

Compel Fitness - Wyomissing

wyomissing

I'm not a robot 
reCAPTCHA

| | |
|------------------------|--------------|
| Published on: 11/05/25 | Hits: 330 |
| Comments: 0 | See comments |
| Votes: 30 | Score: 4.6 |

https://www.electrofitness.com/personal-trainer/wyomissing/compel-fitness-wyomissing_286711.php



wyomissing

Compel Fitness - Wyomissing

Exploring Compel Fitness: Your Ultimate Personal Training Destination in Wyomissing, Pennsylvania

If you are searching for an exceptional fitness experience in Wyomissing, Pennsylvania, look no further than **Compel Fitness**. This outstanding facility prides itself on providing a supportive and inclusive environment for all members, including those with unique accessibility needs.

Amenities That Meet Every Need

Compel Fitness boasts a wide range of **amenities** to cater to your workout

preferences. With two conveniently located facilities, this gym is fully equipped for total body workouts and individualized training sessions. Members rave about the state-of-the-art equipment and the custom regimens designed by knowledgeable trainers like Brandi and Mitch, who understand individual client needs and goals.

Accessibility for All

Compel Fitness takes pride in being accessible to everyone. The gym features a **“wheelchair-accessible entrance”** and offers a **“wheelchair-accessible toilet”**, ensuring that all members can navigate the space comfortably. Additionally, there is a **“wheelchair-accessible car park”** available for easy access to the facility.

Supportive Training Staff

The heart of Compel Fitness lies within its dedicated trainers. Feedback from patrons highlights the personalized approach that trainers like Jamie, Gio, and Alex take in creating tailored workout plans. They listen closely to clients' objectives and push them just enough to ensure continued progress. This commitment to understanding and addressing each individual's needs truly sets Compel Fitness apart.

Community-Centric Environment

Members consistently mention the strong sense of community at Compel Fitness. From the supportive atmosphere fostered by both staff and fellow gym-goers, to engaging group classes that make workouts enjoyable, it's easy to see why so many choose to make this their fitness home. The gym even features a swag store for those wanting to represent their commitment to fitness in style!

Nutrition Guidance That Makes a Difference

Alongside physical training, Compel Fitness offers invaluable nutrition guidance. Mitch has been praised for his expertise in creating practical nutrition plans that are both effective and life-changing. Clients appreciate the comprehensive approach to health that goes beyond just exercise, making achieving fitness goals more attainable.

Conclusion: Start Your Fitness Journey at Compel Fitness

With a blend of fantastic amenities, a focus on accessibility, and a team of passionate trainers, Compel Fitness is truly an ideal choice for anyone looking to improve their fitness levels in Wyomissing, Pennsylvania. Whether you're a seasoned athlete or just starting your journey, this fitness center offers the support and resources needed to help you achieve your goals. Don't miss the chance to be part of this amazing community!

We are found at

1119 Bern Rd, 19610 Wyomissing, Pennsylvania - United States (US)

The contact phone of the respective **Personal trainer** is +1484-376-5870

And if you want to send a WhatsApp, you can do so at +1484-376-5870

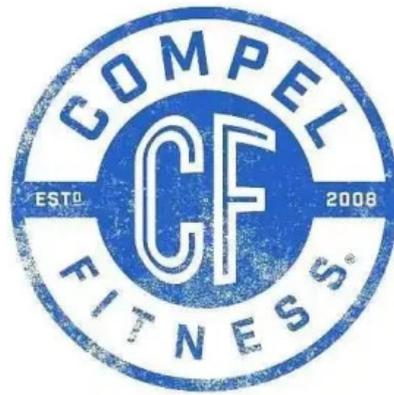
Our service hours are:

Day Hours
Monday
8?AM–9?PM
Tuesday
8?AM–9?PM
Wednesday
8?AM–9?PM
Thursday
8?AM–9?PM
Friday
8?AM–9?PM
Saturday
9?AM–4?PM
Sunday
9?AM–1?PM

