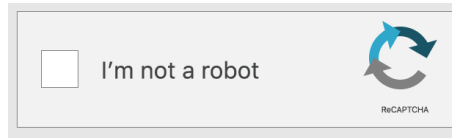


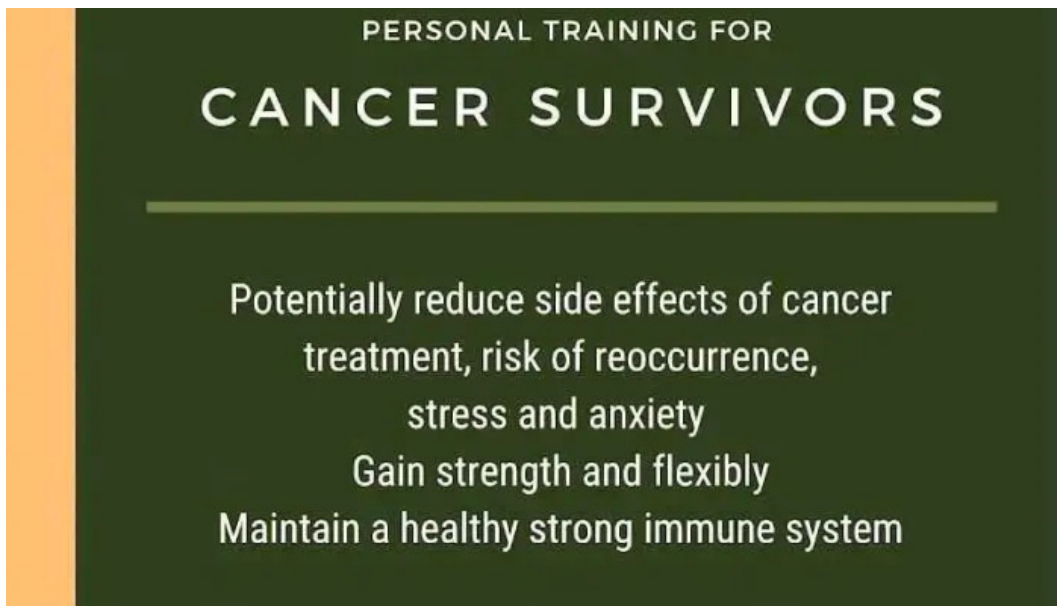
## Sequoia Fitness, Yakima - Selah

selah



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*selah*

## Sequoia Fitness, Yakima - Selah

### Discover Sequoia Fitness: Your Inclusive Personal Trainer in Selah, Washington

Sequoia Fitness stands out as a premier **personal trainer** facility in Yakima, located conveniently in Selah, Washington. This gym is not just focused on fitness but is dedicated to creating an inclusive environment for everyone.

### Accessibility at Sequoia Fitness

One of the key features that sets Sequoia Fitness apart is its **wheelchair-accessible entrance**. The facility has been designed with **accessibility** in mind, ensuring that individuals with mobility challenges can enjoy their fitness journey without barriers. The **wheelchair-accessible car park** and **wheelchair-accessible seating** provide convenient access for all members.

## A Safe Space for All

Sequoia Fitness prides itself on being **LGBTQ+ friendly** and a **transgender safe space**. This commitment makes it a go-to place for individuals seeking a supportive environment. With **gender-neutral toilets** available, everyone can feel comfortable while visiting the facility.

## Planning Your Visit

To ensure personalized attention, an **appointment is required** for training sessions. This approach allows trainers to focus on individual needs and create tailored fitness plans that work for each member. The gym's amenities cater to a crowd that values inclusivity and personal growth.

## Join the Sequoia Fitness Community

If you're looking for a welcoming atmosphere combined with expert personal training, Sequoia Fitness is the perfect choice. Their dedication to providing an accessible and friendly space for all, including those who **identify as women-owned**, ensures that everyone can thrive on their fitness journey.

