

More Than Human Llc - Washington

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More Than Human Llc - Washington

Discover More Than Human LLC: Your Premier Personal Trainer in Washington, D.C.

Welcome to ****More Than Human LLC****, located in the heart of Washington, District of Columbia. This unique personal training service offers an inclusive environment for everyone, making it the perfect choice for fitness enthusiasts of all backgrounds.

Service Options Tailored For Everyone

At More Than Human LLC, clients have access to a variety of **service options** that cater to individual needs. From **on-site services** to **online classes**, there's an approach for everyone, whether you're at home or in-person. **Outdoor services** are also available, allowing you to enjoy fresh air while working towards your fitness goals.

From the Business: A Commitment to Inclusivity

More Than Human LLC proudly identifies as a **veteran-owned**, **Black-owned**, and **Latino-owned** business. This commitment to diversity extends beyond ownership; the gym is designed to be **LGBTQ+ friendly** and provides **gender-neutral toilets** and a **transgender safe space**.

A Welcoming Environment for All

Client experiences emphasize the welcoming atmosphere at More Than Human LLC. One satisfied client noted that Coach Anthony has a knack for making everyone feel included, regardless of their fitness level. The entire environment fosters a sense of community, with individuals from various backgrounds supporting each other.

Amenities That Enhance Your Experience

The facility boasts several **amenities**, including **free of charge street parking** and a **free multi-storey car park**. These conveniences make it easy for clients to focus on their training without the hassle of parking stress.

Coaching Excellence: Meet Coach Anthony

Coach Anthony Rowland stands out as an exceptional trainer. His passion for fitness and dedication to his clients are evident in every session. Clients rave about his ability to create personalized programs that not only focus on physical fitness but also on mental resilience. One client shared how Anthony helped them lose over 35 pounds by combining meal plans with tailored exercise regimens.

Transformative Workouts That Challenge You

Whether you're joining for kickboxing, Muay Thai, or self-defense, each class is designed to push you beyond your limits. Coach Anthony believes in cultivating a strong mind-body connection, often reminding his students, "Every movement has a purpose."

A Community Focused on Growth and Empowerment

The feedback from clients consistently highlights the transformative impact of training at More Than Human LLC. One long-term student remarked on their improved confidence and skill set, noting Anthony's knack for creating a space where learning flourishes.

Final Thoughts: Join the More Than Human Family

If you're searching for a dedicated personal trainer in Washington, D.C., look no further than More Than Human LLC. With a commitment to inclusivity, expert coaching, and a supportive community, you are sure to find the motivation and tools you need to achieve your fitness goals. Whether you are a beginner or an experienced athlete, Coach Anthony and the rest of the team invite you to experience the difference at More Than Human LLC.

We are situated in

1726 Kalorama Rd NW, 20009 Washington, District of Columbia - United States (US)

The contact line of said **Personal trainer** is +1703-928-6569

And if you want to send a WhatsApp, you can do so at +1703-928-6569

Our service hours are:

Day	Hours
Monday	8?AM–6?PM
Tuesday	8?AM–6?PM
Wednesday	8?AM–6?PM
Thursday	11?AM–7?PM
Friday	11?AM–6?PM
Saturday	11?AM–6?PM
Sunday	8?AM–6?PM

The website is More Than Human LLC

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Images



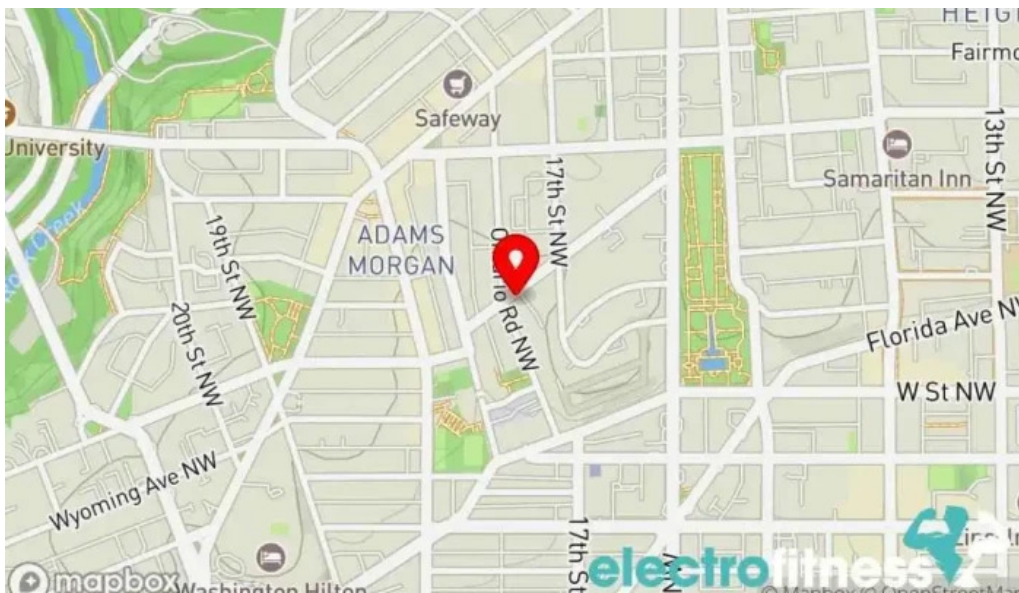
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Toilet, Parking, Gender-neutral toilets, Identifies as Latino-owned, On-site services, Amenities, Service options, Outdoor services, LGBTQ+ friendly, Identifies as Black-owned, From the business, Free of charge street parking, Transgender safe space, Crowd, Identifies as veteran-owned, Online classes, Free multi-storey car park

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