

The Exercise Coach Shadyside Pa - Pittsburgh

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The Exercise Coach Shadyside Pa - Pittsburgh

The Exercise Coach: Your Premier Personal Trainer in Shadyside, PA

If you're looking to improve your fitness journey in Pittsburgh, particularly in the Shadyside area, ****The Exercise Coach**** could be just what you need. This personal training facility offers specialized coaching designed for efficiency and effectiveness.

Location and Accessibility

Conveniently located, The Exercise Coach provides easy access to its

facilities, but it's important to note the availability of ****paid multi-storey car park**** options nearby. While some clients have found parking to be a challenge, there is also ****free of charge street parking**** available for those willing to look around. Planning your visit ahead can save you time, especially during peak hours.

Appointments Recommended

To make the most out of your experience at The Exercise Coach, ****appointments are recommended****. Many current clients appreciate the personalized attention they receive during their one-on-one sessions. It's advised that potential clients take advantage of the complimentary sessions offered, which allows you to evaluate if this training style meets your expectations. However, as one user pointed out, it's crucial to confirm details prior to your first visit to avoid any misunderstandings.

Amenities for All

The Exercise Coach is committed to providing a comfortable environment for all clients. It features ****gender-neutral toilets****, ensuring that every individual feels welcome and respected. Additionally, the facilities are clean and well-maintained, contributing to a positive workout atmosphere.

Client Experiences and Feedback

While many clients rave about their experience at The Exercise Coach, noting the effectiveness of the short yet intense workouts, some have expressed concerns about customer service. A few clients reported challenges when it came to refunds and scheduling flexibility, emphasizing the need for clear communication regarding policies and arrangements. For instance, one client mentioned dissatisfaction with the inability to secure refunds for missed sessions, while another highlighted the importance of accommodating individual schedules. Despite these issues, a significant number share enthusiastic testimonials about the coaches' expertise and the impactful training sessions.

Is It Worth It?

Ultimately, while The Exercise Coach may have crossed some wires in customer satisfaction for a fraction of clients, the majority enjoy the results they achieve. The program is described as pricey but well worth the investment, especially for those who find themselves constrained by typical gym schedules. As one client noted, after just a few sessions, they began seeing real progress without the exhaustion often associated with long workouts. Before signing up, ensure you discuss all your needs and clarify your understanding of policies, making the experience rewarding from the get-go!

You can visit us at the address:

5433 Walnut St, 15232 Pittsburgh, Pennsylvania - United States (US)

The phone number of the mentioned **Personal trainer** is +1412-437-2313
And if you want to send a WhatsApp, you can do so at +1412-437-2313

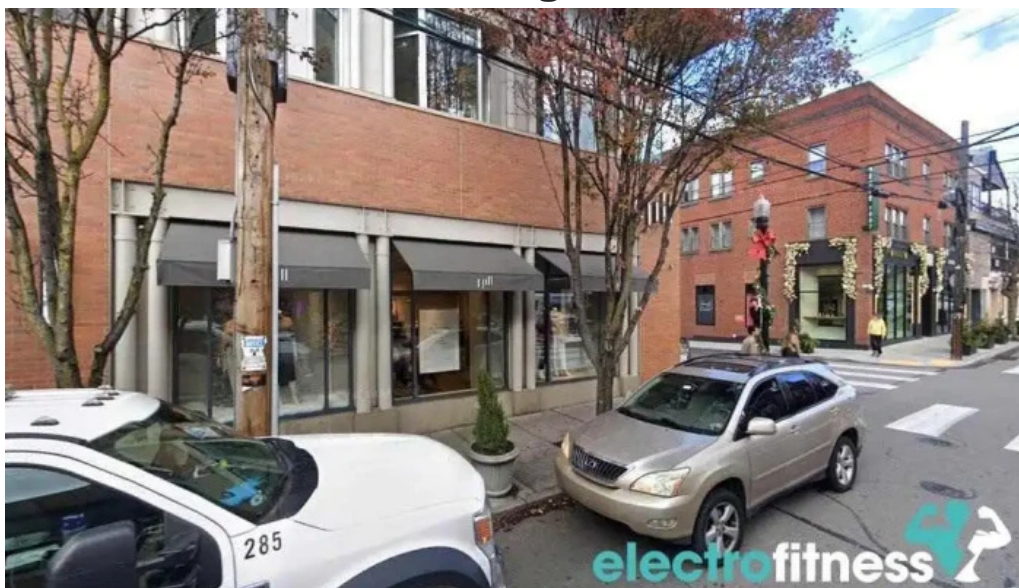
We are available at these times:

Day Hours
Monday
Closed
Tuesday
6?AM–8?PM
Wednesday
6?AM–8?PM
Thursday
6?AM–8?PM
Friday
6?AM–8?PM
Saturday
6?AM–6?PM
Sunday
7?AM–1?PM

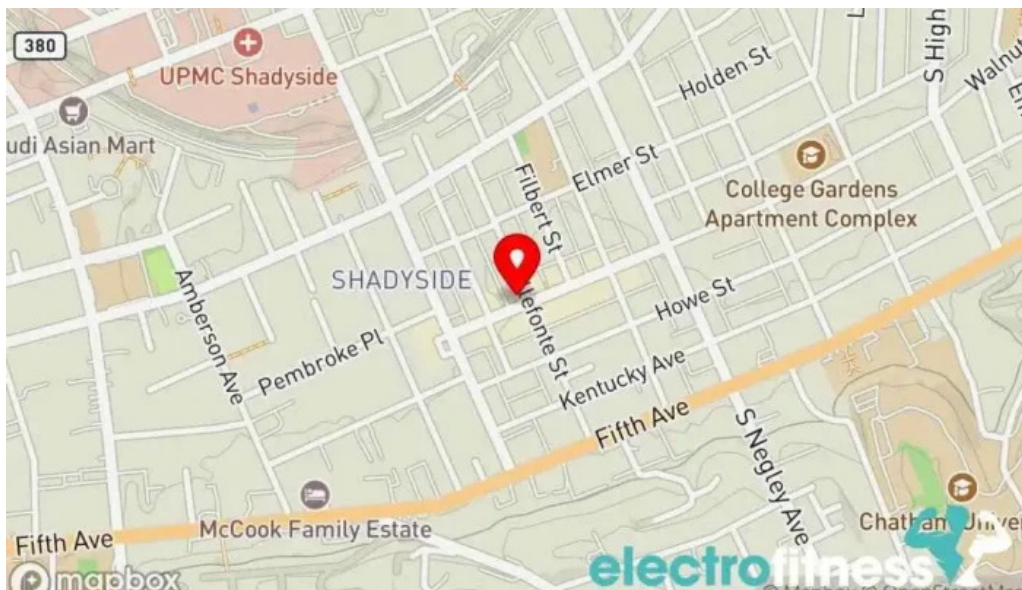
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Tags

Appointment required, Paid multi-storey car park, Free of charge street parking, Toilet, Amenities, Parking, Planning, Appointments recommended, Paid parking lot, Gender-neutral toilets

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