

Sports Evolution - Altoona

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https://www.electrofitness.com/physical-fitness-program/altoona/sports-evolution-altoona_327621.php



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Discover the Sports Evolution Physical Fitness Program in Altoona, Pennsylvania

If you're looking for a comprehensive and welcoming fitness program in Altoona, look no further than the Sports Evolution Physical Fitness Program. With an emphasis on community, accessibility, and structured training, this facility caters to a wide range of fitness enthusiasts.

Accessibility Features for Everyone

One of the standout features of Sports Evolution is its commitment to

****accessibility****. The gym boasts a ****wheelchair-accessible entrance****, ensuring that everyone can enjoy the benefits of physical fitness. Additionally, there is a ****wheelchair-accessible car park**** available, making it convenient for individuals with mobility challenges to visit the facility.

Structured Jiu-Jitsu Classes for All Ages

The Kids Jiu-Jitsu class at Sports Evolution has received rave reviews from parents. As one parent mentioned, "The kids jiu-jitsu class is very well structured. Great training." With experienced instructors who focus on skill development, young athletes can thrive in a supportive environment. Another parent shared their experience saying, "Allen took great care of my son, helped him become 10x the athlete he was, and much much faster. Couldn't recommend him enough!" This dedication to individual improvement highlights the commitment of the staff to nurture young talent.

A Diverse and Friendly Community

At Sports Evolution, you'll find a ****great group of gals and guys**** who create an inclusive atmosphere. With multiple class times available, it's easy to fit training into your busy schedule. The program features ****live rolling**** sessions tailored for mixed skill levels, from white to purple belts, providing an opportunity for all participants to learn and grow together. As one enthusiastic member noted, "Great place to train and everyone there is very friendly to beginners." This welcoming environment fosters not only skill development but also camaraderie among members.

Join the Sports Evolution Community Today!

Whether you are a beginner or an experienced athlete, the Sports Evolution Physical Fitness Program offers an unparalleled experience tailored to your needs. With a focus on accessibility, structured classes, and a friendly environment, it's time to elevate your fitness journey in Altoona, Pennsylvania.

We are at

2900 Plank Rd, 16601 Altoona, Pennsylvania - United States (US)

The contact phone of the mentioned **Physical fitness program** is +1814-312-3845
And if you want to send a WhatsApp, you can do so at +1814-312-3845

Visit us during the following hours:

Day Hours
Monday

Closed
Tuesday
Closed
Wednesday
Closed
Thursday
Closed
Friday
4-5?PM
Saturday
Closed
Sunday
4-5?PM

The website is [Sports Evolution](#)

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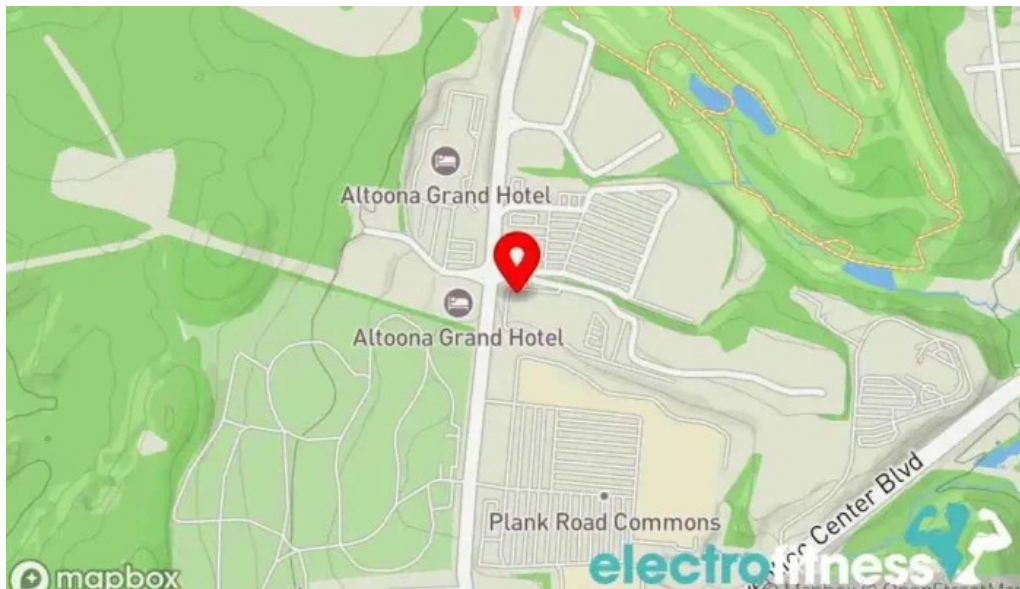
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Sports evolution map



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Tags

Accessibility, Wheelchair-accessible car park, Wheelchair-accessible entrance

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medical group
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metaphysical supply store
muay thai boxing gym
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outdoor sports store
outdoor swimming pool
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