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360 Athlete, Llc - Ankeny

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360 Athlete, Llc - Ankeny

Discover 360 Athlete, LLC: Your Premier Physical Fitness Program in Ankeny, Iowa

Are you looking for a fitness program that offers exceptional training while ensuring accessibility for everyone? Look no further than **360 Athlete, LLC**, located in Ankeny, Iowa. With facilities boasting a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, 360 Athlete is dedicated to providing an inclusive environment for all athletes.

Experienced Trainers Committed to Your Success

Jason, the head trainer at 360 Athlete, has built a reputation for being an exceptional mentor to his athletes. According to parents and athletes alike, his training methods produce tangible results. One parent shared, "Jason is an elite trainer that is fully invested in each athlete. His knowledge and expertise are only outdone by his passion." Jason's personalized approach means that he tailors workouts to suit individual needs. This commitment helps athletes not only gain strength but also improve sports-specific skills. A parent noted, "He tailored a workout just for her to improve her volleyball skills/muscles," which significantly enhanced her confidence and performance on the court.

A Nurturing Environment for Growth

At 360 Athlete, the focus goes beyond physical conditioning. Athletes are provided with a supportive atmosphere where they can thrive mentally and emotionally. One mother remarked, "Jason wasn't just her 'trainer' - he was much more than that to her. Mentor. Counselor. Confidant. Adviser. Supporter. And friend." This multifaceted approach strengthens the bond between Jason and each athlete, making them feel valued and motivated. Parents frequently mention how Jason goes out of his way to support athletes during games and competitions. "He cares about his athletes in the gym and out," one satisfied parent said, highlighting his dedication to fostering their overall success.

State-of-the-Art Facilities and Equipment

360 Athlete is equipped with top-notch equipment that caters to the specific needs of each athlete. The spacious and clean facility enables athletes to train effectively and reach their peak potential. As one athlete stated, "I gained 2 inches on my vertical, and 15.5 inches on my broad. My lifting increases were insane." These impressive results underscore the effectiveness of the training programs offered. Moreover, the facility ensures that every athlete, regardless of their mobility requirements, can access the full range of services available. With a **wheelchair-accessible entrance** and **car park**, 360 Athlete makes it a priority to accommodate all individuals pursuing their fitness goals.

Why Choose 360 Athlete, LLC?

With a stellar track record of helping athletes achieve their goals, 360 Athlete stands out as a premier physical fitness program in Ankeny, Iowa. Here are just a few reasons why you should consider joining: - **Personalized Training:** Each athlete receives a customized program that addresses their specific needs and aspirations. - **Comprehensive Development:** Focus on both mental and physical growth enhances overall performance. - **Inclusive Environment:** Accessibility features ensure that everyone can participate and benefit from the program. - **Supportive Community:** Become part of a family that encourages hard work, discipline, and achievement. In conclusion, if you're seeking a physical fitness program that prepares athletes for success while ensuring a

welcoming and accessible environment, look no further than **360 Athlete, LLC**. Experience the difference that dedicated training can make in your journey towards achieving athletic excellence.

You will find us at

3600 NW 83rd PI, 50023 Ankeny, Iowa - United States (US)

The phone of the mentioned **Physical fitness program** is <u>+1515-802-1410</u> And if you want to send a WhatsApp, you can do so at+1515-802-1410

The website is 360 Athlete, LLC

If you wish to alter any data that you think is not accurate concerning this portal, please forward a message and we will handle it as soon as possible. In advance thanks for your cooperation.

Images



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Tags

Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility

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