimming instructor
swimming pool
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weight loss service
weightlifting area
wellness center
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women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
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