

Health & Fitness Center - Kirksville

kirksville

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kirksville

Health & Fitness Center - Kirksville

Exploring the Health & Fitness Center in Kirksville, Missouri

The ****Health & Fitness Center**** located in Kirksville, Missouri, has garnered commendable feedback from its visitors, particularly regarding its comprehensive ****physical fitness program****. Not only does this center provide a welcoming environment for individual rehabilitation and workout needs, but it also emphasizes ****accessibility**** for all.

Accessibility Features

One standout feature of the Health & Fitness Center is its commitment to inclusivity. The facility boasts a ****wheelchair-accessible car park**** and a ****wheelchair-accessible entrance****. This ensures that individuals with mobility challenges can navigate the center comfortably, making it an ideal place for everyone looking to enhance their physical wellness.

Patient-Centered Care

Visitors have frequently noted the encouraging atmosphere fostered by the staff. One patron shared, "I have been treated very well while I have been doing therapy at the health and fitness center." This sentiment reflects the center's dedication to helping clients achieve their health goals, especially during recovery periods, such as post-surgery rehabilitation.

Exceptional Therapy Services

The center is not just about physical therapy; it offers specialized services like speech therapy. Parents have praised the speech therapy department as "absolutely AMAZING." The therapists' ability to connect with young children greatly enhances their therapeutic experience, making strides in communication skills enjoyable and effective.

Quality Facilities and Equipment

Feedback from members highlights the various equipment available for rehabilitation and strength training. Visitors remark on the "nice facility" with "up-to-date exercise equipment." With a clean and welcoming environment, clients feel comfortable and motivated to work towards their fitness goals.

Supportive and Knowledgeable Staff

The center is celebrated for its knowledgeable and courteous staff. Comments such as "Great staff. All variety of machines and other opportunities to keep fit" demonstrate the effectiveness of the team in guiding patrons through their fitness journeys. Many have found particular value in personalized evaluations and the supportive encouragement received during their workouts.

Diverse Offerings

One of the most appealing aspects of the Health & Fitness Center is its diversity in offerings. Whether you are looking for physical therapy, general fitness exercises, or rehabilitative support, there is "something for everyone." This wide range caters to different abilities and preferences, ensuring that all members have the opportunity to thrive. In conclusion, the Health & Fitness Center in Kirksville, Missouri, stands out as not only a hub for physical rehabilitation and fitness but also as a community-oriented facility that values accessibility and patient care. With a devoted staff, extensive equipment, and specialized programs, it truly is a great place for anyone seeking to improve their health and wellness.

The address of our establishment is

2814 S Baltimore St, 63501 Kirksville, Missouri - United States (US)

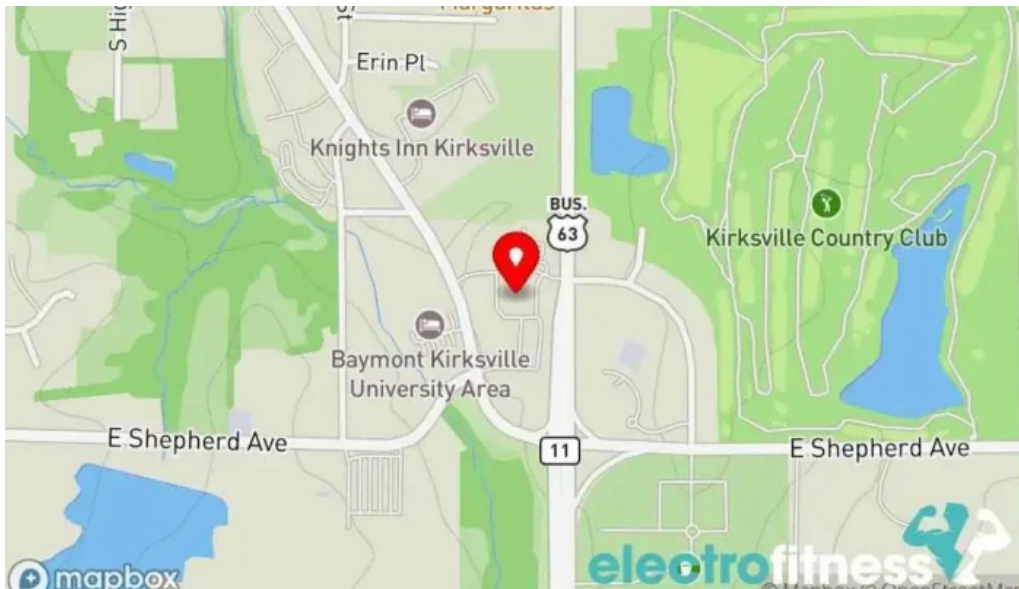
The contact line of this **Physical fitness program** is +1660-785-1832
And if you want to send a WhatsApp, you can do so at +1660-785-1832

Our service hours are:

Day	Hours
Monday	6?AM–6?PM
Tuesday	6?AM–6?PM
Wednesday	Closed
Thursday	Closed
Friday	6?AM–6?PM
Saturday	6?AM–6?PM
Sunday	6?AM–6?PM

If you require to adjust any data that you feel is not precise concerning this site, we urge you to send a message so that we will fix it as soon as possible. With anticipation thank you very much.

Images



Health fitness center map



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Tags

Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park

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