


Lone Star Physiques - Kirksville

kirksville

☐ I'm not a robot
 

Published on: 09/04/25	Hits: 20
Comments: 0	See comments
Votes: 2	Score: 5

https://www.electrofitness.com/physical-fitness-program/kirksville/lone-star-physiques-kirksville_1989

97.php



kirksville

Lone Star Physiques - Kirksville

Discover Lone Star Physiques: Your Local Physical Fitness Program

Located in the heart of Kirksville, Missouri, ****Lone Star Physiques**** is a unique fitness program that offers something for everyone. With a strong commitment to inclusivity and empowerment, this facility stands out not only for its quality services but also for its community-driven approach.

Online Classes for Convenience

In today's fast-paced world, Lone Star Physiques understands the importance

of flexibility. That's why they offer **online classes** that allow members to engage in fitness from the comfort of their homes. These classes are designed to cater to all fitness levels, making it easy for everyone to stay active and healthy.

Accessibility Features

One of the standout features of Lone Star Physiques is its dedication to **accessibility**. The facility boasts a **wheelchair-accessible car park** and an entrance that welcomes individuals of all abilities. This commitment to inclusivity means that everyone can enjoy the benefits of physical fitness without barriers.

From the Business: A Commitment to Community

Lone Star Physiques proudly **identifies as women-owned** and **Black-owned**, emphasizing its mission to empower underrepresented groups in the fitness industry. This unique perspective influences the programming and atmosphere of the facility, fostering a supportive community environment.

On-Site Services Tailored to You

In addition to online offerings, Lone Star Physiques provides **on-site services** that cater to various fitness needs. Whether you're interested in personal training, group classes, or wellness workshops, there's something available for everyone. Remember, **appointments are required** for on-site services, ensuring that you receive the dedicated attention you deserve.

Planning Your Fitness Journey

At Lone Star Physiques, planning is key to achieving your fitness goals. The facility encourages members to actively participate in crafting their fitness journeys, providing guidance and resources every step of the way.

Get Started Today!

If you're looking for a local fitness program that values accessibility, community, and empowerment, look no further than Lone Star Physiques in Kirksville, Missouri. With options like **online classes** and comprehensive on-site services, your journey to a healthier lifestyle is just an appointment away!

You can find us in

2106 Industrial Rd, 63501 Kirksville, Missouri - United States (US)

The contact line of the respective **Physical fitness program** is +1806-680-3539
And if you want to send a WhatsApp, you can do so at +1806-680-3539

Our public attention hours are:

Day Hours
Monday

5?AM–10?PM

Tuesday

5?AM–10?PM

Wednesday

5?AM–10?PM

Thursday

5?AM–10?PM

Friday

5?AM–10?PM

Saturday

5?AM–10?PM

Sunday

5?AM–10?PM

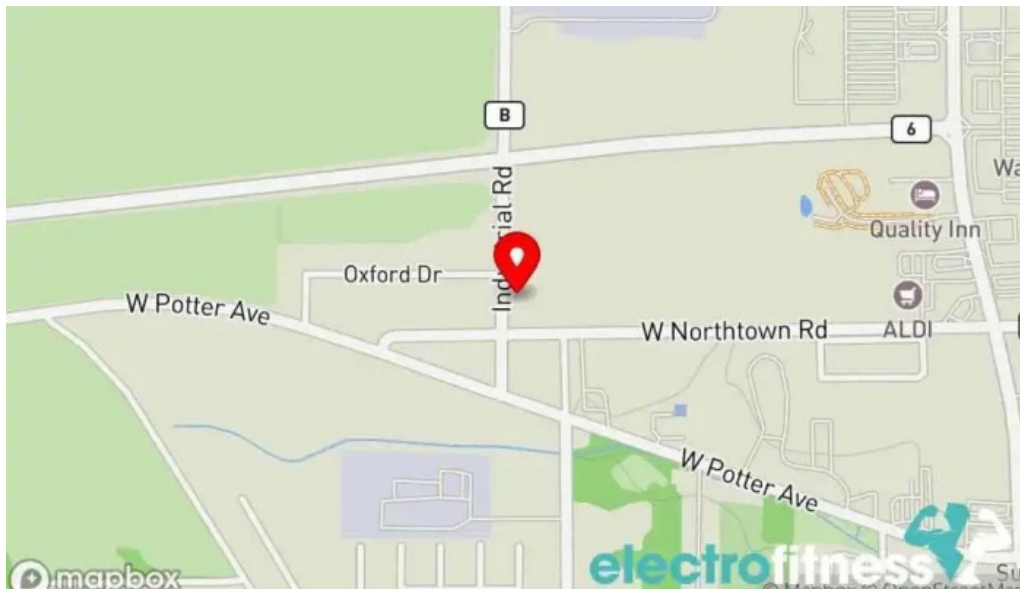
The website is [Lone Star Physiques](#)

If you require to modify any element that you feel is incorrect regarding this web, we kindly request deliver a message so that we will handle it at the earliest convenience. Thanks beforehand thanks.

Images



Lone star physiques street view 360deg



Lone star physiques map



Lone star physiques kirksville



Lone star physiques by owner



Lone star physiques all

Tags

Identifies as Black-owned, Planning, Online classes, Wheelchair-accessible entrance, Accessibility, Identifies as women-owned, On-site services, From the business, Appointment required, Wheelchair-accessible car park, Service options

Related content

4.5 * [Ufc Gym Lone Tree - Lone Tree](#)

5.0 * [Star Method Boxing - Walnut Creek](#)

4.9 * [Tiger-Rock Martial Arts of Lone Tree - Lone Tree](#)

4.3 *	<i>Orangetheory Fitness Lone Tree - Lone Tree</i>
4.6 *	<i>Cyclebar - Lone Tree</i>
4.6 *	<i>Squires Fitness - Lone Tree</i>
5.0 *	<i>The Exercise Coach Lone Tree - Highlands Ranch</i>
4.9 *	<i>Fitness Gallery - Lone Tree</i>
5.0 *	<i>Performance Ready Fitness Studio - Lone Tree</i>
3.8 *	<i>Black Belt Academy - Fort Washington</i>

Categories

amusement park ride
arena
association / organization
athletic club
bar
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
coffee shop
community center
convenience store
country club
coworking space
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor

grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club

sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
weightlifting area
wellness center
wellness program
yoga instructor
yoga studio
youth organization