

## Panthro Fitness - Pittsburgh

pittsburgh

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### *Panthro Fitness - Pittsburgh*

#### **Discover Panthro Fitness: Your Premier Personal Training Destination in Pittsburgh, Pennsylvania**

Panthro Fitness stands out as a premier personal training facility in Pittsburgh, Pennsylvania, offering a unique blend of community spirit and expert coaching. With a focus on personalized fitness experiences, it caters to individuals of all ages and fitness levels, ensuring everyone feels welcomed and supported.

#### **Amenities That Enhance Your Experience**

At Panthro Fitness, members enjoy a range of top-notch **\*\*amenities\*\***

designed for convenience and comfort: - **Toilet Facilities**: Clean and accessible toilet facilities are available for all members. -

**Wheelchair-accessible Toilet**: Ensuring inclusivity for everyone, the gym provides wheelchair-accessible toilet facilities. - **Wheelchair-accessible Car Park**: The car park is also wheelchair accessible, making it easy for all members to access the gym. - **Wheelchair-accessible Entrance**: Accessibility is a priority, with a wheelchair-accessible entrance to the facility.

## **Why Appointments Are Recommended**

While walk-ins are welcome, **appointments are recommended** for those seeking personalized attention. The small class sizes (typically 10-12 participants) allow trainers to provide individualized coaching and adjustments based on personal goals and fitness levels. This ensures that each workout remains engaging and effective, adapting to the needs of every participant.

## **Planning Your Fitness Journey**

When you join Panthro Fitness, meticulous **planning** is a key component of success. Coaches take the time to understand each member's fitness history and aspirations. They craft tailored workout plans that evolve over time, ensuring progressive challenges while keeping workouts fresh and exciting.

## **Community Spirit and Support**

One of the standout features at Panthro Fitness is its strong sense of community. Members describe the atmosphere as welcoming and family-like, where encouragement is abundant. Whether you're participating in high-energy boot camps or strength training sessions, the camaraderie helps eliminate intimidation often felt in traditional gyms. Reflecting on their experience, numerous members have praised the coaches' expertise and commitment to each individual's journey. As one member noted, "I was new to working out and nervous about starting something new, but everyone is so helpful and made me feel welcome." The positive environment fosters not just physical transformation, but emotional growth as well.

## **Commitment to Accessibility**

Panthro Fitness is dedicated to providing an environment where everyone can thrive. Their **wheelchair-accessible** facilities ensure that all individuals, regardless of ability, can participate fully in their fitness journeys. From entry to workout space, the gym is designed with accessibility in mind.

## **Conclusion: Join the Panthro Fitness Family**

With its diverse range of classes, skilled trainers, and emphasis on community, Panthro Fitness offers more than just a place to work out; it's a supportive community rooted in achieving personal health goals. If you're ready to elevate your fitness routine and be part of an empowering community, consider booking

your first session. **\*\*Appointments are recommended\*\*** to experience everything this remarkable gym has to offer, ensuring every visit is personalized, impactful, and enjoyable.

### **You can find us in**

3117 Penn Ave, 15201 Pittsburgh, Pennsylvania - United States (US)

The phone of this **Personal trainer** is +1724-288-1017

And if you want to send a WhatsApp, you can do so at +1724-288-1017

### **Our opening hours are:**

Day Hours  
Monday  
Closed  
Tuesday  
6?AM–8?PM  
Wednesday  
6?AM–8?PM  
Thursday  
6?AM–8?PM  
Friday  
6?AM–8?PM  
Saturday  
6?AM–7?PM  
Sunday  
8?AM–1?PM

The website is Panthro Fitness

If you wish to update any information that you believe is not accurate about this web, we kindly request forward a message and we will adjust it at the earliest convenience. Thanks beforehand we appreciate it.

