

## Elite Fitness - Lisbon

lisbon

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*lisbon*

## *Elite Fitness - Lisbon*

### Elite Fitness in Lisbon, IA: A Comprehensive Look

Located in the heart of Lisbon, IA, **\*\*Elite Fitness\*\*** stands out as a physical fitness program catering to a diverse clientele. With a commitment to accessibility and a variety of facilities, Elite Fitness seeks to offer an inclusive experience for all.

#### Accessibility Features

One of the notable aspects of Elite Fitness is its **\*\*wheelchair-accessible entrance\*\***. This feature ensures that individuals with mobility challenges can

comfortably enter and navigate the facility. Additionally, the gym boasts a **\*\*wheelchair-accessible car park\*\***, making it easier for all members to access the gym without hassle. These features reflect a dedication to ensuring that every member feels welcome and accommodated.

## **Facilities and Equipment**

While opinions on the facilities vary, many users appreciate the availability of equipment at Elite Fitness. Many have highlighted the "great equipment" and **\*\*a solid selection of free weights\*\***. The facility features a wide range of machines and weight stations, ensuring that patrons rarely have to wait for their turn. Users have noted that the space is clean and well-maintained, contributing to a positive workout environment. However, some patrons have pointed out the **\*\*limited selection of machines and benches\*\***, which might be considered outdated. While the gym is relatively small, its **\*\*24/7 access\*\*** provides convenience for those with varying schedules.

## **Member Experience**

The community experience at Elite Fitness seems to be a mixed bag based on feedback. Some members have expressed concerns about the maintenance of certain areas, specifically mentioning issues like "dirty sock people" wandering around and the lack of confrontation regarding such disturbances. Nonetheless, there are also numerous positive comments highlighting the **\*\*helpfulness of the staff\*\*** and the overall cleanliness of the facility. Many users have complimented the trainers for their support and the ability to accommodate individual needs. This personalized approach contributes significantly to the overall satisfaction of gym-goers.

## **Affordability and Value**

When it comes to pricing, many users find that **\*\*Elite Fitness offers reasonable rates\*\*** for the amenities provided. Family prepaid plans around \$56/month present a cost-effective option for families looking to engage in a physical fitness program together. Considering the available services and 24/7 access, it's regarded as a good value, especially when compared to larger franchise gyms.

## **Conclusion**

In summary, **\*\*Elite Fitness\*\*** in Lisbon, IA, has much to offer despite some criticisms. Its accessibility features, wide range of equipment, and 24/7 availability make it a viable choice for those looking to enhance their fitness journey. While there are areas for improvement, the supportive staff and clean environment create a welcoming atmosphere for every member aiming to be better than they were yesterday.

**Our location is in**

321 C, 321 Novak Rd, 52253 Lisbon, IA - United States (US)

The phone of the mentioned **Physical fitness program** is +1319-455-2545  
And if you want to send a WhatsApp, you can do so at +1319-455-2545

### **We are available at these times:**

Day	Hours
Monday	Open 24 hours
Tuesday	Open 24 hours
Wednesday	Open 24 hours
Thursday	Open 24 hours
Friday	Open 24 hours
Saturday	Open 24 hours
Sunday	Open 24 hours

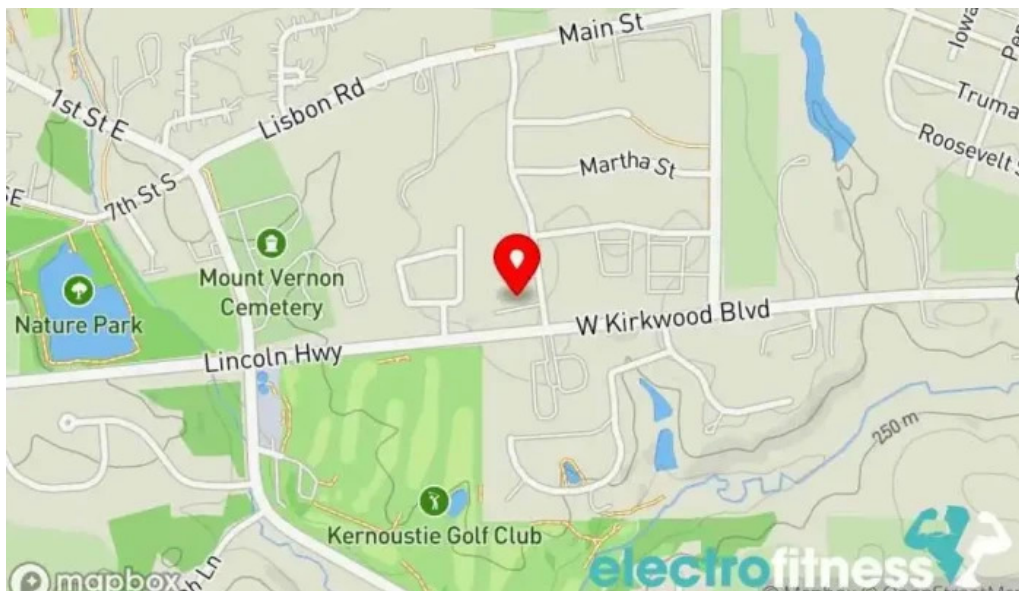
The website is Elite Fitness

If you require to modify any information that you believe is not accurate concerning this web, we urge you to deliver a message so that we will fix it at the earliest convenience. Thank you in advance thanks for your cooperation.

