

Purposeful Strength: In Person & Online Personal Training - Richmond

richmond

☐ I'm not a robot



RECAPTCHA

Published on: 20/04/25	Hits: 90
Comments: 0	See comments
Votes: 10	Score: 5

https://www.electrofitness.com/personal-trainer/richmond/purposeful-strength-in-person-online-personal-training-richmond_218580.php



richmond

Purposeful Strength: In Person & Online Personal Training - Richmond

Purposeful Strength: Your Inclusive Personal Training Solution in Richmond, Vermont

If you're looking for a personal trainer who prioritizes your unique fitness journey, look no further than **Purposeful Strength**, located in Richmond, Vermont. Whether you're new to weight training or an experienced athlete,

Casey Lee adapts his approach to meet the diverse needs of all clients, creating a truly **LGBTQ+ friendly** environment.

Accessibility and Amenities

Purposeful Strength is designed with accessibility in mind. The facility offers a **wheelchair-accessible car park** and on-site parking, making it easy for everyone to access the gym. The space has been recognized as a **transgender safe space**, ensuring that all clients feel comfortable and supported during their workouts. Furthermore, amenities like a **toilet** and **outdoor services** enhance the overall training experience.

Flexible Training Options

At Purposeful Strength, appointment is required to ensure personalized attention during every session. However, the flexibility of **online classes** allows you to train from the comfort of your own home. This adaptability helps clients with varying schedules and needs, allowing for a tailored fitness journey. **Appointments are recommended** to get the most out of your experience, but walk-ins can also be accommodated when possible.

Client-Centric Approach

Casey's commitment to understanding each individual's fitness goals is evident in the feedback from clients. From postpartum recovery to specialized injury management, he crafts programs that cater specifically to each person's needs. As one client shared, "He takes the time to understand your fitness goals and is constantly improving workout programs to best suit those needs."

Building a Supportive Community

The atmosphere at Purposeful Strength is warm and welcoming, fostering a sense of community among members. The small gym setting allows for focused, personalized training without the overwhelming **crowd** often found in larger facilities. This intimate environment encourages clients to ask questions and seek guidance without hesitation, enhancing their overall experience.

Expert Guidance with Compassion

What sets Purposeful Strength apart is Casey's genuine care for his clients. Whether communicating through online platforms or in-person sessions, he remains accessible and invested in helping you achieve your fitness goals. As noted by another client, "He pays attention. He cares. He's committed to helping you achieve any fitness goal you have."

Conclusion: Why Choose Purposeful Strength?

With a blend of **on-site services** and innovative online options, Purposeful Strength is an excellent choice for individuals at any stage of their fitness journey. The combination of expert programming, personal support, and a focus on accessibility makes it a standout option in Richmond, Vermont. If you're ready to embark on a transformative journey, consider reaching out to Casey Lee at Purposeful Strength today!

Our business is located at

291 Hillview Rd, 05477 Richmond, Vermont - United States (US)

The phone number of the respective **Personal trainer** is +1802-338-2095

And if you want to send a WhatsApp, you can do so at +1802-338-2095

The website is Purposeful Strength: In Person & Online Personal Training

If you require to adjust any element that you feel is not accurate related to this portal, please deliver a message so we can we will handle it quickly. Thanks beforehand thanks for your cooperation.

Images



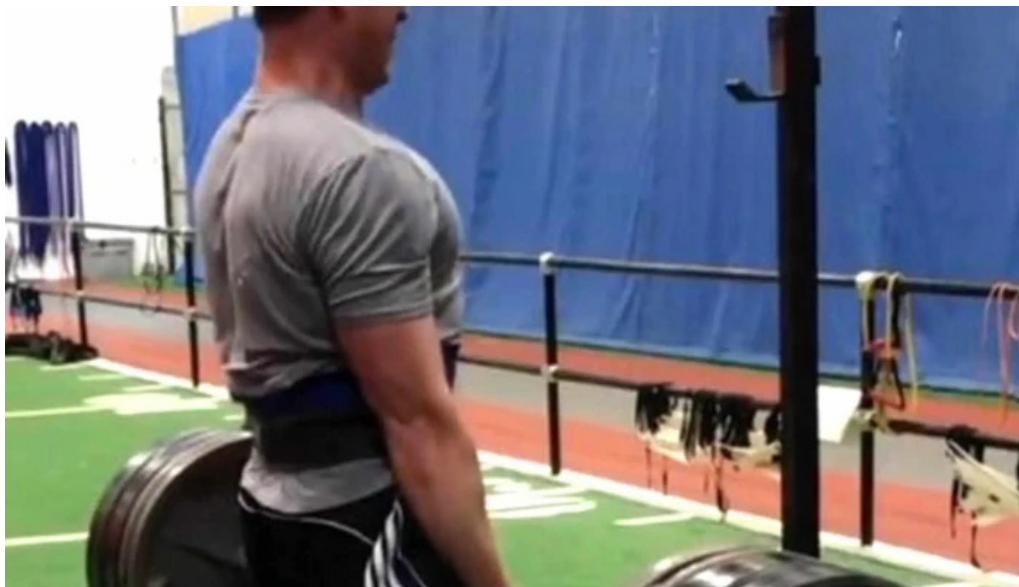
Purposeful strength in person online personal training street view 360deg



