


Redeeming Fitness, Llc - Jenison

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Redeeming Fitness, Llc - Jenison

Welcome to Redeeming Fitness, LLC: Your Premier Physical Fitness Program in Jenison, Michigan

Redeeming Fitness, LLC stands out as a beacon of positivity and empowerment in the world of fitness. Located in Jenison, Michigan, this women-owned business offers a range of **service options** designed to cater to individual needs, making it an ideal choice for those looking to improve their physical wellbeing.

Personal Training Tailored to You

At Redeeming Fitness, clients have the opportunity to work with Rachel, a highly qualified personal trainer who customizes workout plans based on specific goals. Rachel's approach not only focuses on physical strength but also emphasizes nutritional guidance. As one happy client stated, "Working with Rachel was awesome! She sets up workout plans specifically for you and your goals." This personalized attention has helped many clients achieve significant results, including improved mental health and physical strength.

Accessible Fitness for All

Accessibility is a key consideration at Redeeming Fitness. The facility boasts a **wheelchair-accessible entrance** and **wheelchair-accessible car park**, ensuring that everyone can participate in their fitness journey comfortably. This commitment to inclusivity reflects the core values of the business, making it a welcoming environment for everyone.

Engaging Online Classes

In addition to on-site services, Redeeming Fitness offers **online classes** that provide flexibility for clients to engage in workouts from the comfort of their homes. These classes maintain the same high standards of encouragement and fun as in-person sessions, allowing more people to join in the fitness community created by Rachel.

A Supportive Community

The atmosphere at Redeeming Fitness is described as challenging yet uplifting. Clients often mention the supportive camaraderie they share, stating, "I have a great time waking up and going to workout with a group of girls every Tuesday." This sense of community encourages participants to push their limits while forming lasting relationships with fellow fitness enthusiasts.

Why Choose Redeeming Fitness

Rachel's infectious positive energy and dedication to her clients make her a standout trainer. Many clients echo the sentiment that "Rachel is a ball of positive energy!" Her ability to motivate and inspire is reflected in the numerous success stories of individuals who have transformed their lives through her guidance. As one satisfied customer noted, "I have lost over 50 pounds working with her."

Contact Redeeming Fitness Today!

If you're looking for a personal trainer who genuinely cares about your fitness journey, look no further than Redeeming Fitness, LLC. With a variety of **service options**, a commitment to accessibility, and an encouraging atmosphere, Rachel is ready to help you redeem your fitness! Don't wait—call today to find out how you can start your journey towards a healthier, happier you!

You can find us at

4701 Luce St, 49428 Jenison, Michigan - United States (US)

The phone number of the mentioned **Physical fitness program** is +1734-716-5211
And if you want to send a WhatsApp, you can do so at +1734-716-5211

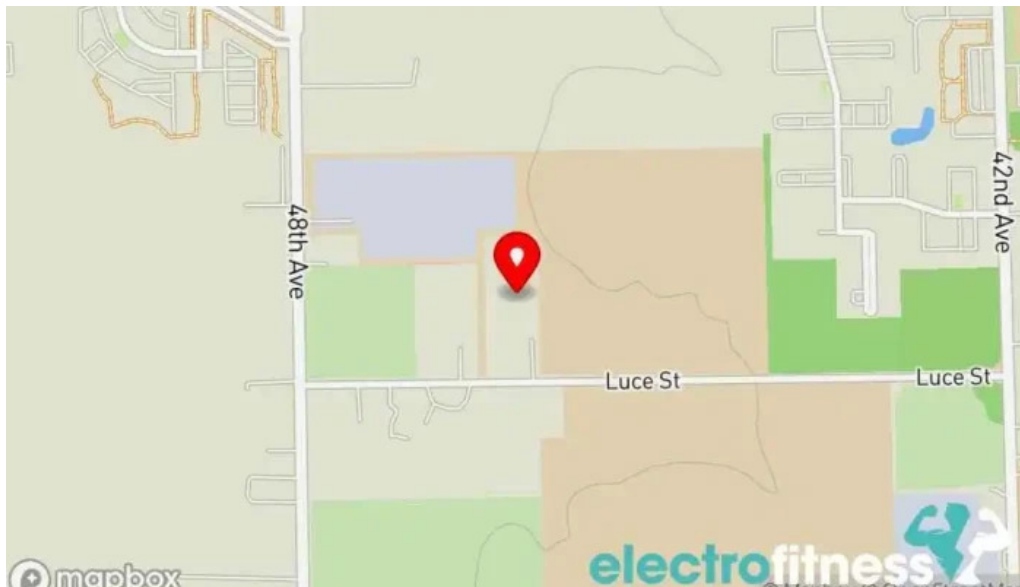
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Sunday
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The website is Redeeming Fitness, LLC

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Images



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Tags

Identifies as women-owned, Wheelchair-accessible car park, Service options, Wheelchair-accessible entrance, Online classes, Accessibility, From the business, On-site services

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