

Eagleglen Fitness Park - Joint Base Elmendorf-Richardson

joint base elmendorf-richardson

☐ I'm not a robot



RECAPTCHA

| | |
|------------------------|--------------|
| Published on: 26/05/25 | Hits: 140 |
| Comments: 0 | See comments |
| Votes: 14 | Score: 4.8 |

https://www.electrofitness.com/physical-fitness-program/joint-base-elmendorf-richardson/eagleglen-fitness-park-joint-base-elmendorf-richardson_341573.php



joint base elmendorf-richardson

Eagleglen Fitness Park - Joint Base Elmendorf-Richardson

Explore the Eagleglen Fitness Park: A Gateway to Physical Fitness

Located in Joint Base Elmendorf-Richardson, AK, the ****Eagleglen Fitness Park**** offers an inviting atmosphere for fitness enthusiasts and families alike. This park is not only a cornerstone for physical fitness but also embraces accessibility for all visitors.

Accessibility Features at Eagleglen Fitness Park

One of the standout features of Eagleglen Fitness Park is its commitment to

****accessibility****. The park includes a ****wheelchair-accessible car park**** that ensures everyone can enjoy the beautiful outdoor setting without barriers. In addition, there is a ****wheelchair-accessible entrance****, making it easier for individuals with mobility challenges to access the trails and facilities.

Well-Maintained Trails for Diverse Activities

Visitors praise the trails at Eagleglen Fitness Park for their well-maintained condition and stunning scenery. The park offers different trails suitable for various activities and skill levels, including running, walking, and cross-country skiing. One visitor noted, "The trails are well maintained and the scenery is beautiful," highlighting the park's appeal for anyone looking to immerse themselves in nature while staying active.

Wildlife Encounters and Safety Tips

As you traverse the trails, be mindful of the abundant wildlife, including moose and bears. It's important to stay vigilant and carry bear spray to ensure safety during your adventures. Visitors have shared their experiences, mentioning, "Make sure to bring bear spray and stay moose aware" and "Watch out for bears!" Being cautious will enhance your experience, allowing you to appreciate the natural beauty without worry.

Trail Navigation and Mapping Challenges

While the trails are a joy to explore, some visitors have noted that navigating the park can be tricky. It's recommended to drop a pin at the entrance to avoid getting lost, as "it's easy to get lost and turned around." Trail maps may not depict all available paths, so it's wise to familiarize yourself with the layout before heading out, enhancing your fitness journey at Eagleglen.

Perfect for Family Outings and Pet Adventures

Eagleglen Fitness Park is not just for individual workouts; it's also an excellent spot for family outings. One visitor remarked, "Very quiet place to go for a walk with the family," indicating its suitability for a relaxing day outdoors. Additionally, the park is pet-friendly, making it possible to take your furry friends along on runs or walks, ensuring a fun outing for everyone.

Opportunities for Improvement

While the park has much to offer, some visitors expressed a desire for improved maintenance and additional amenities like BBQ/picnic spots and outdoor fitness equipment. Comments such as, "Could benefit from increased maintenance," reflect a collective hope to see this beautiful location flourish even more.

Conclusion: A Must-Visit Physical Fitness Destination

In summary, Eagleglen Fitness Park stands out as a premier destination for

physical fitness within Joint Base Elmendorf-Richardson. With its accessible features, well-maintained trails, and opportunities for wildlife encounters, it is a place that encourages active lifestyles. Whether you're running, skiing, or enjoying a peaceful walk, Eagleleglen Fitness Park welcomes everyone to experience its offerings.

You can find us in

Bldg. 4414, 99506 Joint Base Elmendorf-Richardson, AK - United States (US)

The contact line of said **Physical fitness program** is +1907-552-5353

And if you want to send a WhatsApp, you can do so at +1907-552-5353

Visit us during the following hours:

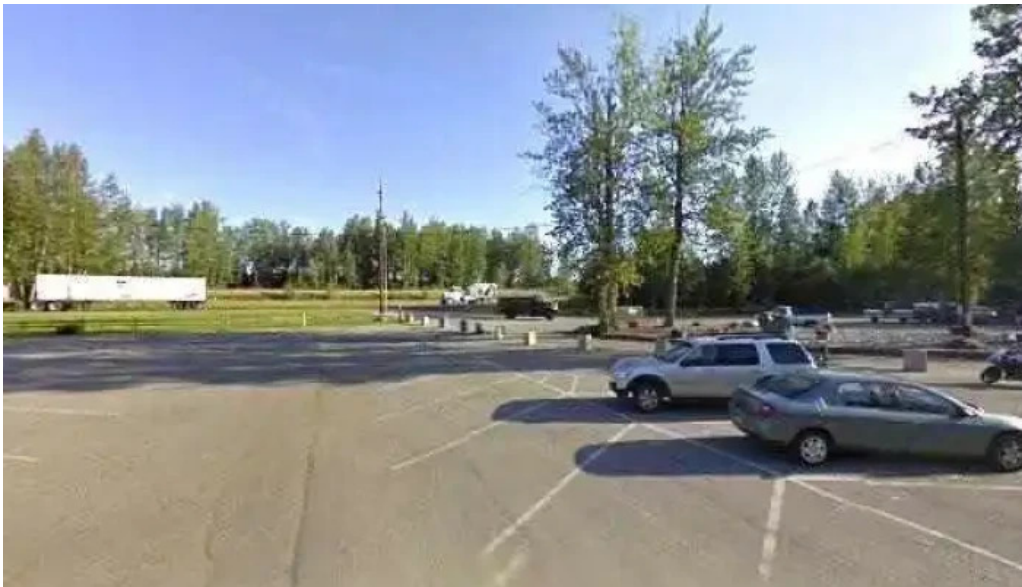
Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

