

Farrell's eXtreme Bodyshaping - Andover - Andover

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Welcome to Farrell's eXtreme Bodyshaping - Andover

Farrell's eXtreme Bodyshaping in Andover, Minnesota is more than just a gym; it's a community dedicated to transforming lives through effective fitness programs. This ****women-owned**** establishment boasts a supportive and welcoming environment where everyone is encouraged to reach their fitness goals.

On-Site Services and Amenities

Farrell's offers a range of ****on-site services**** designed to accommodate various fitness levels and needs. The facility features: **Wheelchair-accessible entrance:** Ensuring that everyone can access the gym facilities.

Wheelchair-accessible car park: Convenient parking options for all members.

Wheelchair-accessible toilet: Accessibility is a priority for all members. **Toilet facilities:** Clean and well-maintained amenities for all visitors. With thoughtful planning and design, Farrell's ensures that every member feels comfortable and included in their fitness journey.

Community Focus and Support

Members often mention the encouraging atmosphere created by both the staff and fellow participants. Many individuals who were once intimidated by gym environments found solace at Farrell's. As one member shared, "I knew from the first moment I walked in that this would be right for me." The staff, including friendly instructors, guide members through every workout, helping them to modify exercises as needed.

Personalized Fitness Journey

At Farrell's, the emphasis is on fostering personal growth. The gym successfully creates an environment where individuals can set and achieve personal goals. Nutrition planning and accountability are integral parts of the experience. One member remarked, "They will push you harder than you could on your own," highlighting the motivation that comes from training within a supportive community.

Flexible Options for Everyone

Whether you're looking for live classes or prefer the flexibility of ****online classes****, Farrell's has you covered. Many members have benefited from the ****10-week challenge program****, which provides structure, accountability, and results. As noted by a satisfied member, "This is not a typical gym. We all work together, support, and encourage each other."

Why Choose Farrell's eXtreme Bodyshaping?

Choosing Farrell's means joining a community that prioritizes health and happiness. The facility is known for its high-energy classes, where every workout is a fun experience. From kickboxing to strength training, there's something for everyone, regardless of fitness level. Members rave about how the camaraderie helps keep them accountable and motivated: "You will make friends you never knew you needed." In conclusion, if you're seeking a supportive environment that provides ****planning**** and personalized attention, look no further than Farrell's eXtreme Bodyshaping in Andover. Call or stop by to learn more about how this incredible community can help you achieve your fitness goals. Remember, ****appointment required**** for specific programs, so plan ahead to secure your spot!

You can find us in

2246 Bunker Lake Blvd NW # 205, 55304 Andover, Minnesota - United States (US)

The contact phone of this **Physical fitness program** is +1763-373-9588

And if you want to send a WhatsApp, you can do so at +1763-373-9588

We are available at these times:

Day Hours
Monday

4–11?AM 12:30–1:30?PM 4–6:30?PM

Tuesday

4–11?AM 12:30–1:30?PM 4–6:30?PM

Wednesday

4–11?AM 12:30–1:30?PM 4–6:30?PM

Thursday

6–11:30?AM

Friday

Closed

Saturday

4–11?AM 12:30–1:30?PM 4–6:30?PM

Sunday

4–11?AM 12:30–1:30?PM 4–6:30?PM

The website is Farrell's eXtreme Bodyshaping - Andover

If you require to alter any detail that you think is incorrect related to this page, we ask deliver a message so we can we will adjust it at the earliest convenience. In advance thank you very much.

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Tags

On-site services, Service options, Wheelchair-accessible toilet, Amenities, Appointment required, Online classes, Planning, Wheelchair-accessible entrance, From the business, Identifies as women-owned, Accessibility, Wheelchair-accessible car park, Toilet

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