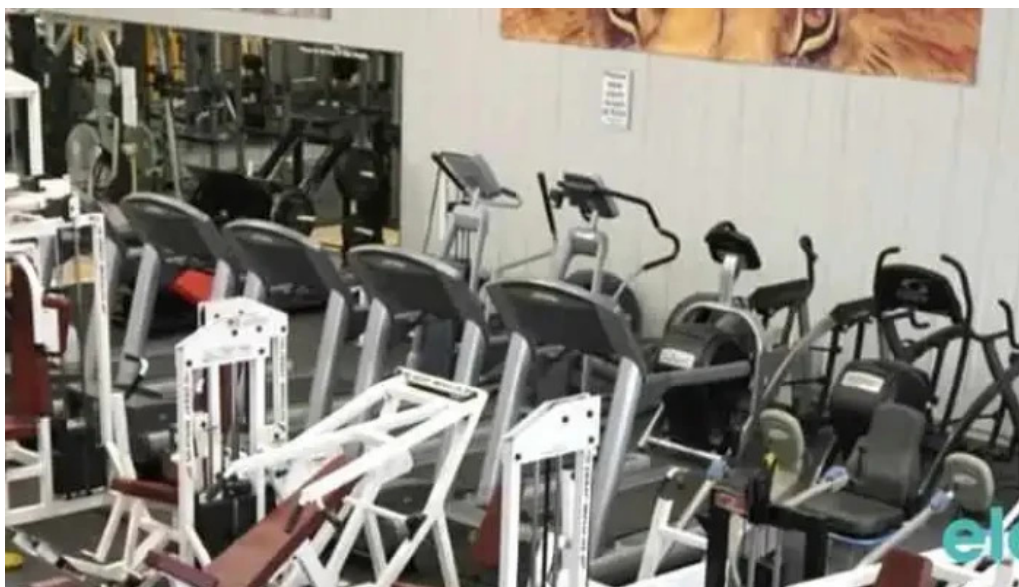
## **Images**



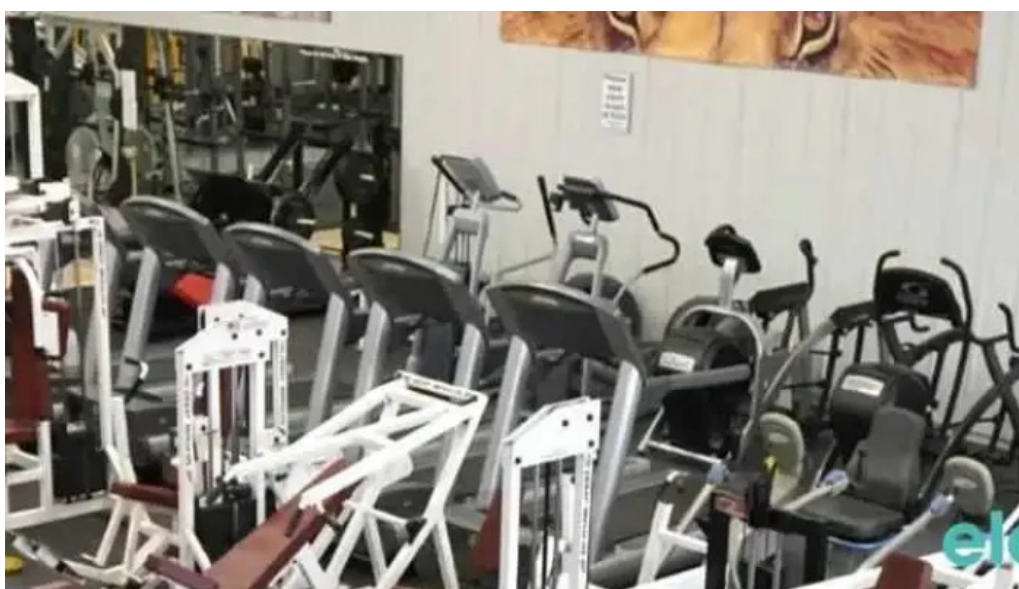
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## Tags

*Accessibility, Wheelchair-accessible car park, Wheelchair-accessible entrance*

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academic department
acupuncture clinic
after school program
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amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
college

community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school

karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office



self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
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sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
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tanning salon
tennis club
thrift store
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