In case you want to change any information that you feel is not correct regarding this site, please send us a message and we will handle it as soon as possible. With anticipation thanks.

Images



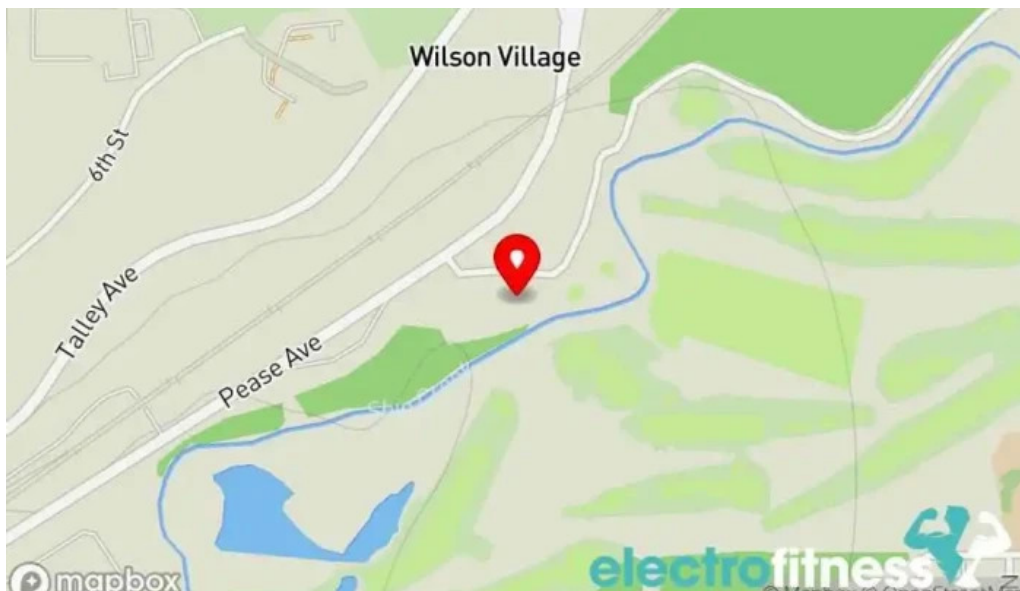
Eagleglen fitness park videos



Eagleglen fitness park street view 360deg



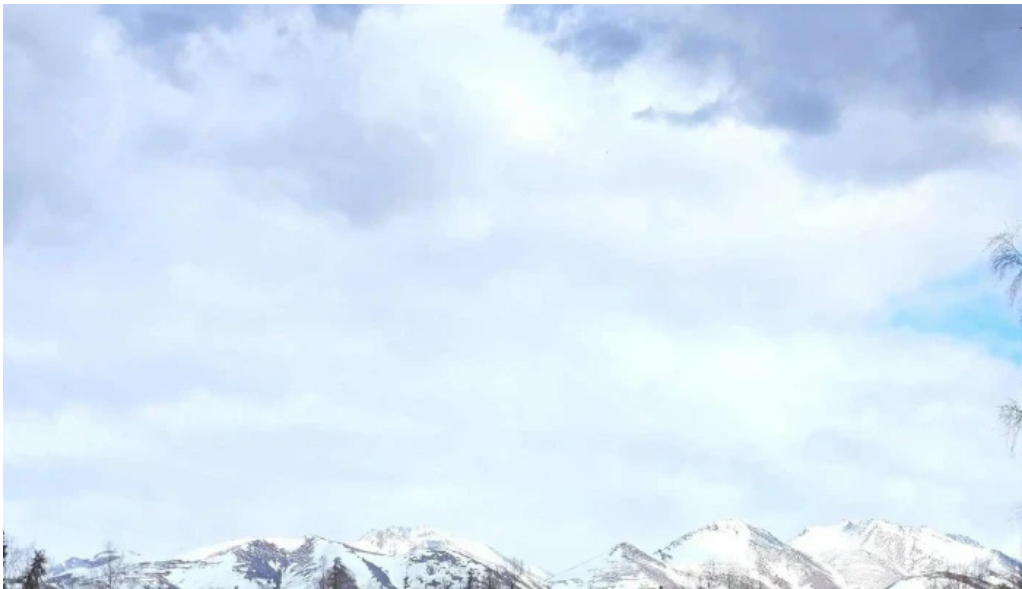
Eagleglen fitness park physical fitness program