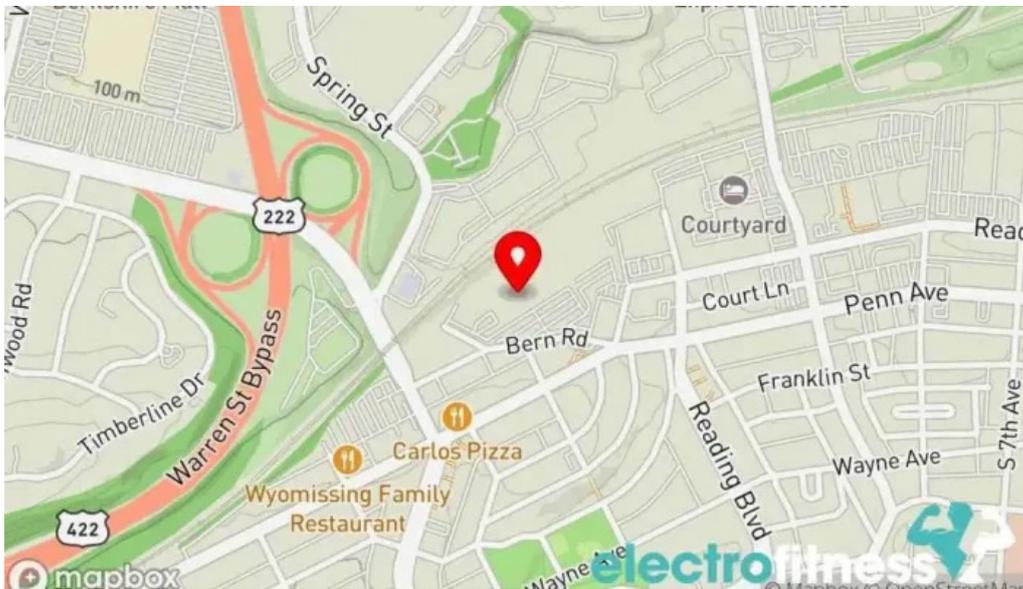
The website is Compel Fitness

If you wish to change any element that you consider is incorrect related to this page, we ask forward a message and we will fix it at the earliest convenience. In advance thank you very much.

Images



Compel fitness wyomissing



Compel fitness map



Compel fitness all

Tags

Wheelchair-accessible entrance, Wheelchair-accessible toilet, Accessibility, Toilet, Wheelchair-accessible car park, Amenities

Related content

4.5 * *Compel Fitness - Hanover - Hanover*

4.8 * *Wyomissing Fitness and Training - Reading*

4.4 * *La Fitness - Wyomissing*

4.6 * *Wyo West Fitness - Wyomissing*

4.6 * *Anytime Fitness - Reading*

5.0 * *Panthro Fitness - Pittsburgh*

5.0 * *Studio Ex Cycle & Group Fitness - Hyannis*

4.9 * *Alachua Yoga Center - Alachua*

4.9 * *Orangetheory Fitness - Dyer*

4.0 * *Sage Yoga Center - Abilene*

Categories

academic department

| |
|----------------------------|
| acupuncture clinic |
| after school program |
| amusement center |
| amusement park ride |
| animal feed store |
| apartment building |
| apartment complex |
| aquatic centre |
| arena |
| association / organization |
| athletic club |
| auditorium |
| bar |
| basketball club |
| basketball court |
| batting cage center |
| body shaping class |
| boot camp |
| boxing club |
| boxing gym |
| boxing ring |
| children's party service |
| chiropractor |
| church |
| club |
| coffee shop |
| college |
| community center |
| convenience store |
| counselor |
| country club |
| coworking space |
| cultural center |
| dance company |
| dance school |
| day spa |
| disc golf course |
| dollar store |
| educational institution |
| elementary school |
| exercise equipment store |
| facial spa |

| |
|------------------------------|
| firearms academy |
| fitness |
| fitness center |
| fitness equipment wholesaler |
| food producer |
| foot care |
| gated community |
| golf club |
| golf course |
| golf instructor |
| grocery store |
| gym |
| gymnasium school |
| gymnastics center |
| hair salon |
| health consultant |
| health food restaurant |
| health food store |
| health spa |
| hiking area |
| hospital |
| hotel |
| indoor cycling |
| jujitsu school |
| karate club |
| karate school |
| kennel |
| kickboxing school |
| kinesiologist |
| kinesiotherapist |
| martial arts club |
| martial arts school |
| massage spa |
| massage therapist |
| medical group |
| medical spa |
| meditation center |
| metaphysical supply store |
| muay thai boxing gym |
| non-profit organization |
| nutritionist |
| outdoor sports store |

| |
|--------------------------------|
| park |
| parking lot |
| parkour spot |
| personal trainer |
| pharmacy |
| physical fitness program |
| physical therapist |
| physical therapy clinic |
| pickleball court |
| pilates studio |
| private golf course |
| public educational institution |
| public swimming pool |
| recreation center |
| rehabilitation center |
| resort hotel |
| rock climbing |
| rock climbing gym |
| rv park |
| sauna |
| school |
| school district office |
| self defense school |
| senior citizen center |
| shooting range |
| shopping mall |
| soccer club |
| software company |
| spa |
| spa and health club |
| sporting goods store |
| sports club |
| sports complex |
| sports massage therapist |
| sports medicine clinic |
| sports nutrition store |
| sports school |
| summer camp organizer |
| supermarket |
| swimming facility |
| swimming instructor |
| swimming pool |

| |
|-----------------------------|
| swimming school |
| tanning salon |
| tennis club |
| thrift store |
| training centre |
| vitamin & supplements store |
| weight loss service |
| weightlifting area |
| wellness center |
| wellness program |
| women's organization |
| women's personal trainer |
| wrestling school |
| yoga instructor |
| yoga studio |
| youth organization |