

Dx2 Fitness - West Springfield

west springfield



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west springfield

Dx2 Fitness - West Springfield

Welcome to DX2 Fitness: Your Ultimate Personal Training Destination in West Springfield, Massachusetts

At **DX2 Fitness**, located in West Springfield, Massachusetts, we pride ourselves on offering an exceptional fitness experience tailored to your individual needs. Our facility is designed with **accessibility** in mind, featuring a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**. We ensure that everyone can enjoy their fitness journey in a comfortable

environment.

Amenities That Enhance Your Experience

DX2 Fitness boasts a variety of **amenities** to make your training sessions enjoyable and effective. A **wheelchair-accessible toilet** is available, ensuring convenience for all clients. Our intimate, private gym setting allows for personalized coaching sessions where you can focus on achieving your fitness goals without the distractions of a crowded gym.

Personalized Training with Dani

Our head trainer, **Dani**, has garnered rave reviews from clients who have experienced significant transformations through her expert coaching. With her extensive knowledge and experience, Dani tailors workouts and meal plans to fit each client's specific lifestyle and fitness level.

Why Appointments are Recommended

To ensure that you receive the best possible attention, **appointments are recommended**. This allows us to provide you with a customized workout program that addresses your unique challenges, whether you're a beginner or someone returning to fitness after an injury. Clients have praised our approach, noting how Dani's support and encouragement have been invaluable on their fitness journeys.

A Safe and Motivating Environment

Many clients feel intimidated by traditional gyms, but at DX2 Fitness, we cultivate a welcoming atmosphere. Our private studio is perfect for those who experience anxiety when working out in front of others. With options for **group classes** or one-on-one training, you'll find the ideal setting to achieve your fitness goals with comfort and confidence.

Start Your Journey Today!

Whether you are looking to regain strength, learn proper form, or simply feel more motivated in your fitness routine, DX2 Fitness is here to help. Join our community today, and let Dani guide you on a path to a healthier, stronger you. Remember, investing in yourself is the best decision you can make. Don't hesitate—give us a call and start planning your first appointment!

We are positioned at

1452 Memorial Ave, 01089 West Springfield, Massachusetts - United States (US)

The contact line of the mentioned **Personal trainer** is +1413-240-8877

And if you want to send a WhatsApp, you can do so at +1413-240-8877

We look forward to seeing you at:

| Day | Hours |
|-----------|-----------------|
| Monday | 7?AM–11?PM |
| Tuesday | Closed |
| Wednesday | 6:30?AM–7:30?PM |
| Thursday | 6:30?AM–7:30?PM |
| Friday | 6:30?AM–7:30?PM |
| Saturday | 6:30?AM–7:30?PM |
| Sunday | 6:30?AM–7:30?PM |

The website is [DX2 Fitness](#)

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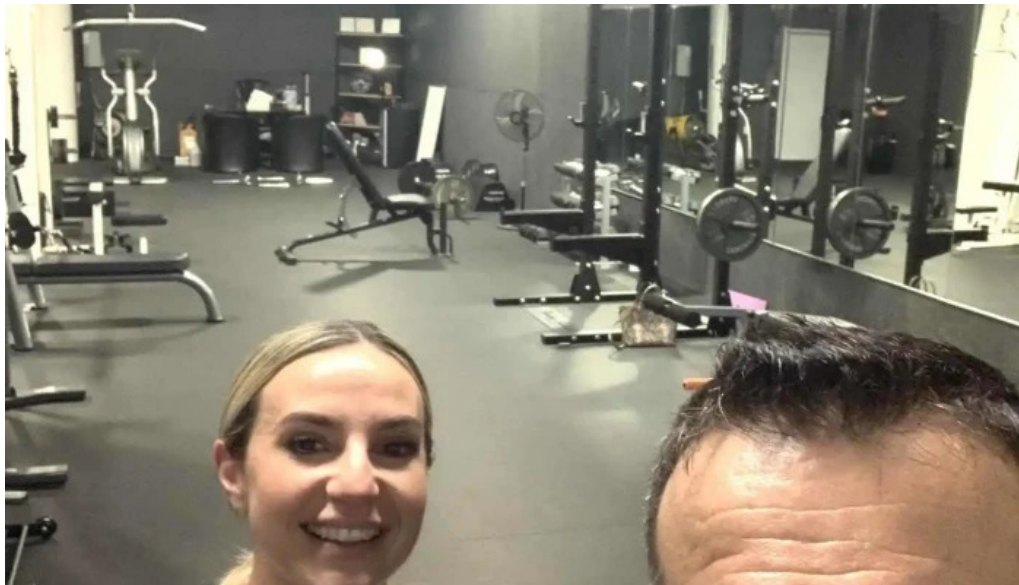
Images



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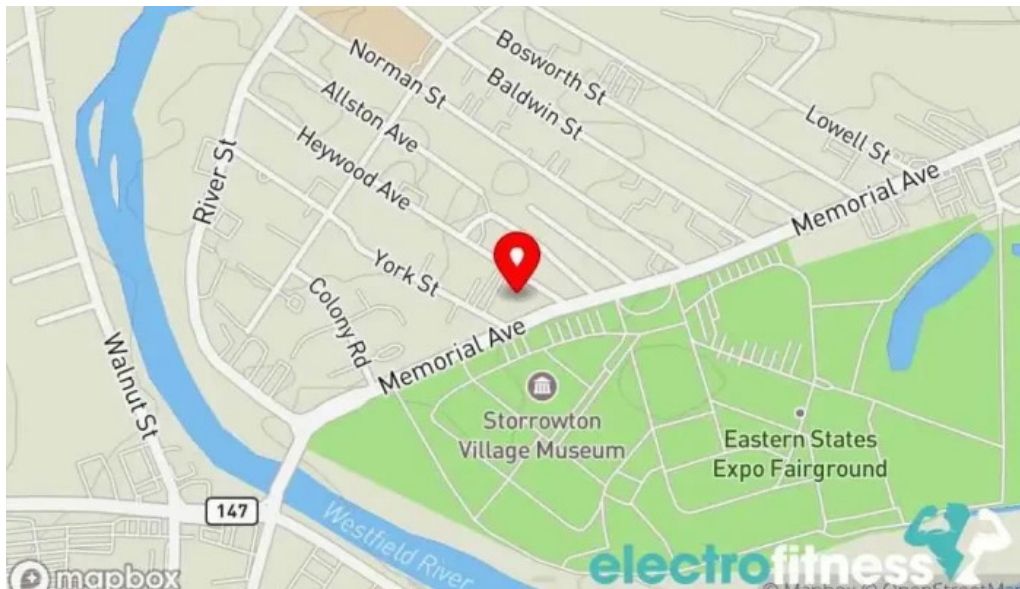
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Tags

Wheelchair-accessible toilet, Wheelchair-accessible car park, Wheelchair-accessible entrance, Appointments recommended, Amenities, Accessibility, Toilet, Planning

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