Eagleglen fitness park map



Eagleglen fitness park joint base elmendorf richardson



Eagleglen fitness park discounts



Eagleglen fitness park all

Tags

Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park

Related content

| | |
|-------|--|
| 4.5 * | <i>Andrews Afb West Fitness Center - Joint Base Andrews</i> |
| 4.2 * | <i>Retro Fitness - Richardson</i> |
| 4.5 * | <i>Base Fitness Center - Altus</i> |
| 4.8 * | <i>Coast Guard Island Base Gym - Alameda</i> |
| 5.0 * | <i>Train 4 Tomorrow - Richardson</i> |
| 4.4 * | <i>McAdoo Fitness Center - Minot Air Force Base</i> |
| 4.8 * | <i>The Art Of Strong - Oakland</i> |
| 4.3 * | <i>Holiday Inn Express & Suites Allen Park by Ihg - Allen Park</i> |
| 5.0 * | <i>Park Colony Swim Club - Allen Park</i> |
| 4.4 * | <i>Fitness Court at City Park - Lincoln Park</i> |

Categories

| |
|---------------------|
| academic department |
| acupuncture clinic |

| |
|----------------------------|
| after school program |
| aikido school |
| amusement center |
| amusement park ride |
| animal feed store |
| apartment building |
| apartment complex |
| aquatic centre |
| arena |
| art gallery |
| assisted living facility |
| association / organization |
| athletic club |
| auditorium |
| bar |
| barber shop |
| basketball club |
| basketball court |
| batting cage center |
| body shaping class |
| boot camp |
| boxing club |
| boxing gym |
| boxing ring |
| buddhist temple |
| cafe |
| children's party service |
| chiropractor |
| church |
| club |
| coffee shop |
| college |
| community center |
| convenience store |
| corporate office |
| counselor |
| country club |
| coworking space |
| cultural center |
| dance club |
| dance company |
| dance school |

| |
|--|
| day spa |
| department store |
| disability services and support organization |
| disc golf course |
| discount store |
| dive shop |
| doctor |
| dollar store |
| educational institution |
| electric utility company |
| elementary school |
| exercise equipment store |
| facial spa |
| fertility clinic |
| firearms academy |
| fitness |
| fitness center |
| fitness equipment wholesaler |
| food producer |
| foot care |
| fountain |
| gated community |
| golf club |
| golf course |
| golf instructor |
| grocery store |
| gun club |
| gym |
| gymnasium school |
| gymnastics center |
| gymnastics club |
| hair salon |
| health consultant |
| health food restaurant |
| health food store |
| health spa |
| hiking area |
| historical landmark |
| hospital |
| hotel |
| ice skating rink |
| indoor cycling |

| |
|-------------------------------------|
| indoor golf course |
| indoor lodging |
| jujitsu school |
| karate club |
| karate school |
| kennel |
| kickboxing school |
| kinesiologist |
| kinesiotherapist |
| martial arts club |
| martial arts school |
| massage spa |
| massage therapist |
| medical clinic |
| medical group |
| medical spa |
| meditation center |
| metaphysical supply store |
| muay thai boxing gym |
| non-profit organization |
| nutritionist |
| outdoor clothing and equipment shop |
| outdoor sports store |
| outdoor swimming pool |
| pain control clinic |
| park |
| parking lot |
| parkour spot |
| personal trainer |
| pharmacy |
| physical fitness program |
| physical therapist |
| physical therapy clinic |
| pickleball court |
| pilates studio |
| pregnancy care center |
| private golf course |
| psychotherapist |
| public educational institution |
| public library |
| public swimming pool |
| real estate developer |

| |
|-----------------------------|
| recreation center |
| rehabilitation center |
| resort hotel |
| restaurant |
| rock climbing |
| rock climbing gym |
| rv park |
| sauna |
| school |
| school district office |
| self defense school |
| senior citizen center |
| shooting range |
| shopping mall |
| soccer club |
| social club |
| software company |
| spa |
| spa and health club |
| sporting goods store |
| sports club |
| sports complex |
| sports massage therapist |
| sports medicine clinic |
| sports nutrition store |
| sports school |
| summer camp organizer |
| supermarket |
| swimming facility |
| swimming instructor |
| swimming pool |
| swimming school |
| taekwondo school |
| tanning salon |
| tennis club |
| thrift store |
| training centre |
| vitamin & supplements store |
| water park |
| weight loss service |
| weightlifting area |
| wellness center |

| |
|--------------------------|
| wellness program |
| women's organization |
| women's personal trainer |
| wrestling school |
| yoga instructor |
| yoga studio |
| youth center |
| youth organization |