## **Images**



*Panthro fitness videos*



*Panthro fitness training*





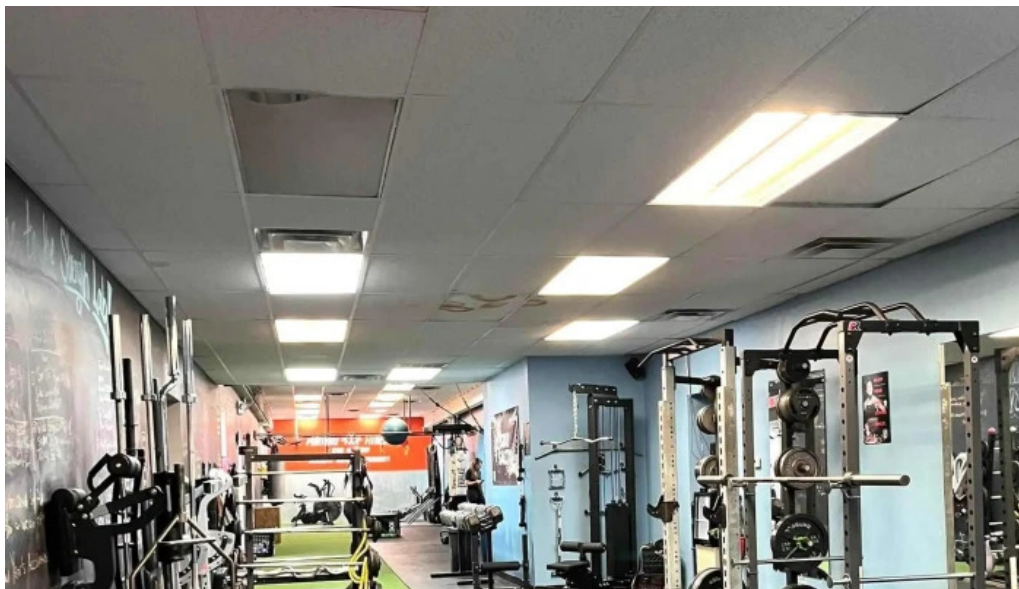
*Panthro fitness street view 360deg*



*Panthro fitness schedule*



*Panthro fitness promotion*

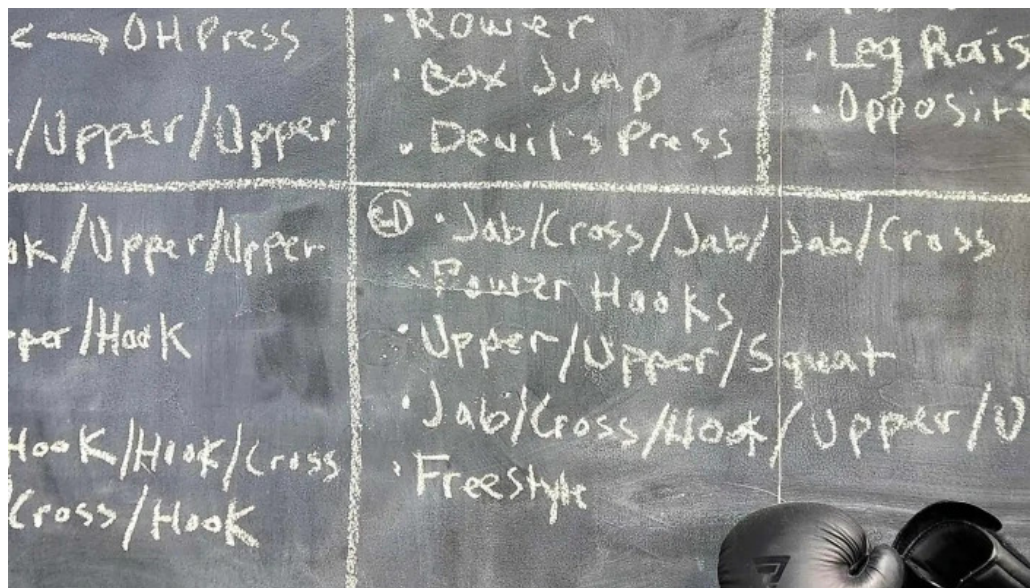


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*Panthro fitness physical fitness*



*Panthro fitness personal trainer*



*Panthro fitness map*

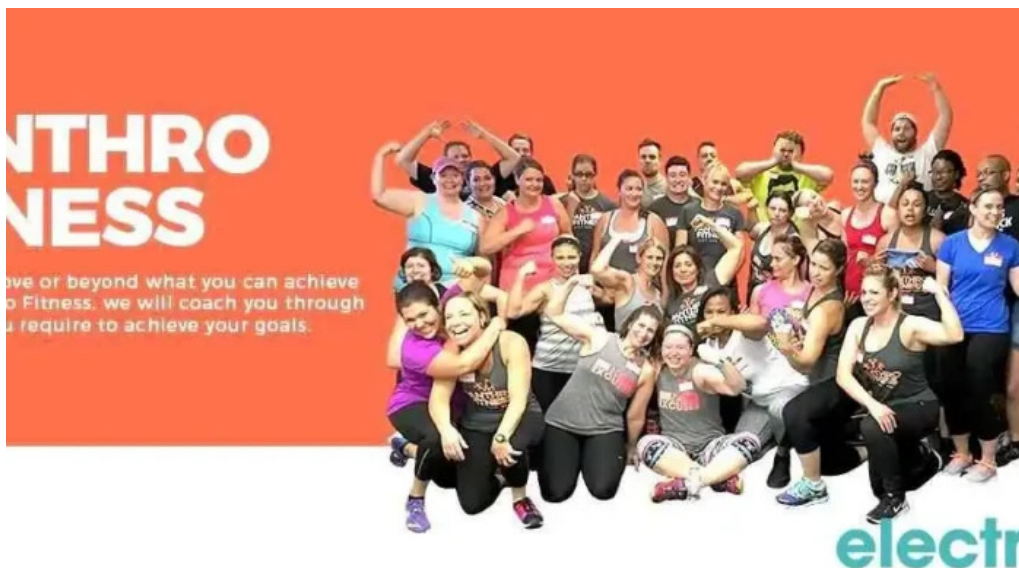


*Panthro fitness location*





*Panthro fitness by owner*



*Panthro fitness all*

## Tags

*Planning, Wheelchair-accessible toilet, Wheelchair-accessible entrance, Appointments recommended, Toilet, Accessibility, Amenities, Wheelchair-accessible car park*

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animal feed store
apartment building
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auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
college
community center

convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
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karate club
karate school
kennel
kickboxing school



kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company

spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's organization
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wrestling school
yoga instructor
yoga studio
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