

Human Performance Laboratory - Anchorage

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Human Performance Laboratory - Anchorage

Physical Fitness Program at Human Performance Laboratory in Anchorage, Alaska

The **Human Performance Laboratory** in Anchorage, Alaska, offers an exceptional **Physical Fitness Program** designed to cater to individuals of all fitness levels. This state-of-the-art facility is committed to providing a supportive and inclusive environment for all participants.

Accessibility Features

One of the standout aspects of the Human Performance Laboratory is its emphasis on **accessibility**. The facility ensures that everyone can take part in their fitness programs without barriers. It includes a **wheelchair-accessible car park**, making it convenient for those with mobility challenges to visit.

Planning Your Visit

Before participating in the program, it's essential to keep in mind that an **appointment is required**. This planning step helps the staff prepare for your visit and tailor the experience to your specific needs. The team is dedicated to providing personalized guidance to enhance your fitness journey.

Facility Access

Upon arrival, you'll find a **wheelchair-accessible entrance** that ensures easy access to the facility. This consideration speaks volumes about the commitment of the Human Performance Laboratory to cater to a diverse clientele.

Join the Community

By choosing the Physical Fitness Program at the Human Performance Laboratory, you are not only investing in your health but also becoming part of a welcoming community. Their dedication to accessibility and individualized planning makes it a top choice for anyone looking to improve their physical fitness in Anchorage.

We are situated in

Professional Studies Building, 2533 Providence Dr Room 162, 99508 Anchorage, Alaska - United States (US)

The contact line of the mentioned **Physical fitness program** is +1907-786-4649
And if you want to send a WhatsApp, you can do so at +1907-786-4649

Our business hours are:

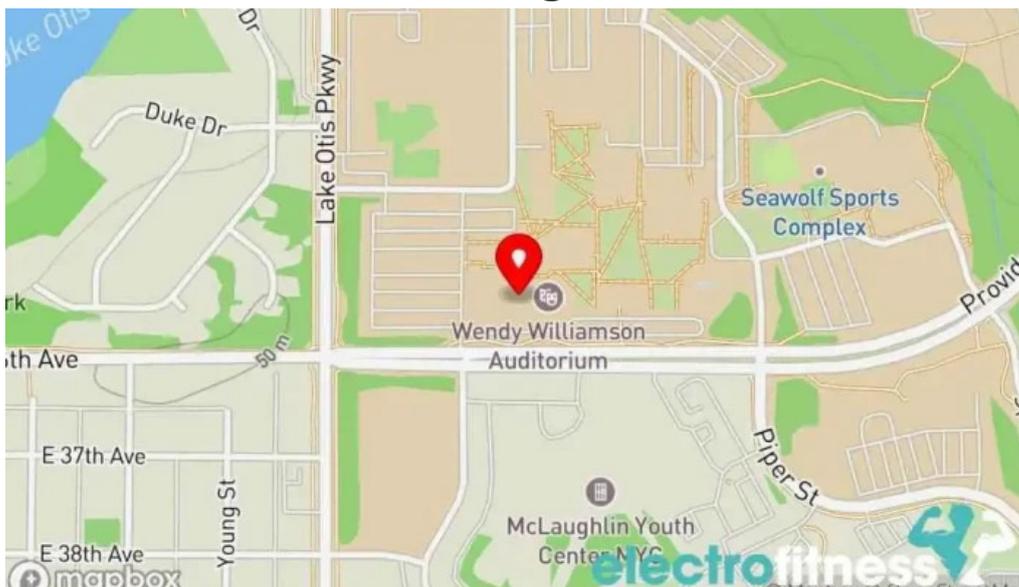
Day Hours
Monday
Closed
Tuesday

9?AM–5?PM
Wednesday
9?AM–5?PM
Thursday
9?AM–5?PM
Friday
9?AM–5?PM
Saturday
9?AM–5?PM
Sunday
Closed

The website is [Human Performance Laboratory](#)

If you wish to adjust any information that you feel is incorrect regarding this site, we ask send a message and we will fix it as soon as possible. Thanks beforehand thanks.

Images



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Tags

Accessibility, Wheelchair-accessible car park, Wheelchair-accessible entrance, Appointment required, Planning

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massage therapist
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medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
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parking lot
parkour spot
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pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
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