

## Kb Fitness Exercise Studio - San Jose

san jose

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san jose

## Kb Fitness Exercise Studio - San Jose

### Welcome to KB Fitness Exercise Studio in San Jose, California

KB Fitness Exercise Studio is a vibrant and inclusive space designed for everyone looking to kickstart their fitness journey. Located in beautiful San Jose, California, this **women-owned** business is committed to providing a welcoming environment for all, including a robust commitment to being **LGBTQ+ friendly**.

### Amenities That Cater to Everyone

At KB Fitness, the amenities are tailored to enhance your workout experience. The facility includes:

**Gender-neutral toilets** for all guests **Wheelchair-accessible entrance** and car park **Wheelchair-accessible toilet** for convenience On-site parking and **free of charge street parking** Outdoor services for those who enjoy fresh air

## **Flexible Service Options**

KB Fitness offers a variety of **service options** to accommodate different fitness levels and preferences. Whether you prefer **online classes** or on-site training, there's something for everyone. The studio provides a personalized experience with small class sizes—usually around 8 participants—ensuring you receive individualized attention from skilled instructors.

## **Planning Your Visit**

To attend classes, it's advisable to book in advance as some sessions fill up quickly. You can easily sign up over the phone or online, making planning your fitness routine hassle-free. Just remember, an **appointment may be required** for specific classes.

## **A Warm, Friendly Community**

The community at KB Fitness is one of its greatest assets. Members frequently comment on the positive atmosphere created by both staff and fellow fitness enthusiasts. From your first visit, you're likely to feel welcomed and supported as you embark on your fitness journey.

## **Classes for Every Interest**

The diverse range of classes offered includes: **Pilates Reformer Zumba Cardio Kickboxing Yoga Bootcamp**. Instructors like KB and Kit lead these classes with passion and energy, providing challenges suited for beginners and seasoned athletes alike. Additionally, specialized classes such as **trampoline workouts** offer exciting alternatives to traditional exercise routines.

## **Accessibility and Inclusivity**

KB Fitness is dedicated to creating a **transgender safe space**, ensuring all clients feel comfortable and respected. The studio not only focuses on physical fitness but also fosters a sense of community where everyone belongs.

## **Join the KB Fitness Family**

If you're in search of a friendly, supportive environment to get fit, KB Fitness

Exercise Studio is the perfect place for you. Experience the benefits of personalized training, excellent amenities, and a caring community that motivates you to achieve your fitness goals. Visit today and discover why so many people love this hidden gem in San Jose!

### **Our location is in**

4950 Cherry Ave, 95118 San Jose, California - United States (US)

The contact line of the mentioned **Personal trainer** is +1408-390-4418

And if you want to send a WhatsApp, you can do so at +1408-390-4418

### **We are open during the following hours:**

Day Hours  
Monday  
6:30?AM–8?PM  
Tuesday  
6:30?AM–7?PM  
Wednesday  
6:30?AM–12?PM  
Thursday  
Closed  
Friday  
6:30?AM–8?PM  
Saturday  
6:30?AM–8?PM  
Sunday  
6:30?AM–7?PM

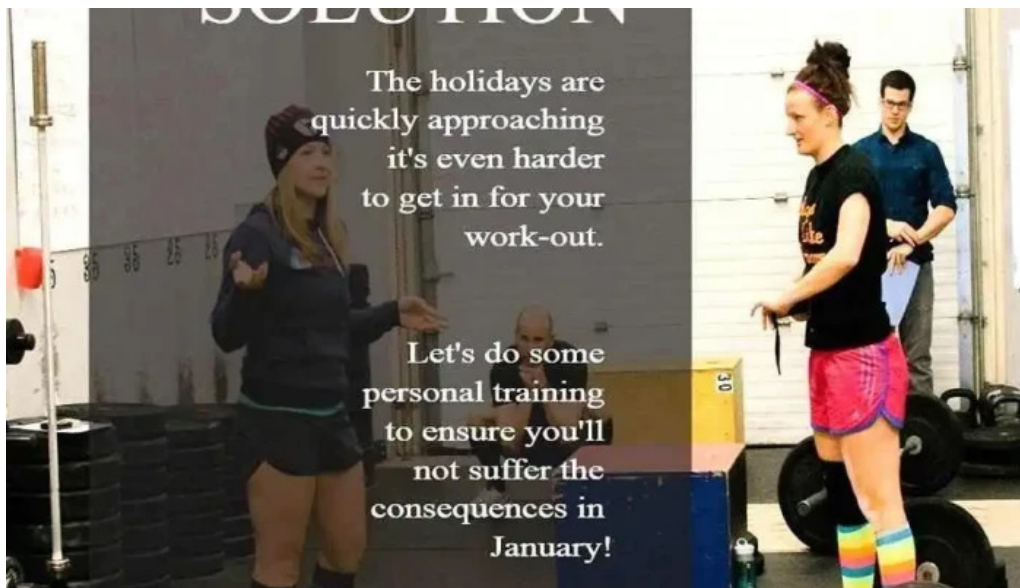
The website is KB Fitness Exercise Studio

If you wish to modify any data that you believe is not precise related to this site, we kindly request send us a message and we will adjust it at the earliest convenience. With anticipation thanks.

## **Images**



*Kb fitness exercise studio videos*



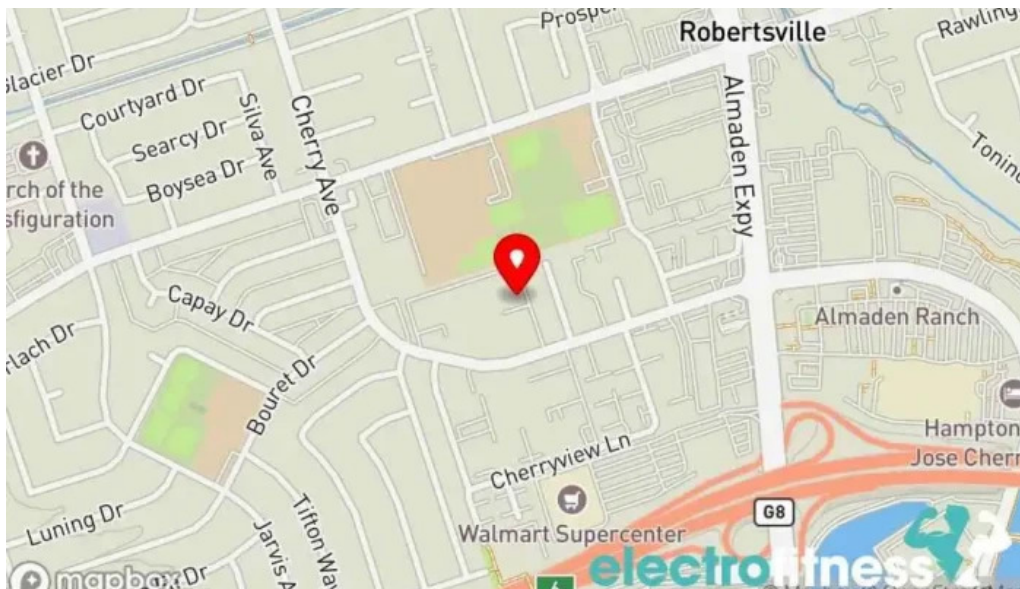
*Kb fitness exercise studio training*



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*Kb fitness exercise studio physical fitness*



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## Tags

*Planning, Transgender safe space, LGBTQ+ friendly, On-site services, On-site parking, Service options, Outdoor services, Appointment required, Free of charge street parking, Amenities, Wheelchair-accessible car park, Accessibility, Online classes, Wheelchair-accessible entrance, Crowd, Gender-neutral toilets, Parking, Toilet, From the business, Wheelchair-accessible toilet, Identifies as women-owned*

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athletic club
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bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring

buddhist temple
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chiropractor
church
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coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
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gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park

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public library
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rehabilitation center
resort hotel
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rock climbing gym
rv park
sauna
school
school district office
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supermarket

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swimming pool
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taekwondo school
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