

## Pure Barre - Boise

boise

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boise

## Pure Barre - Boise

### Discover Pure Barre Boise: A Fitness Program for Everyone

If you're in Boise, Idaho, and searching for a transformative fitness experience, look no further than **Pure Barre Boise**. This studio is not just about workouts; it's a community that welcomes all fitness levels, making it a perfect place to start or elevate your fitness journey.

### Accessibility at Pure Barre Boise

At Pure Barre Boise, accessibility is a priority. The studio features a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**,

ensuring that everyone can join in on the fun. The welcoming atmosphere reflects the commitment of the instructors and staff to create an inclusive environment.

## **A Community Like No Other**

The feedback from members highlights the strong sense of community at Pure Barre Boise. Many have reported feeling welcomed since their very first class, with instructors who provide personalized corrections to ensure proper form. This attention to detail helps prevent injuries and boosts confidence, essential aspects of any fitness program. One member noted, "I never have to worry about doing something incorrect and injuring myself."

## **Challenging Workouts for Every Body**

While Pure Barre is a low-impact workout, it is designed to challenge participants of all abilities. Members rave about the effectiveness of the workouts, which target small muscle groups often neglected in traditional gym settings. As one enthusiastic client shared, "It has changed my life!" After attending classes consistently, many report improved strength, flexibility, and even mental health benefits.

## **Variety of Classes and Events**

Pure Barre Boise offers a diverse range of class types, from 30-minute intensives to classic barre sessions. The variety keeps members engaged, and the upbeat music adds to the experience. Furthermore, the studio hosts community events and fundraising activities, tying the fitness experience to the local Boise culture.

## **A Welcoming Environment**

Clients consistently mention the friendly, supportive nature of both staff and fellow members. With instructors dedicated to motivating everyone, it's no surprise that many individuals feel empowered and inspired each time they step into the studio. "I've been attending this studio for 4 years, and it has turned into so much more than just a physical health program," explained one long-term member.

## **Why Choose Pure Barre Boise?**

If you are looking for a supportive community, effective workout regimen, and a welcoming atmosphere, Pure Barre Boise has everything you need. The combination of accessibility features, a variety of class types, and a strong community bond makes it an ideal location for anyone eager to improve their fitness. In conclusion, Pure Barre Boise stands out not only for its effective workouts but also for its dedication to inclusivity and community support. Join the movement and experience why so many have fallen in love with this amazing fitness studio!

## The business is situated at

550 S Broadway Ave Suite 110, 83702 Boise, Idaho - United States (US)

The contact line of this **Physical fitness program** is +1208-841-2311

And if you want to send a WhatsApp, you can do so at +1208-841-2311

## Our public attention hours are:

Day Hours  
Monday

6?AM–8?PM

Tuesday

6?AM–8?PM

Wednesday

6?AM–8?PM

Thursday

6?AM–7:30?PM

Friday

6?AM–6:30?PM

Saturday

8–11:30?AM

Sunday

8:30?AM–5?PM

The website is Pure Barre

If you wish to change any data that you feel is not accurate regarding this web, we kindly request send us a message and we will correct it as soon as possible. Thank you in advance we appreciate it.

## Images

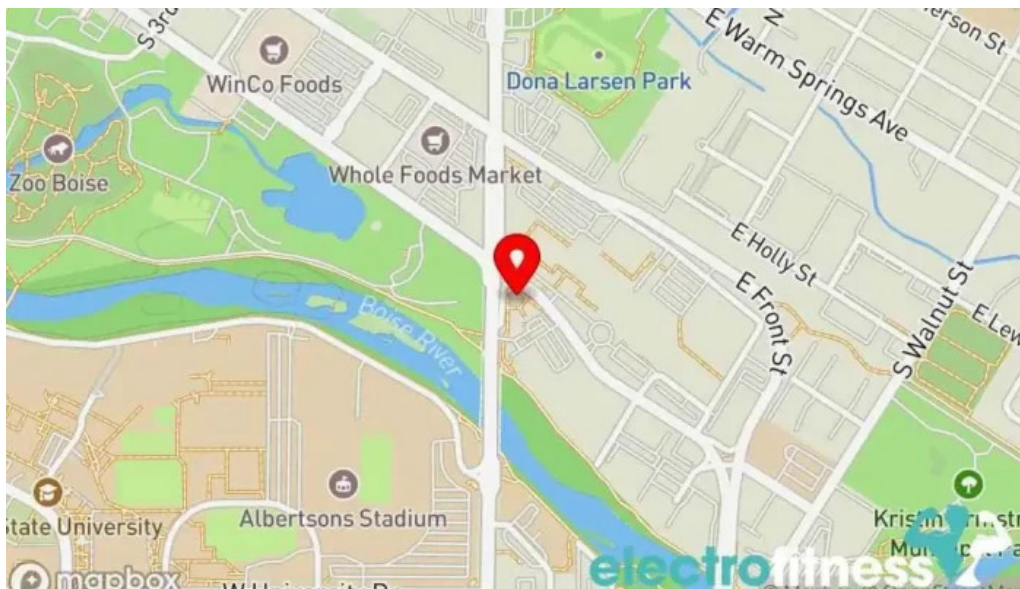


*Pure barre street view 360deg*



*Pure barre physical fitness program*





*Pure barre map*



*Pure barre by owner*



Pure barre boise



Pure barre all

## Tags

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fitness
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golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel

kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
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pilates studio
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public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
weightlifting area
wellness center
wellness program
yoga instructor



yoga studio
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