

## Wku Health & Fitness Lab - Bowling Green

bowling green

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*bowling green*

### *Wku Health & Fitness Lab - Bowling Green*

## Exploring the WKU Health & Fitness Lab: A Comprehensive Physical Fitness Program

The **\*\*WKU Health & Fitness Lab\*\***, located in Bowling Green, Kentucky, is a premier destination for those seeking to enhance their physical well-being. With an array of amenities and services designed for inclusivity, this facility stands out for its commitment to accessibility and quality.

### **Accessibility for All**

One of the most notable features of the WKU Health & Fitness Lab is its commitment to **\*\*accessibility\*\***. The facility boasts a **\*\*wheelchair-accessible car park\*\***, ensuring that all visitors can enter and enjoy the services offered without any hassle. Additionally, the **\*\*wheelchair-accessible entrance\*\*** facilitates easy access for individuals with mobility challenges, thereby promoting an inclusive environment.

## **Amenities That Enhance Your Experience**

Visitors to the WKU Health & Fitness Lab will find a variety of amenities that cater to diverse fitness needs. The facility includes a well-maintained **\*\*swimming pool\*\***, ideal for both relaxation and serious training. The pool area is accessible, allowing everyone to benefit from its therapeutic properties. Reviews highlight the exceptional **\*massage services\*** available at the lab, with many clients praising the friendly staff and the overall experience. "Great massage with friendly staff," a visitor comments, reflecting the overall atmosphere of warmth and professionalism. Many have echoed sentiments like, "Wow, the massage was so worth it! Great service, very relaxing." Such feedback indicates that the staff not only provides effective massages but also creates a soothing environment that enhances overall wellness.

## **Affordability and Quality Service**

Another standout aspect of the WKU Health & Fitness Lab is its affordability. With descriptions like "Best massages in town & SO affordable," it's clear that visitors appreciate the value they receive. The balance between quality and cost makes this facility a highly recommended option for individuals seeking fitness and relaxation in Bowling Green. In conclusion, the WKU Health & Fitness Lab offers a well-rounded **\*\*physical fitness program\*\*** that is accessible, affordable, and equipped with excellent amenities. Whether you're looking to swim, get a massage, or simply engage in a fitness routine, you'll find a welcoming environment that prioritizes your health and wellness journey.

## **You can find us at**

1906 College Heights Blvd, 42101 Bowling Green, Kentucky - United States (US)

The contact phone of said **Physical fitness program** is +1270-745-6531  
And if you want to send a WhatsApp, you can do so at +1270-745-6531

## **Our opening hours are:**

Day Hours  
Monday

6?AM–8?PM

Tuesday

6?AM–8?PM

Wednesday

6?AM–8?PM

Thursday

6?AM–8?PM

Friday

9?AM–6?PM

Saturday

1–7?PM

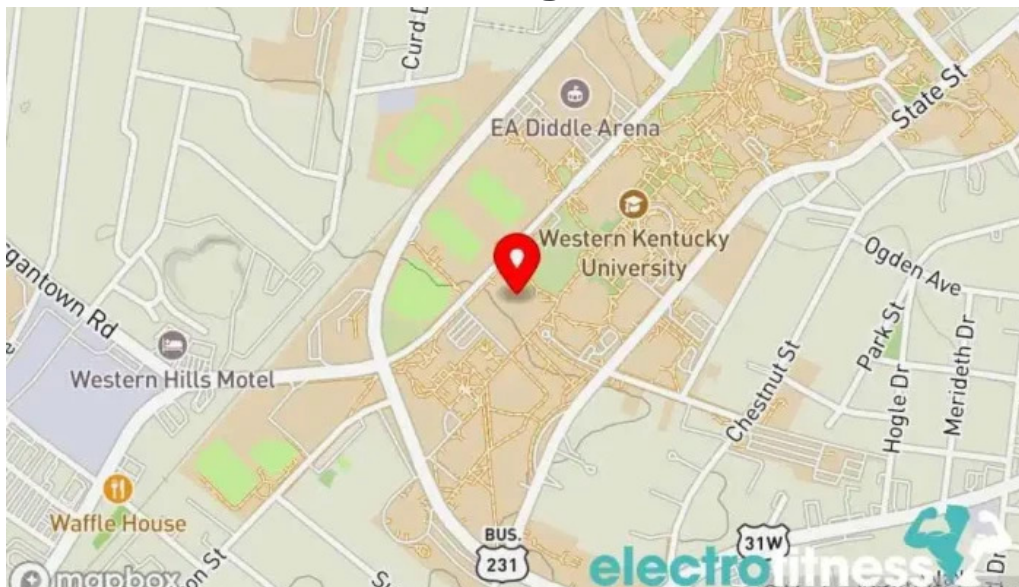
Sunday

6?AM–8?PM

The website is WKU Health & Fitness Lab

If you require to modify any detail that you believe is not precise regarding this site, please send us a message and we will handle it as soon as possible. In advance thank you very much.

## Images



*Wku health fitness lab map*



*Wku health fitness lab bowling green*



*Wku health fitness lab all*

## Tags

*Wheelchair-accessible car park, Wheelchair-accessible entrance, Swimming pool, Accessibility, Amenities*

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**5.0 \*** *Hotworx - Bowling Green, Ky - Bowling Green*



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<b>5.0 *</b>	<i>The Strength Lab, Llc - Clemmons</i>
<b>4.8 *</b>	<i>Anytime Fitness - Bowling Green</i>
<b>5.0 *</b>	<i>Active Lab - Broomfield</i>
<b>5.0 *</b>	<i>Gf Performance Lab - Santa Clarita</i>
<b>5.0 *</b>	<i>East Bay Golf Lab - Walnut Creek</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
college

community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel

kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall

soccer club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization