

Mercedes Scott | Fitness and Nutrition - Alvin

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Mercedes Scott | Fitness and Nutrition - Alvin

Mercedes Scott | Fitness and Nutrition: A Physical Fitness Program in Alvin, Texas

If you're looking for a holistic approach to fitness and nutrition, **Mercedes Scott** is the perfect destination. Located in **Alvin, Texas**, this program offers a range of services designed to meet the diverse needs of the community.

Accessibility and Inclusivity

One of the standout features of Mercedes Scott's fitness program is its commitment to accessibility. The facility boasts a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that everyone can participate in fitness activities without barriers. This dedication to inclusivity makes it an excellent choice for individuals of all abilities.

Service Options That Cater to All

Mercedes Scott offers a variety of **service options**, including personalized training sessions and **online classes**. These online classes provide flexibility for those who may not be able to visit the gym in person, allowing you to stay on track with your fitness journey from the comfort of your home.

A Woman and Latino-Owned Business

Mercedes Scott identifies as a **women-owned** and **Latino-owned** business, emphasizing the importance of representation in the fitness industry. This aspect of the business resonates with many clients who value supporting local enterprises that reflect their community's diversity.

Community Feedback: Why Choose Mercedes Scott?

The feedback from clients highlights what sets Mercedes apart. Many describe her as **professional yet kind, patient, and understanding**. Her ability to encourage clients fosters a welcoming environment, giving them the confidence to embark on their fitness journeys. One satisfied client stated, "Her encouragement gives the confidence to want to start classes with her. She is amazing!"

Join the Mercedes Scott Fitness Community

In conclusion, Mercedes Scott | Fitness and Nutrition is more than just a physical fitness program; it's a community dedicated to providing accessible, inclusive, and personalized fitness experiences. Whether you're looking for in-person sessions or online classes, you'll find a supportive atmosphere that prioritizes your wellness journey.

Visit Mercedes Scott today to discover how you can transform your fitness routine in a welcoming space that truly cares!

You will find us at

17769 Hwy 6, 77511 Alvin, Texas - United States (US)

The contact phone of the respective **Physical fitness program** is +1281-780-0944
And if you want to send a WhatsApp, you can do so at +1281-780-0944

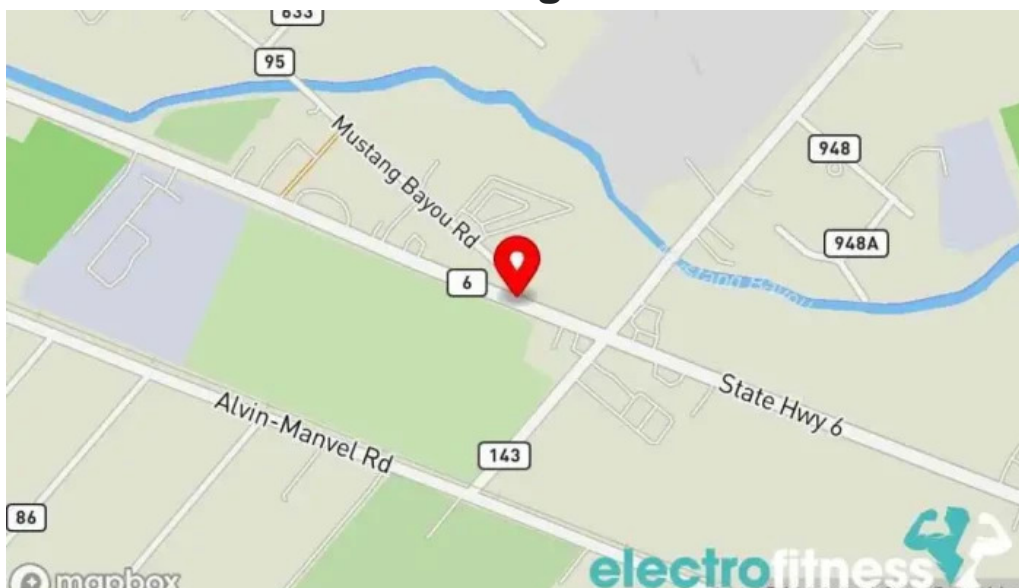
You can visit us at the following hours:

Day	Hours
Monday	Closed
Tuesday	Closed
Wednesday	5?AM–7?PM
Thursday	5?AM–5?PM
Friday	5–7?PM
Saturday	5?AM–4?PM
Sunday	Closed

The website is Mercedez Scott | Fitness and Nutrition

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Images



Mercedez scott fitness and nutrition map



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Tags

Wheelchair-accessible entrance, Service options, Wheelchair-accessible car park, Online classes, Accessibility, Identifies as women-owned, From the business, Identifies as Latino-owned

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