

## Elite Fitness - Grapeland

grapeland

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| Published on: 28/05/25 | Hits: 319    |
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## *Elite Fitness - Grapeland*

### Welcome to Elite Fitness: A Hub for Physical Fitness in Grapeland, Texas

Elite Fitness is a premier **\*\*physical fitness program\*\*** located in the heart of Grapeland, Texas. It has established itself as a beloved destination for families seeking a nurturing and supportive environment for their children's physical development.

### Accessibility Matters at Elite Fitness

One of the standout features of Elite Fitness is its commitment to

**\*\*accessibility\*\***. The facility boasts a **\*\*wheelchair-accessible entrance\*\*** and a **\*\*wheelchair-accessible car park\*\***, ensuring that everyone can enjoy the benefits of physical fitness, regardless of their mobility challenges.

## **Programs Offered at Elite Fitness**

Elite Fitness caters to a wide range of interests and age groups. The center offers extensive programs including: - Gymnastics at all levels - Competitive cheerleading - Mixed Martial Arts (MMA) classes - Private lessons for personalized training - Facility rentals for parties. Parents appreciate the vibrant atmosphere where kids can thrive. One parent shared, "We love this gym! I know my daughter is safe, loved, and cared for." This sentiment resonates with many families who have made Elite Fitness a part of their regular activities.

## **A Place for Growth and Development**

With specialized equipment ranging from balance beams to foam pits, Elite Fitness provides an excellent training ground for young athletes. Children start their gymnastics journey as early as three years old, engaging in fun activities that develop foundational skills. Parents can also utilize the fitness center while their kids are in class, making it a perfect setup for family wellness.

## **Community-Centric Environment**

The owners of Elite Fitness are deeply rooted in the local community, incorporating their values into the gym's operations. With strong Christian principles, the facility promotes not just physical fitness but also moral and spiritual growth. As one satisfied parent noted, "The atmosphere is amazing, and the trainers show tremendous compassion towards the athletes."

## **Quality Staff and Coaching**

The staff at Elite Fitness is known for their expertise and kindness. Reviews highlight the incredible support provided by coaches, making the learning experience enjoyable for kids. "My daughter absolutely loves her coaches," one parent remarked, emphasizing the importance of positive reinforcement in training.

## **Facilities for Every Need**

From **\*\*VO2 max testing\*\*** to health screenings, Elite Fitness ensures comprehensive services for fitness enthusiasts. The facility maintains high cleanliness standards and offers competitive pricing for classes, making it an attractive choice for families looking for quality fitness programs.

## **Join the Elite Fitness Family!**

Whether you are interested in gymnastics, cheerleading, or adult fitness classes, Elite Fitness stands out as a top choice in Grapeland, Texas. With a focus on community, safety, and development, this center welcomes individuals

of all abilities. Families leave with smiles on their faces, knowing they have found a place where their children can grow, learn, and thrive. Explore the benefits of becoming part of the Elite Fitness family today!

**We are established at**

208 FM 228, 75844 Grapeland, Texas - United States (US)

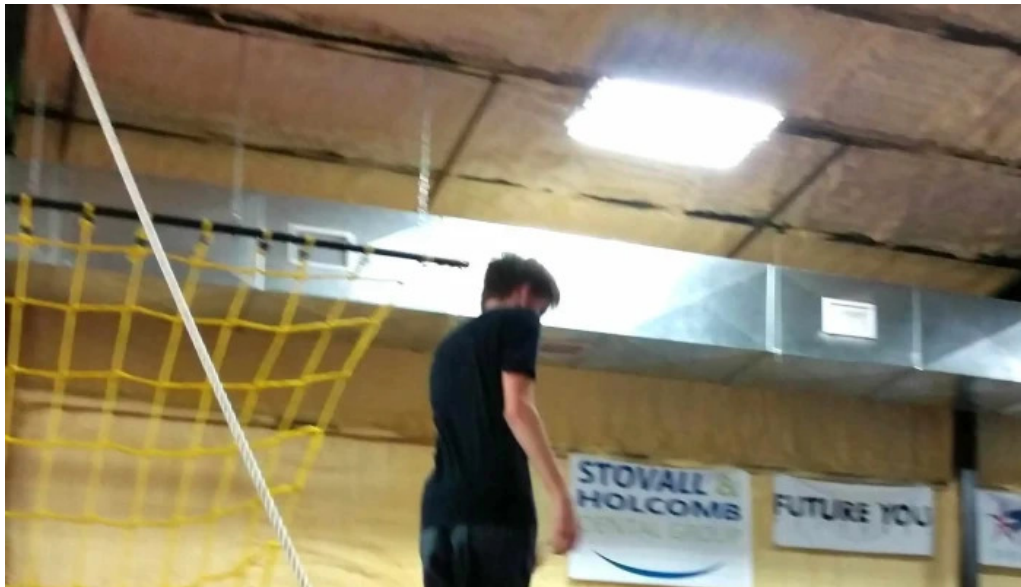
The contact phone of the mentioned **Physical fitness program** is +1936-687-1009  
And if you want to send a WhatsApp, you can do so at +1936-687-1009

