

## Blue Star Fitness - Jaffrey

jaffrey

☐ I'm not a robot


  
RECAPTCHA

Published on: 21/05/25	Hits: 64
Comments: 0	See comments
Votes: 8	Score: 5

[https://www.electrofitness.com/physical-fitness-program/jaffrey/blue-star-fitness-jaffrey\\_318523.php](https://www.electrofitness.com/physical-fitness-program/jaffrey/blue-star-fitness-jaffrey_318523.php)



*jaffrey*

## *Blue Star Fitness - Jaffrey*

### **Discover Blue Star Fitness: A Premier Physical Fitness Program in Jaffrey, New Hampshire**

Blue Star Fitness, located in the charming town of Jaffrey, New Hampshire, is not just a fitness center; it's a community hub dedicated to promoting health and wellness. Owned and operated by Ursula, a highly respected trainer, this women-owned business offers a range of options designed to cater to everyone, regardless of fitness level.

### **Online Classes and On-Site Services**

In today's fast-paced world, flexibility is key. Blue Star Fitness understands this need and provides both **\*\*online classes\*\*** and **\*\*on-site services\*\*** to ensure everyone has access to their fitness journey. Whether you prefer to sweat it out at home or in the welcoming environment of Blue Star, Ursula's classes are designed to keep you motivated and engaged.

### **Accessibility and Convenience**

Accessibility is a priority at Blue Star Fitness. The facility features a **\*\*wheelchair-accessible car park\*\***, making it easy for everyone to participate in the program. The welcoming atmosphere is complemented by thoughtful service options that cater to diverse needs, ensuring that every individual feels comfortable and supported during their fitness journey.

### **A Welcoming Community for All**

The reviews speak volumes about the positive community vibe at Blue Star Fitness. Clients rave about the supportive environment where members work hard together while having fun. Many have noted that planning their classes in advance helps them treat their workouts with the importance they deserve. Ursula's meticulous planning guarantees well-rounded workouts that maximize time and effectiveness.

### **A Trainer Who Cares**

Ursula isn't just a fitness trainer; she's a motivator and an integral part of many clients' success stories. Testimonials highlight not only her expertise but also her nurturing approach, helping clients overcome hurdles and achieve their fitness goals. From strength training to endurance workouts, Ursula tailors each session to meet individual needs, fostering a sense of accomplishment among her clients.

### **The Blue Star Experience**

Clients consistently express their satisfaction, stating that Blue Star Fitness offers a variety of classes suitable for all levels of experience. With a focus on building strength and resilience, many have found the support they needed to push through physical challenges. One client even thanked Ursula for her newfound strength, enabling them to tackle tasks they hadn't accomplished in years.

### **Join the Movement at Blue Star Fitness**

If you're looking for a **\*\*personal training and group exercise\*\*** boutique that emphasizes community, accessibility, and individualized care, look no further than Blue Star Fitness. With a strong commitment to improving lives, Ursula and her team provide programs that are not only effective but also enjoyable. Join the growing number of satisfied clients who have discovered the transformative power of fitness at Blue Star. Your journey to wellness starts here!

**We are found at**

9 Blake St, 03452 Jaffrey, New Hampshire - United States (US)

The phone of the respective **Physical fitness program** is +1603-491-7766

And if you want to send a WhatsApp, you can do so at +1603-491-7766

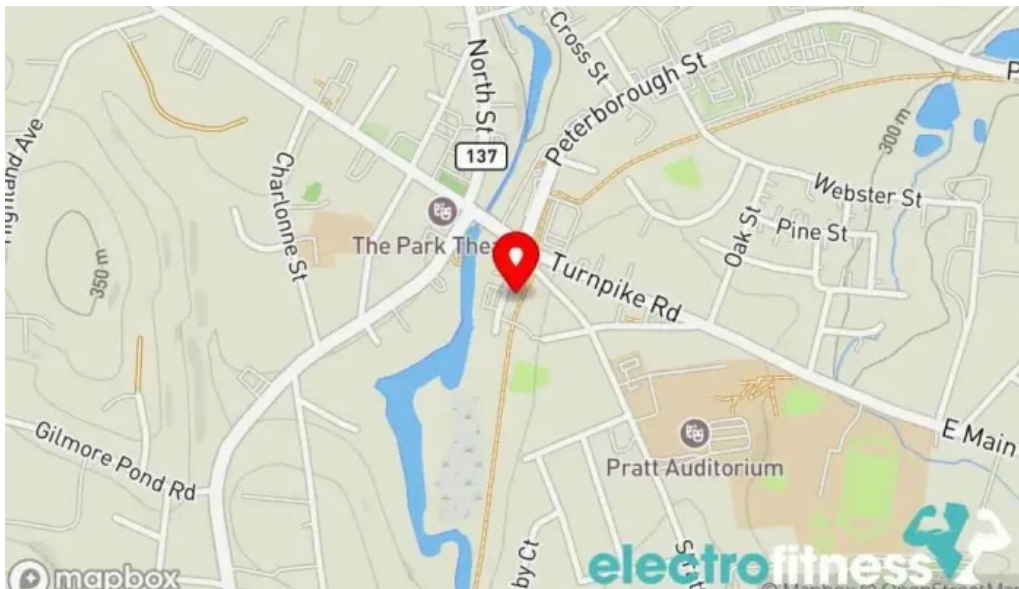
The website is Blue Star Fitness

In case you want to update any information that you believe is not correct about this page, we urge you to forward a message so we can we will correct it as soon as possible. Thank you in advance thanks for your cooperation.

## Images



*Blue star fitness street view 360deg*



*Blue star fitness map*



*Blue star fitness jaffrey*





*Blue star fitness by owner*



*Blue star fitness all*

## Tags

*Accessibility, On-site services, Identifies as women-owned, Service options, From the business, Wheelchair-accessible car park, Online classes*

## Related content

---

**4.7 \*** *Blue Star Gym - Saugatuck*

---

**4.5 \*** *Blue Hill Fitness Center - Blue Hill*

---

**4.9 \*** *Blue Lagoon Aquatic Center - Alachua*

---

**5.0 \*** *Domination Fitness of Star - Star*

<b>4.9 *</b>	<i>Blue Wolf Pilates - New Meadows</i>
<b>5.0 *</b>	<i>Lone Star Physiques - Kirksville</i>
<b>5.0 *</b>	<i>Star Method Boxing - Walnut Creek</i>
<b>4.0 *</b>	<i>Anytime Fitness - Star</i>
<b>4.8 *</b>	<i>CrossFit Star Valley - Afton</i>
<b>5.0 *</b>	<i>Desert Diamonds All Star Cheer - Victorville</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
cafe
children's party service
chiropractor
church
club
coffee shop

college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area

hospital
hotel
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center



resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer

wrestling school
yoga instructor
yoga studio
youth center
youth organization