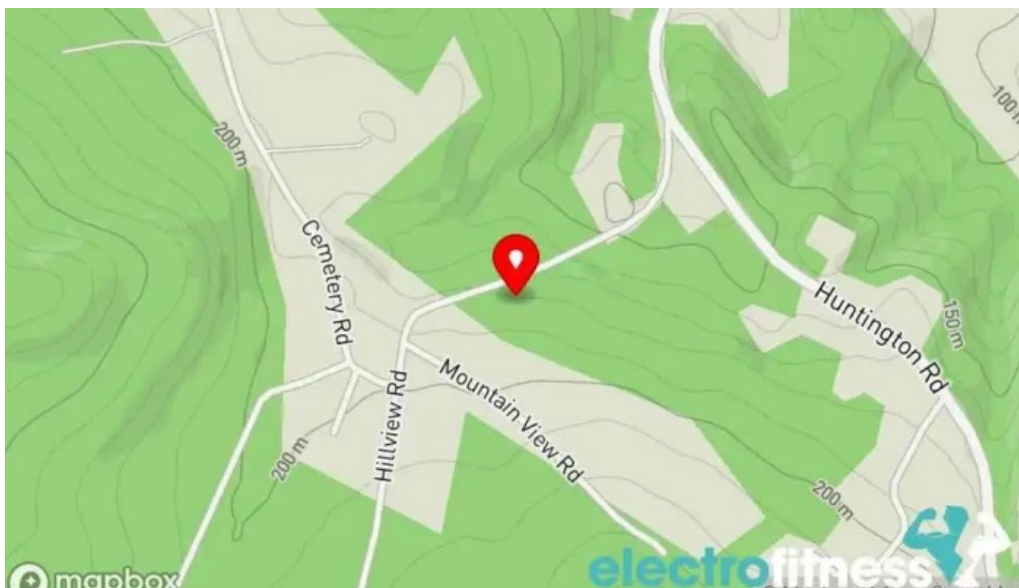
Purposeful strength in person online personal training richmond



Purposeful strength in person online personal training physical fitness



Purposeful strength in person online personal training personal trainer



Purposeful strength in person online personal training map



Purposeful strength in person online personal training by owner



Purposeful strength in person online personal training all

Tags

Planning, On-site parking, On-site services, Parking, Crowd, Amenities, Toilet, Transgender safe space, Accessibility, Appointments recommended, Online classes, Outdoor services, Wheelchair-accessible car park, Service options, LGBTQ+ friendly, Appointment required

Related content

4.4 * *Planet Fitness - Richmond*

4.9 * *Traverse Fitness - Richmond*

4.7 * *Family FitnessWorks - Richmond*

5.0 *	<i>Rocky Mountain Strength - Centennial</i>
5.0 *	<i>Resurrected Strength - Broussard</i>
5.0 *	<i>Bay Strength - Berkeley</i>
5.0 *	<i>PrettyStrong Strength Training - Acworth</i>
5.0 *	<i>Carbon Strength & Conditioning - Littleton</i>
5.0 *	<i>Bold Strength Fitness Llc - Valparaiso</i>
5.0 *	<i>Pure Strength Studio-The Miss Lou Amazing 12 - Natchez</i>

Categories

academic department
amusement park ride
animal feed store
arena
association / organization
athletic club
auditorium
bar
basketball club
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store

firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center

rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization