

Code 3 Athletics Hawthorne - Hawthorne

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Code 3 Athletics: Your Premier Physical Fitness Program in Hawthorne, California

If you're looking for a physical fitness program that combines effective workouts with a supportive community, look no further than **Code 3 Athletics** in Hawthorne, California. Known for its personalized approach to fitness, Code 3 has been transforming lives since its inception.

Accessibility and Amenities

Accessibility is a key feature at Code 3 Athletics. The gym boasts a **wheelchair-accessible entrance**, ensuring everyone can participate in their fitness journey. For those driving to the facility, the **wheelchair-accessible car park** makes it convenient for all members. Additionally, the facility provides necessary **toilets** that accommodate everyone's needs.

Parking Made Easy

Finding a place to park is often a hassle, but not at Code 3. The gym offers a **free parking lot**, which is easily accessible for all members and guests. Whether you're attending a class or coming in for personal training, parking is one less thing to worry about!

On-Site Services and Supportive Environment

One of the standout features of Code 3 Athletics is the **on-site services** provided by dedicated coaches like Tim. His approach to fitness coaching is deeply rooted in personal connection and support. Members consistently praise Tim for his ability to motivate and guide individuals through their fitness journeys—regardless of skill level. This makes the classes perfectly tailored for beginners, intermediates, and advanced athletes alike.

A Community Like No Other

The community at Code 3 is welcoming, encouraging, and motivates every member to push themselves further. Many members have shared how this camaraderie has played a significant role in their fitness transformations. For example, one member noted that the group classes are engaging and push participants to "break a sweat," creating a fun yet challenging environment.

Transforming Lives Through Fitness

Members have expressed profound gratitude for the positive impacts on both their physical and mental health. From losing weight to gaining confidence, the testimonials speak volumes about the effectiveness of the program. One member lost 45 pounds and emphasized that "everyone struggles" during workouts, making it a motivating experience rather than intimidating.

Conclusion: Join the Fitness Revolution at Code 3 Athletics

Whether you're new to fitness or looking to enhance your current routine, Code 3 Athletics in Hawthorne is equipped for your success. With its focus on

accessibility, ample parking, and an outstanding community spirit, it's more than just a gym; it's a place where everyone can thrive. Take the first step towards achieving your fitness goals today—join the Code 3 family!

We are found at

3715 W Rosecrans Ave, 90250 Hawthorne, California - United States (US)

The contact phone of this **Physical fitness program** is +1310-795-4350
And if you want to send a WhatsApp, you can do so at +1310-795-4350

You can visit us at the following hours:

| Day | Hours |
|-----------|-----------|
| Monday | 9–10?AM |
| Tuesday | Closed |
| Wednesday | 6?AM–8?PM |
| Thursday | 6?AM–8?PM |
| Friday | 6?AM–8?PM |
| Saturday | 6?AM–8?PM |
| Sunday | 6?AM–7?PM |

The website is Code 3 Athletics Hawthorne

If you need to adjust any element that you consider is incorrect related to this web, we ask send us a message so that we will fix it quickly. Thank you in advance thank you very much.

Images



Code 3 athletics hawthorne street view 360deg



Code 3 athletics hawthorne physical fitness program



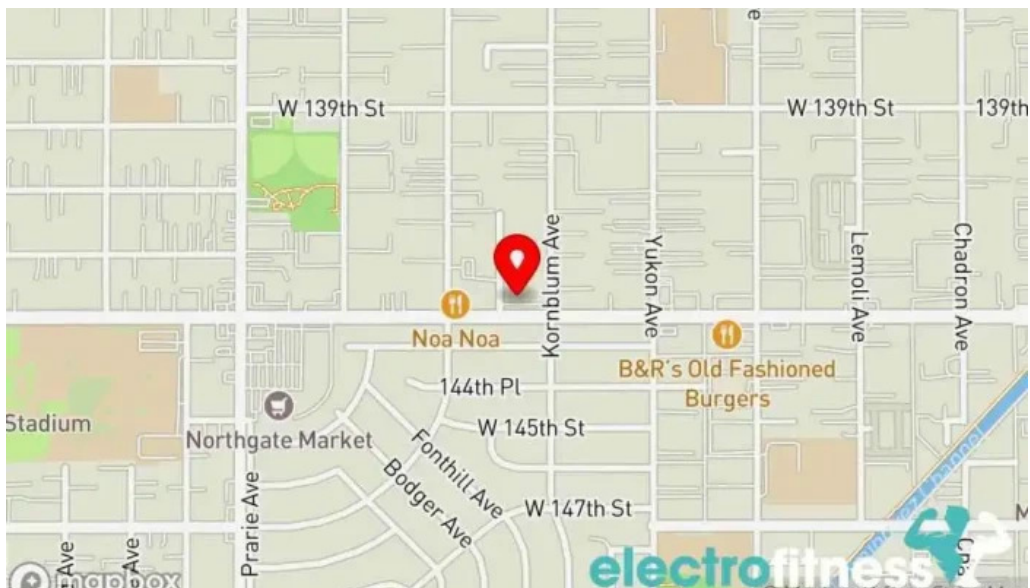
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Code 3 athletics hawthorne map



Code 3 athletics hawthorne how to get there



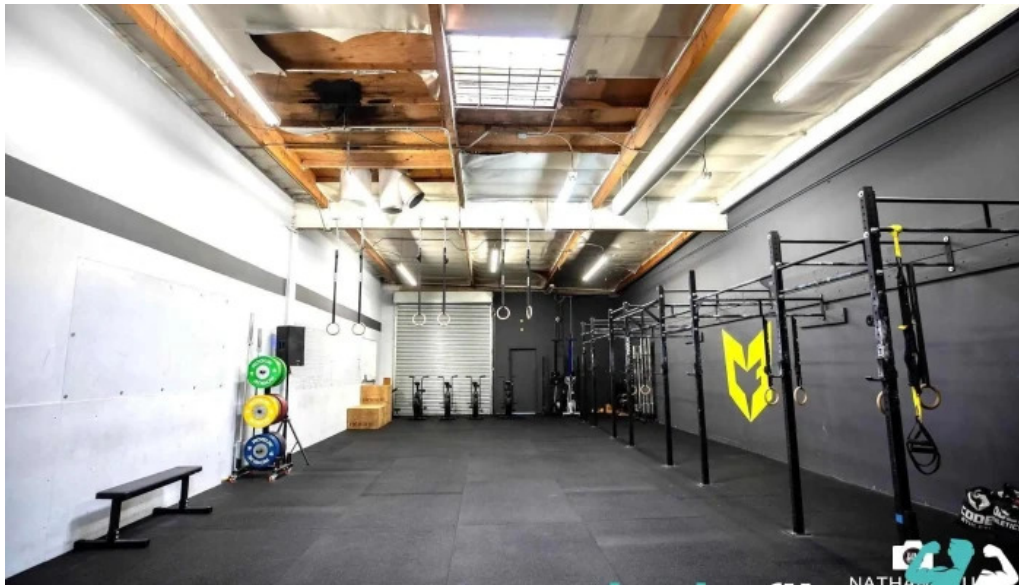
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Tags

Amenities, Accessibility, Toilet, Free parking lot, Service options, Wheelchair-accessible entrance, Parking, Wheelchair-accessible car park, On-site services

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