## We are based in

201 Duim Rd, 98942 Selah, Washington - United States (US)

The phone of the mentioned **Personal trainer** is +1509-654-4988  
And if you want to send a WhatsApp, you can do so at +1509-654-4988

## Our service hours are:

Day Hours  
Monday  
Closed  
Tuesday  
9?AM–4?PM

Wednesday

9?AM–12?PM 2:30–5?PM

Thursday

6:45?AM–2:30?PM

Friday

9?AM–4?PM

Saturday

*Closed*

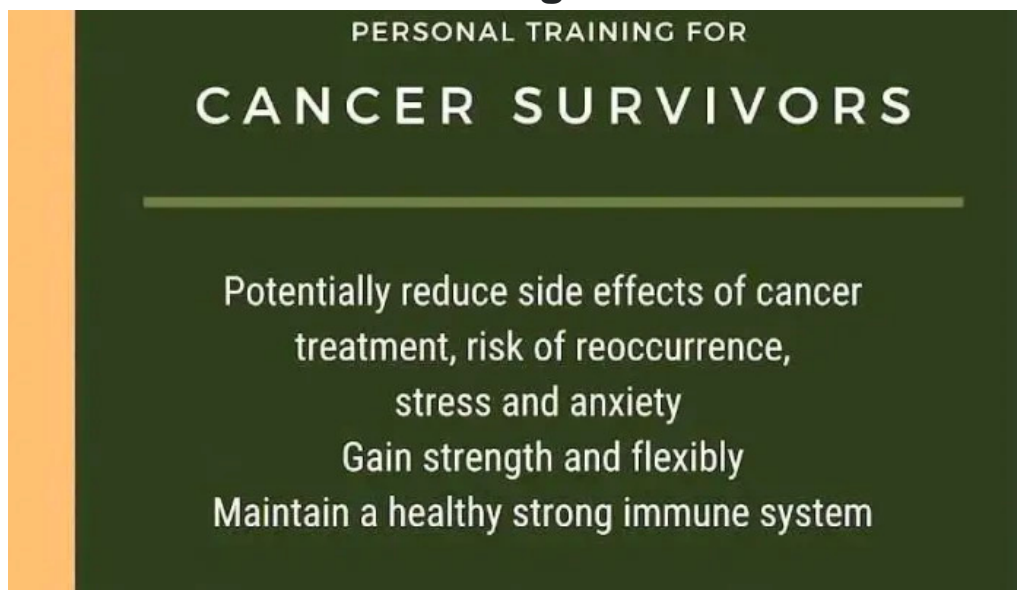
Sunday

*Closed*

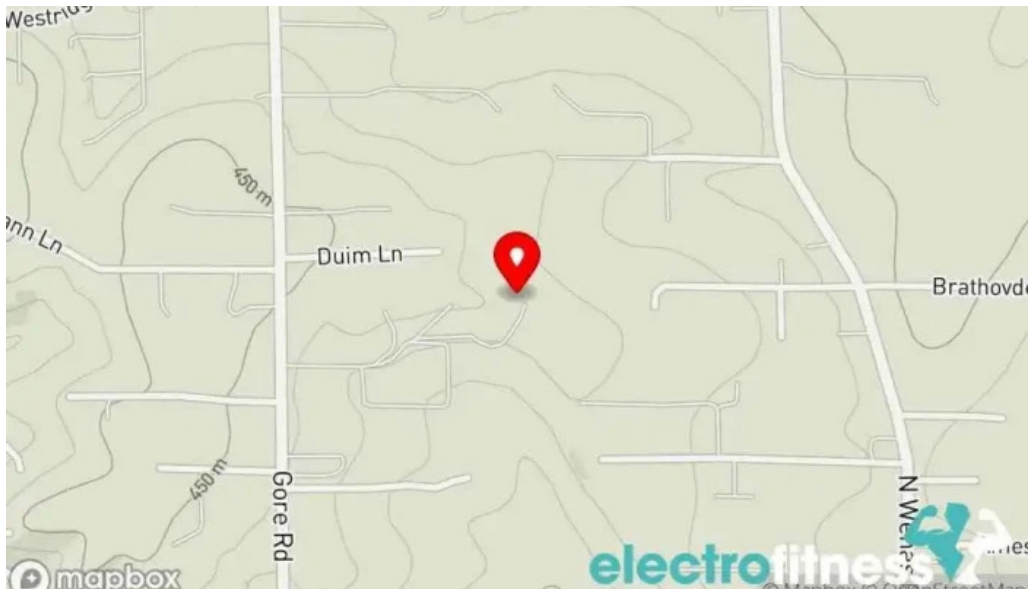
The website is [Sequoia Fitness, Yakima](#)