**You can visit us at the following hours:**

| Day       | Hours     |
|-----------|-----------|
| Monday    | 3–8?PM    |
| Tuesday   | 3:30–8?PM |
| Wednesday | 3–8?PM    |
| Thursday  | Closed    |
| Friday    | Closed    |
| Saturday  | Closed    |
| Sunday    | 3–8?PM    |

In case you want to modify any detail that you believe is not accurate about this site, we kindly request forward a message so we can we will correct it promptly. Thank you in advance thank you very much.

**Images**



*Elite fitness where*



*Elite fitness street view 360deg*



*Elite fitness reviews*



*Elite fitness physical fitness program*

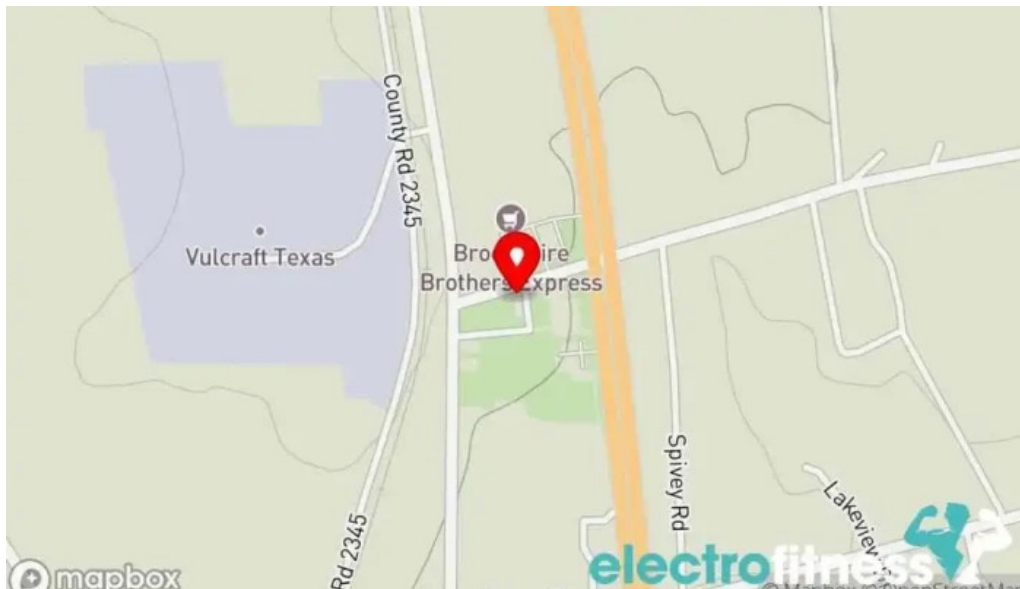




*Elite fitness open now*



*Elite fitness near me*



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*Elite fitness all*

## Tags

*Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance*

## Related content

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| 4.8 * | <i>Punch Elite Fitness Miami - Miami</i>                    |
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| 5.0 * | <i>Isi Elite Training - Burlington, Nc - Burlington</i>     |
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| 4.7 * | <i>Isi Elite Training - Walnut Creek, Ca - Walnut Creek</i> |

## Categories

|                     |
|---------------------|
| academic department |
| acupuncture clinic  |



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|----------------------------|
| after school program       |
| aikido school              |
| amusement center           |
| amusement park ride        |
| animal feed store          |
| apartment building         |
| apartment complex          |
| aquatic centre             |
| arena                      |
| art gallery                |
| assisted living facility   |
| association / organization |
| athletic club              |
| auditorium                 |
| bar                        |
| barber shop                |
| basketball club            |
| basketball court           |
| batting cage center        |
| beauty salon               |
| body shaping class         |
| boot camp                  |
| boxing club                |
| boxing gym                 |
| boxing ring                |
| buddhist temple            |
| cafe                       |
| children's party service   |
| chiropractor               |
| church                     |
| club                       |
| coffee shop                |
| college                    |
| community center           |
| community health centre    |
| convenience store          |
| corporate office           |
| counselor                  |
| country club               |
| coworking space            |
| cultural center            |
| dance club                 |

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| dance company                                |
| dance school                                 |
| day spa                                      |
| department store                             |
| disability services and support organization |
| disc golf course                             |
| discount store                               |
| dive shop                                    |
| doctor                                       |
| dollar store                                 |
| educational institution                      |
| electric utility company                     |
| elementary school                            |
| exercise equipment store                     |
| facial spa                                   |
| fertility clinic                             |
| firearms academy                             |
| fitness                                      |
| fitness center                               |
| fitness equipment wholesaler                 |
| food producer                                |
| foot care                                    |
| fountain                                     |
| gated community                              |
| golf club                                    |
| golf course                                  |
| golf instructor                              |
| grocery store                                |
| gun club                                     |
| gym  |
| gymnasium school                             |
| gymnastics center                            |
| gymnastics club                              |
| hair salon                                   |
| health consultant                            |
| health food restaurant                       |
| health food store                            |
| health spa                                   |
| hiking area                                  |
| historical landmark                          |
| hospital                                     |
| hotel  |

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|-------------------------------------|
| ice skating rink                    |
| indoor cycling                      |
| indoor golf course                  |
| indoor lodging                      |
| jujitsu school                      |
| karate club                         |
| karate school                       |
| kennel                              |
| kickboxing school                   |
| kinesiologist                       |
| kinesiotherapist                    |
| martial arts club                   |
| martial arts school                 |
| massage spa                         |
| massage therapist                   |
| medical clinic                      |
| medical group                       |
| medical spa                         |
| meditation center                   |
| metaphysical supply store           |
| muay thai boxing gym                |
| non-profit organization             |
| nutritionist                        |
| outdoor clothing and equipment shop |
| outdoor sports store                |
| outdoor swimming pool               |
| pain control clinic                 |
| park                                |
| parking lot                         |
| parkour spot                        |
| personal trainer                    |
| pharmacy                            |
| physical fitness program            |
| physical therapist                  |
| physical therapy clinic             |
| pickleball court                    |
| pilates studio                      |
| pregnancy care center               |
| private golf course                 |
| psychotherapist                     |
| public educational institution      |
| public library                      |

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|-----------------------------|
| public swimming pool        |
| real estate developer       |
| recreation center           |
| rehabilitation center       |
| resort hotel                |
| restaurant                  |
| rock climbing               |
| rock climbing gym           |
| rv park                     |
| sauna                       |
| school                      |
| school district office      |
| self defense school         |
| senior citizen center       |
| shooting range              |
| shopping mall               |
| soccer club                 |
| social club                 |
| software company            |
| spa                         |
| spa and health club         |
| sporting goods store        |
| sports club                 |
| sports complex              |
| sports massage therapist    |
| sports medicine clinic      |
| sports nutrition store      |
| sports school               |
| summer camp organizer       |
| supermarket                 |
| swimming facility           |
| swimming instructor         |
| swimming pool               |
| swimming school             |
| taekwondo school            |
| tanning salon               |
| tennis club                 |
| thrift store                |
| trade school                |
| training centre             |
| vitamin & supplements store |
| water park                  |



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|--------------------------|
| weight loss service      |
| weightlifting area       |
| wellness center          |
| wellness program         |
| women's organization     |
| women's personal trainer |
| wrestling school         |
| yoga instructor          |
| yoga studio              |
| youth center             |
| youth organization       |