If you require to change any detail that you believe is not accurate regarding this page, we urge you to forward a message and we will fix it at the earliest convenience. Thank you in advance we appreciate it.

## Images



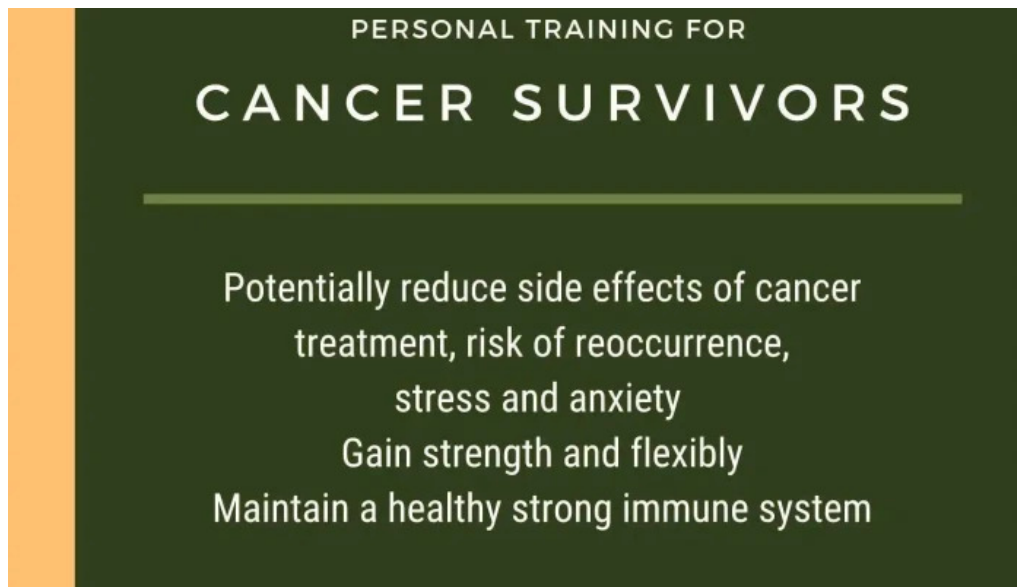
*Sequoia fitness yakima selah*



*Sequoia fitness yakima map*



*Sequoia fitness yakima by owner*



*Sequoia fitness yakima all*

## Tags

*Planning, Toilet, Appointment required, Wheelchair-accessible entrance, From the business, Gender-neutral toilets, Accessibility, Wheelchair-accessible car park, LGBTQ+ friendly, Wheelchair-accessible seating, Amenities, Crowd, Identifies as women-owned, Transgender safe space*

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5.0 *	Northglenn Health and Fitness - Northglenn
4.2 *	Spenga - Valparaiso
5.0 *	Brandie Freeman - Bfitjunky Studio - Watertown
3.7 *	Portage Township Ymca - Portage

## Categories

academic department
acupuncture clinic
after school program
amusement park ride
animal feed store
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
food producer
gated community
golf club

golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool

recreation center
rehabilitation center
rock climbing gym
rv park
sauna
school district office
self defense school
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization